

# Critical Appraisal - Helpful Resources

Critical Appraisal is a process of systematically assessing a piece of research or paper to judge its value, trustworthiness, relevance and applicability.

[Critical appraisal for Health Professionals: Introduction](#) -The University Of Exeter library has a simple tutorial helping you to identify types of paper and accessing the most useful checklists for each study type.

[Centre for Evidence Based Medicine - Study Design](#) - provides an overview on types of study and the general advantages and disadvantages of different types.

[BMJ Best Practice Checklists](#)

[CASP Checklists](#)

[CEBM Critical Appraisal Worksheets](#)

[SIGN \(Scottish Intercollegiate Guidelines Network\) checklists](#)

To watch a short video on this topic please [click here](#)



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