

\*\*\*Please visit <https://www.evidentlybetter.org/bulletins/suicide-prevention/> to view our webpage featuring key links and emerging reports about suicide prevention.\*\*\*

## Studies

### [Perceived ethnic discrimination, suicidal ideation and mastery in a multi-ethnic cohort: the HELIUS study](#)

Our findings support the hypothesis that PED is associated with suicidal ideation and this association does not significantly vary between ethnic minority groups. Although higher levels of mastery were associated with lower suicidal ideation, mastery did not moderate the relationship between PED and suicidal ideation. Besides targeting ethnic discrimination as a societal problem, future longitudinal research is needed to investigate whether interventions aimed at improving mastery could reduce suicidal ideation in ethnic minority groups.

### [Trans and gender diverse youth more likely to be admitted to hospital for suicidality and self-harm, according to US study](#)

Reflects on a recent US study that "perhaps tells us something deeper about the discrimination and stigmatisation in mental health that needs to be tackled."

### [Suicide risk among LGBTQ+ adolescents in Canada](#)

Examines a nationally representative population-based study on suicidality among sexual minority and transgender adolescents in Canada.

### [Mental health staff should ask about experiences of domestic violence](#)

People presenting to healthcare services after self-harm or attempting suicide should be asked if they have experienced domestic violence (DV). [The Bristol Suicide and Self-harm Research Group \(SASH\)](#) has released a video highlighting how important the issue of DV is in the context of self-harm and are trying to raise awareness of the issue.

## Research

### [Government is failing the public with online safety bill, says Samaritans](#)

New omnibus research commissioned by the charity found that the government's removal of protections from damaging content for over 18s goes directly against what the public wants in this bill.

- Two-thirds (66%) are concerned with the current accessibility of harmful suicide and self-harm content on the internet.
- Three in five (63%) think that access to potentially harmful content on the internet should be restricted for everyone, including adults.
- Four in five (83%) agree that harmful suicide and self-harm content can have a damaging effect on adults, not just children.
- Three-quarters (75%) agree that tech companies should be required by law to prevent harmful suicide and self-harm content being shown to users of all ages.
- Just under one in six (16%) think that access to potentially harmful content on the internet should only be restricted for children

## News

### [Mental health: NHS crisis lines failing to answer suicide calls](#)

Suicidal patients in England are being put at risk of serious harm, with one in five calls to NHS helplines going unanswered, BBC research shows. figures collated by the BBC through Freedom of Information requests, from 29 of the 47 mental health trusts with crisis lines, show that at least 418,000 calls went unanswered in 2021-22. That means 20% of calls to these trusts weren't answered - with some areas performing far better than others. In 10 trusts, some people waited more than an hour for their call to be answered.