

Studies

[Parents' Experiences of Communication in Neonatal Care](#)

One in seven babies born in the UK and other high-income countries will receive hospital care on a neonatal unit. This is an understandably stressful time for parents, with as many as 35% reporting symptoms of anxiety, depression and post-traumatic stress disorder following neonatal care. Parental stress has been shown to interfere with parent-child bonding, and there is a well-established link between maternal mental health and infant development. It is therefore important to understand parents experiences of neonatal care to inform where there might be room for improvement in person-centred care delivery.

[Evaluating the provision of paediatric liaison psychiatry services in England](#)

Liaison psychiatry provision for children and young people in England is poorly evaluated. We sought to evaluate paediatric liaison psychiatry provision and develop recommendations to improve practice.

[Trauma-informed care in acute mental health units through the lifeworld of mental health nurses: A phenomenological study](#)

Trauma-informed care has gained increasing popularity in mental health services over the past two decades. Mental health nurses remain one of the largest occupations employed in acute mental health settings and arguably have a critical role in supporting trauma-informed care in this environment. Despite this, there remains a limited understanding on how trauma-informed care is applied to the context of mental health nursing in the hospital environment. The aim of this study was to explore what it means for mental health nurses to provide trauma-informed care in the acute mental health setting.

Cochrane Clinical Answers

[What are the effects of using C-reactive protein \(CRP\) to guide antibiotic prescribing for adults and children with acute respiratory infection in primary care?](#)

Reviewers assessed the effects of using CRP compared with standard care for adults and children with acute respiratory infection (including a range of lower and upper respiratory tract infections, otitis media, and asthma/chronic obstructive pulmonary disease exacerbations) attending primary care.

Reports

[The Rising Cost of Living: A Review of Interventions to Reduce Impacts on Health Inequalities in London](#)

The cost of living crisis is the subject of the second in a series of rapid reviews of evidence for interventions that can be made by local authorities, the Greater London Authority and system partners in London to reduce health inequalities. The report presents evidence for interventions that can support Londoners when high inflation threatens to widen inequalities in health.

[Preconception, Pregnancy and Healthy Weight in Childhood](#)

This report argues Government must do more to break the cycle of health inequalities which have resulted in more than one fifth of children in England starting school with overweight or obesity.

[Hepatitis C in England and the UK](#)

Latest UKHSA hepatitis C virus (HCV) reports and supporting documents, for England and the UK.

[Children and Young People's Mental Health Trailblazer programme](#)

This project is evaluating the Children and Young People's Mental Health Trailblazer programme, a national programme funding the creation of mental health support teams working in schools and further education colleges. The aim of the programme is to improve early intervention and access to support, and promote good mental health and wellbeing for all children and young people.

Government Responses

[The impact of body image on mental and physical health: government response](#)

The government's formal response to the recommendations made by the Health and Social Care Committee in its report on the impact of body image on mental and physical health.

Statistics

[Childhood vaccines: parental attitudes survey 2022](#)

Findings from the 2022 attitudinal survey of parental attitudes to childhood vaccines.

[Substance misuse treatment for young people: statistics 2021 to 2022](#)

Alcohol and drug treatment data for young people under 18, from the National Drug Treatment Monitoring System (NDTMS).

Public Advice

[Let's Move for Surgery: Surgery Toolkit](#)

Staying active is important if you're waiting for or recovering from surgery. If you're fit and strong, your surgery has the best chance of success, and you'll likely recover quicker. Over time, exercise can also increase your mobility, help your balance and boost your mood.

We know it can be difficult to take the first step. You might be nervous or not know what exercises to try when you're waiting for surgery.

So, that's why we created Let's Move for Surgery.

Blogs

[Dignity is central to delivering quality care](#)

When it comes to care, dignity is a basic right of every service user. In every decision and interaction, healthcare providers must prioritise its preservation as we do not always feel entirely in control when it comes to our health and receiving the care we need, which can result in losing some sense of our dignity.

[How the NHS estate can help reduce health inequalities](#)

The NHS is one of the largest landowners in England. As well as providing essential sites for the NHS to deliver services to patients, the NHS has an opportunity to intentionally manage its land and buildings in a way that has a positive social, economic and environmental impact. Simon Corben, Director and Head of Profession – Estates and Facilities explains how in this blog.

[What steps are currently being taken to reform social care?](#)

This explainer analyses the main social care reform activities in each UK country.

[The state of community health services in England](#)

Community health services help people to stay healthy and live independently at home, but it has proved difficult to realise a long-standing ambition to deliver more services out of hospital. In this explainer, Sarah Scobie and Stephanie Kumpunen describe what community services are, who uses and provides them, who pays for them, and some of the challenges they face.

[Paying the price of our mental health in the cost-of-living crisis](#)

The monthly blog of the Public Mental Health Implementation Centre (PMHIC), 'Perspectives on public mental health', aims to highlight the voices of practitioners, patients, carers, and public health experts.

News

[Let's connect: How fathers can improve outcomes for children when there is poor mental health in the family](#)

'Traditional' family roles have shifted steadily toward equality in parenting. Thirty years ago, fathers spent just 15-30 minutes a day with their children. Today, it is more like two hours. The pandemic shifted parenting roles further, with the number of stay-at-home dads increasing by a third, according to the latest data from the Office of National Statistics (ONS). However, fathers' increasing involvement with their children is not always well represented in developmental research and family policy. We aim to address this with our recent research in the Developmental Psychopathology lab, King's College London.

[COVID vaccines: why the UK needs to rethink its decision to stop boosters for young and healthy people](#)

The UK Joint Committee on Vaccination and Immunisation (JCVI) recently recommended that the current autumn booster campaign, offering additional COVID vaccine doses to higher-risk groups, including people with certain medical conditions and those aged over 50, will end on February 12. Vulnerable groups will be offered COVID boosters in autumn 2023, with additional boosters in spring 2023 for those at highest risk. But, for a large portion of people, there will be no more COVID vaccines.

[Thousands of families to benefit from local support in rollout of Family Hubs](#)

Family Hubs offer early support to families and young children to help them overcome difficulties and build strong relationships.

[£53 million cash boost to improve housing support for drug and alcohol recovery](#)

28 local authorities across England will receive funds to help people in drug and alcohol treatment.

[One-stop-shops for testing deliver over 3 million potentially lifesaving checks, tests and scans](#)

Tens of thousands of patients across England to get quicker access to life-saving tests as 19 additional community diagnostic centres (CDCs) to open this year.

[New strategy to boost NHS access to innovative medical technology](#)

The medical technology strategy will ensure patients can access safe, effective and innovative equipment and medical devices.

[NICE urges professionals to correctly gather information on people's alcohol drinking habits to ensure those who need help are not missed](#)

Thousands of people asked each year could be missing out on brief interventions to help curb problem drinking, or a potential referral to specialist alcohol services.

[Norovirus cases increase significantly in England](#)

National surveillance data shows laboratory reports of the virus are 66% higher than the average at this time of year. The biggest increase in laboratory confirmed norovirus has been seen in the group of those aged 65 years and over. While high numbers of cases in this age group is expected at this time of year, these levels haven't been seen in over a decade.

[Major plan to recover urgent and emergency care services](#)

The NHS and the government will publish a new blueprint today to help recover urgent and emergency care services, reduce waiting times, and improve patient experience. Frontline capacity will be boosted further thanks to 800 new ambulances, including 100 specialist mental health vehicles, and 5,000 more sustainable hospital beds backed by a £1 billion dedicated fund.



[Expansion of NHS 111 to transform patient access](#)

Patients are set to receive an enhanced NHS 111 offer including increased access to specialist paediatric advice for children and direct access to urgent mental health support, as part of a [blueprint set out today](#) to help recover urgent and emergency care services.

[Innovative projects to trial new ways to improve sexual health and HIV outcomes](#)

Projects include raising awareness of sexual health risks at sex-on-premises venues and vaccinations in non-clinical settings such as pubs and music festivals.

[Research provides reassurance about the safety of testosterone treatment](#)

Treatment with testosterone (the primary male sex hormone) does not increase the risk of heart attack, stroke or other diseases of the heart and blood vessels (cardiovascular disease), research found. The treatment was safe when given for less than a year to men with low levels of testosterone (hypogonadism). Longer term follow up is ongoing.