

\*\*\*Please visit <https://www.evidentlybetter.org/bulletins/suicide-prevention/> to view our webpage featuring key links and emerging reports about suicide prevention.\*\*\*

## Studies

### [Circumstances of suicide after registration with a national digital mental health service: an analysis of coroners' reports](#)

Those who died by suicide after contact with the digital mental health services (DMHS) had more severe illness, were mostly engaged with face-to-face services and often had disinhibiting substances, especially benzodiazepines, present at the time of death.

### [Asking about self-harm during risk assessment in psychosocial assessments in the emergency department: questions that facilitate and deter disclosure of self-harm](#)

Across assessments, there is a bias towards not uncovering thoughts and plans of self-harm through the cumulative effect of leading questions that invite a no response, their narrow timeframe and tying questions to possible discharge. Open questions, yes-inviting questions and asking how people feel about the future facilitate disclosure.

### [Are the kids alright? Emergency help for suicide and self-harm during the COVID-19 pandemic](#)

Appraises a recent Lancet Psychiatry systematic review and meta-analysis exploring the patterns of paediatric emergency department visits for suicide attempts, suicidal ideation, and self-harm incidents before and during the COVID-19 pandemic.

## Resource

### [Involving people with lived experience in suicide prevention and bereavement support FAQs](#)

The purpose of this resource is to offer introductory guidance for professionals and organisations seeking to involve people with lived experience in suicide prevention and suicide bereavement support activities. It aims to address common questions by introducing good practice recommendations. The resource offers points for reflection and suggests further resources throughout.



## Conferences

### [NCISH | Data slides and presentations](#)

The recordings and slides are now available from the NCISH conference in April.

### [Suicide Bereavement Conference : 2 steps forward, 1 step back](#)

Throughout September, Harmless is hosting its fourth annual online Suicide Bereavement Conference. To mark World Suicide Prevention Day, we will be presenting a series of live webinars examining practical applications for working in suicide bereavement. Sessions take place every Tuesday and Thursday between 10am – 11am and each will be led by an expert in the field. 5 – 28 Sept 2023.

### [Suicide Bereavement: Stand By Me Conference](#)

This event is organised to inform and guide professionals who come into contact with those bereaved by suicide and those in a position to influence policy and practice. Therefore, it is presented in a factual manner and is not suitable for people bereaved by suicide during the early stages of loss and/or struggling to cope with their loss. Attendance is either via livestream or in person (Manchester). 28 Sept 2023.

## News

### [Samaritans calls for more investment in mental health support for rail workers](#)

Suicide prevention charity Samaritans says vital investment from the rail industry is needed to ensure rail workers get adequate support for their mental health. A staggering two thirds (66%) of rail staff said they had experienced a change in their mental health, which had impacted their ability to carry out their work.

### [Trolls who encourage serious self-harm to face jail](#)

New offence for encouraging serious self-harm with perpetrators facing 5 years behind bars.