

Please visit <https://www.evidentlybetter.org/bulletins/suicide-prevention/> to view our webpage featuring key links and emerging reports about suicide prevention.

Studies

[Prevalence and predictors of suicidality among adults initiating office-based buprenorphine](#)

Results demonstrate the high prevalence of suicidal thoughts and attempts among patients initiating buprenorphine. Findings may help to better identify at-risk patients and to inform screening, prevention, and mental health treatment efforts.

[Perspectives of youth in Ireland on school-based mental health and suicide prevention: the MYSTORY study](#)

Our findings address important and timely gaps in understanding young people's experience with and beliefs about school mental health promotion and suicide prevention. Schools have the potential to be a key setting to support young people with their mental health, but school mental health promotion and suicide prevention must be shaped by youth voice and the specific needs of school contexts must be given due consideration in the scaffolding of school mental health supports. Our findings are relevant to researchers in the field of school mental health, and more broadly interested in youth wellbeing, youth public health and education.

[Psychosocial and financial well-being mediated the effects of COVID-19 distress on suicidality: a serial mediation model among Hong Kong young adults](#)

The present findings support different pathways from COVID-19 distress to suicidality via functioning in different domains among young people in Hong Kong. Measures are needed to ameliorate the impact on their social and financial well-being to reduce their psychological distress and suicidality.

[The mediating role of sleep quality on the relationship between internet gaming disorder and perceived stress and suicidal behaviour among Indian medical students](#)

Using a dimensional measure, the results specified the relationship between IGD and perceived stress and suicidal behaviour by demonstrating that sleep quality mediated them. This modifiable mediating factor can be addressed by psychotherapy to mitigate the risk of perceived stress and suicidal behaviour among the future medical workforce.

[The relationship between childhood traumatic experience and suicidal tendency in non-suicidal self-injury behavior patients](#)

In the context of childhood traumatic experience, it is often accompanied by a series of regulatory behaviors such as Internet addiction, self-esteem, and so on, which finally leads to anxiety, mental symptoms, and even suicidal tendencies. The results provide effective support for the structural equation modeling to evaluate the multi-level influence of NSSI behavior individuals and emphasize that childhood familial factors may lead to psychiatric comorbidity symptoms and suicidal behavior.



[Comparative Effectiveness of Pharmacotherapies for the Risk of Attempted or Completed Suicide Among Persons With Borderline Personality Disorder](#)

In this comparative effectiveness research study of a Swedish nationwide cohort, ADHD medication was the only pharmacological treatment associated with reduced risk of suicidal behavior among patients with BPD. Conversely, the findings suggest that benzodiazepines should be used with care among patients with BPD due to their association with increased risk of suicide.

[Predictors of current suicidal ideation in a multi-diagnostic sample of individuals with eating disorders](#)

A total of 26.5% of the sample endorsed current SI. In a logistic regression analysis, identifying as male (n = 17) or having a non-binary gender identity (n = 1), the presence of fasting, and past SI were all significantly associated with increased odds of current SI, whereas excessive exercise significantly decreased odds of current SI. Fasting was equally common across all diagnostic groups.

Conference

[Suicide Bereavement Conference 2023](#)

An online conference taking place throughout September.

News

[Universities accused of hiding student suicide attempts behind GDPR](#)

Universities have been criticised for using data protection regulations as a reason for not informing parents that their child has attempted suicide, in a debate about whether there should be a legal duty of care for students in higher education.