

Please visit <https://www.evidentlybetter.org/bulletins/suicide-prevention/> to view our webpage featuring key links and emerging reports about suicide prevention.

Studies

[Temporal trends in eating disorder and self-harm incidence rates among adolescents and young adults in the UK in the 2 years since onset of the COVID-19 pandemic: a population-based study](#)

Although causes are uncertain, increased incidence of eating disorder diagnoses and self-harm among teenage girls in the UK during the first 2 years of the COVID-19 pandemic highlight an urgent need for intervention. Early identification of mental health difficulties by primary care clinicians is necessary. Timely access to treatments and sufficient support from general practitioners and mental health services needs to be available to manage presenting problems and to prevent exacerbations of conditions.

[Suicidal thoughts and behaviour among healthcare workers in England during the COVID-19 pandemic: A longitudinal study](#)

Suicidal thoughts and behaviour among healthcare workers could be reduced by improving managerial support and enhancing the ability of staff to raise safety concerns.

[Acceptability of a Chinese version of volitional help sheet to prevent self-harm repetition: qualitative study](#)

This study aimed to explore the perceptions of individuals who self-harm toward a brief intervention, the Chinese version of the volitional help sheet (VHS-C), which encourages people to link a critical situation with an appropriate response. The contents of the VHS-C were acceptable for people who presented to hospitals with self-harm. The VHS-C may be more helpful before individuals encounter suicidal thoughts than when they have an ongoing crisis.

[The problematic politics of LGBT+ suicide prevention in the UK](#)

Considers an analysis of the UK parliamentary debates and national policies on LGBT+ suicide representation in political and policy spheres.

Survey

[Mental health patients with suicidal thoughts/behaviours](#)

This is a confidential survey of mental health patients experiencing suicidal thoughts and/or behaviours. Please share your experiences and make online spaces and mental health care safer and more welcoming.



perfect care
Suicide prevention
crisis research risk self-harm
assessment resources
statistics
study information



NHS

Mersey Care
NHS Foundation Trust

Community and Mental Health Services

26 June 2023

Online events

[Postvention Guidance Launch Tickets, Tue 25 Jul 2023 at 11:00](#)

Launch of the first evidence-based postvention guidance for NHS staff following the suicide of a colleague. Developed and written by researchers from the University of Surrey, University of Birmingham and Keele University, in collaboration with study participants and NHS stakeholders.

[NICE guidelines for self harm: Assessment, Management and Prevention Tickets, Thu 13 Jul 2023 at 13:00](#)

Webinar presented by Professor Nav Kapur on the recently published (September 2022) NICE guidelines for self harm prevention.

[Division of Psychology and Mental Health Seminar Tickets, Wed 5 Jul 2023 at 12:00](#)

In this free online event Lana Bojanić will present research findings on Suicide-related internet use of mental health patients: what do clinicians know and not know?

News

[Demand to tackle link between suicide and recession](#)

'Suicide is preventable' and the country is getting sicker. There is 'great need' for action on the links between health and economic crises. Those were among the messages from a symposium, held at BMA House last month, which saw doctors, experts and policy makers come together to discuss suicide prevention, the exacerbating problems caused by an economic recession and the best way to lobby for solutions.

