

Studies

[Risks Associated With Undiagnosed ADHD and/or Autism: A Mixed-Method Systematic Review](#)

The two most prevalent neurodevelopmental disorders—Attention Deficit Hyperactivity Disorder (ADHD) and Autism (ASD)—(ASD/ADHD) strongly impact individuals' functions. This is worsened when individuals are undiagnosed and risks such as increased imprisonments, depression or drug misuse are often observed. This systematic review synthesizes the risks associated with late/undiagnosed ASD/ADHD.

[Relationships among autistic traits, depression, anxiety, and maternal–infant bonding in postpartum women](#)

Although several studies have found significant relationships between autistic traits and depression/anxiety, the relationships between autistic traits and postpartum depression/anxiety remain unclear. Moreover, few studies have examined the relationships between autistic traits and mother–infant bonding while considering depression or anxiety.

Case Studies

[Reducing the elective care backlog for people with a learning disability: Calderdale and Huddersfield NHS Foundation Trust](#)

Calderdale and Huddersfield NHS Foundation Trust (CHFT) embedded a range of initiatives to ensure equitable access, experience, and outcome for people with a learning disability who needed elective surgery.

Guidance

[RightCare learning disability and aspiration pneumonia scenario](#)

RightCare scenarios put the person at the centre of the story. They use fictional patients to show the difference between a suboptimal, but realistic, pathway of care compared to an optimal one. This learning disability and aspiration pneumonia scenario is part of a series of RightCare scenarios that support local health systems to think strategically about designing optimal care for people (and their carers) with high impact conditions.

Publications

[Real Change for Autistic People and their Families](#)

Despite dedicated legislation and successive Government strategies, outcomes for autistic people in the UK are not improving as they should. The Autism Alliance is calling for Real Change.

Consultations

[Open consultation: Oliver McGowan draft code of practice](#)

This consultation considers the draft code and if it gives CQC registered providers the guidance needed to meet the legislative requirement to ensure all staff receive learning disability and autism training appropriate to their role.



Blogs

[Health and people with learning disabilities: 3 myths busted](#)

This week is Learning Disability Awareness Week, and the focus for this year is on busting some of the myths concerning people with learning disabilities, their lives and abilities. I want to take the opportunity in this blog to bust some of the myths relating to the health needs of people with learning disabilities.

[Let's bust some myths about learning disability nursing](#)

Jonathan Beebee, RCN professional lead for learning disabilities nursing, explores myths surrounding this vital sector of the profession.

[Reflecting on Learning Disability Week 2023: thank you from National Director for Learning Disability and Autism Tom Cahill](#)

The theme of Learning Disability Week 2023 has been busting myths about the lives that people with a learning disability live, and showing the world the amazing things that they achieve. At NHS England we are fortunate to work with lived experience learning disability, autism and family carer advisors and the week is always a welcome opportunity to celebrate them and the amazing contribution they make to our work.

News

[Government responds to the Rapid Review of patient safety in mental health hospitals, with new measures to tackle abuse](#)

The Government has responded to the recommendations made in the [rapid review of patient safety in mental health hospitals](#) by [announcing plans](#) to tackle concerns about abuse and unsafe practices in mental health hospitals.

[New guidance for GP practices to improve annual health check uptake](#)

Leicestershire Partnership NHS Trust has released guidance for other GP practices after the trust saw a huge increase in the number of people with learning disabilities having annual health checks. Leicester, Leicestershire and Rutland (LLR) is now the second best performing ICB in the whole of the Midlands and in the top 10 performing trusts in England, when just two years ago, it was one of the lowest performing areas in the country.

[New handbook to help people with a learning disability make health choices](#)

Turning Point has launched a new health and wellbeing handbook, with easy read versions aimed at empowering people with learning disabilities to make informed choices about their health. The [handbook](#) contains information and practical tips on healthy lifestyles to staying safe, emotional health, physical health, sexual health, and relationships.

[Easing sensory sensitivities in the clinic: Q&A with Leah Stein Duker](#)

A trip to the dentist — replete with buzzing tools, squirting water and bright lights — can prove uncomfortable for anyone. But these experiences may be especially anxiety-provoking for autistic children with sensory sensitivities, so much so that it impedes their ability to get care.

['Your needs came second': love, resentment and being the other child](#)

Siblings of children with neurodevelopmental and mental health issues face complicated and conflicting emotions. How are they best navigated?



challenging behaviour
Learning Disabilities and Autism
Asperger Syndrome
quality of life

research
mental capacity
intellectual disabilities
health information
carers



NHS
Mersey Care
NHS Foundation Trust
Community and Mental Health Services

4 July 2023

[Taking Action Together: A Good Lives Update](#)

Its been a year and a half, 2 annual conferences and over 50 meetings with members and partners since we launched Good Lives. As the Membership and Engagement Leads we wanted to share what has happening and what is next.

[Autism Understood](#)

A website about autism, for autistic young people. We have made this website so that everyone can gain a better understanding of what autism is, since most people we meet seem a little confused about what autism actually is.

[Spectrum Gaming](#)

Andy Smith, from Bury, founded 'Spectrum Gaming' in 2020, an online platform with over 1,600 members that provides a space for young autistic people to connect through gaming.

