

\*\*\*Please visit <https://www.evidentlybetter.org/bulletins/suicide-prevention/> to view our webpage featuring key links and emerging reports about suicide prevention.\*\*\*

## Studies

### [When we help people with PTSD who are suicidal, do we give them the care they need?](#)

Summarises a study exploring the secondary mental health care treatment patients with comorbid PTSD and suicidality receive in London.

### [Suicide and self-harm in children: prevalence rates cause for concern](#)

Summarises a meta-analysis published in The Lancet Psychiatry, which estimated the prevalence rates of self-harm behaviours and suicidal ideation in children aged 12 years and under.

### [Prevalence and factors associated with suicidal ideation among students taking university entrance tests: revisited and a study based on Geographic Information System data](#)

Urgent measures are needed to address the high prevalence of suicidal behaviours among students taking university entrance tests students in Bangladesh, particularly in light of the COVID-19 pandemic. Enhanced mental health support, targeted prevention efforts and improved resources in economically disadvantaged regions are crucial to safeguard the well-being of these students.

### [Active involvement of people with lived experience of suicide in suicide research: a Delphi consensus study](#)

This study identified consensus recommendations on active involvement of people with lived experience of suicide in suicide research, including co-production. Support from research institutions and funders, and training on co-production for researchers and people with lived experience, are needed for successful implementation and uptake of the guidelines.

### [The predictive role of psychotic-like experiences in suicidal ideation among technical secondary school and college students during the COVID-19 pandemic](#)

PLEs may increase the risk of SI in early stage of the pandemic, while good resilience and adequate social support can help weaken the risk.

### [Trends and Seasonality of Emergency Department Visits and Hospitalizations for Suicidality Among Children and Adolescents in the US from 2016 to 2021](#)

The findings of this study indicated the presence of seasonal patterns and an observed unexpected decrease in suicidality among children and adolescents after COVID-19-related school closures in March 2020, which suggest a potential association between suicidality and the school calendar.



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### [Effect of Internet-Delivered Emotion Regulation Individual Therapy for Adolescents With Nonsuicidal Self-Injury Disorder](#)

In this randomized clinical trial, a 12-week, therapist-guided, internet-delivered emotion regulation therapy delivered adjunctive to treatment as usual was efficacious in reducing self-injury, and mediation analysis supported the theorized role of emotion regulation as the mechanism of change in this treatment. This treatment may increase availability of evidence-based psychological treatments for adolescents with nonsuicidal self-injury.

## News

### ['It's a huge sign of progress': the battle to decriminalise suicide](#)

In at least 17 countries, suicide remains a criminal offence – a 'huge barrier' to mental health care. As Ghana becomes one of four countries to overturn its law in a year, others could follow.

