

\*\*\*Please visit <https://www.evidentlybetter.org/bulletins/suicide-prevention/> to view our webpage featuring key links and emerging reports about suicide prevention.\*\*\*

## Systematic Review

### [Suicidality among university students in the Eastern Mediterranean region: A systematic review](#)

Risk for suicidality among students in the eastern Mediterranean is related to demographics, individual factors, mental health, and school-related stress and bullying. Peers and family support has potential to protect students from developing suicidal ideation. Religion and cultural values play an important role in stigma and underreporting the extent of suicide in this population. The awareness of these high prevalence of suicidality among youth is low and no specific preventative measures or treatment options are reported.

## Studies

### [There is a clear association between socioeconomic deprivation and self-harm](#)

A group of UCL masters student review a multi-centre study on socio-economic disparities in patients who present to hospital for self-harm in England, which found large variations in patients characteristics and pre-self-harm experiences.

### [Quantitative content analysis of Freedom of Information requests examining the extent and variations of tools and training for conducting suicide risk assessments in NHS Trusts across England](#)

There is wide variation in suicide risk assessment tools being used in practice and some lack of specific training for healthcare staff in determining suicide risk. Few trusts routinely record the number of assessments being conducted or the number of individuals identified at high risk. Implementation of specific training is necessary for the suicide risk assessment process to identify patient needs and develop therapeutic engagement. Routinely recording how many assessments are conducted is a crucial step in improving suicide prevention.

### [Evaluation the validity and reliability of persian short form of the literacy of suicide scale \(LOSS\): a methodological study in 2022](#)

The Persian short form of LOSS with 11 items and four subscales is a valid and reliable scale to survey the suicide literacy status in the general population.

### [Suicide attempts among Swedish healthcare workers – a population-based cohort study](#)

Many HCWs were at increased risk of suicide attempts. Unlike patterns observed in the general population, male HCWs might have a higher increase in suicide attempt risk. Preventive efforts for suicide attempts within the healthcare system might need to be improved.

### [Drug Safety and Suicidality Risk of Chronic Pain Medications](#)

The current literature suggests that a bidirectional relationship between chronic pain and mental disorders, including suicidality, exists. An estimated 20% of people with chronic pain show some form of suicidal ideation, with the risk of death by suicide within this group being more than two times higher compared to the general population. More precisely, parameters such as death wishes, suicide ideation, and plans, attempts and deaths by suicide were all significantly more prevalent in people with pain than those without.



[Visuospatial ability and attention as risk factors for suicidal ideation in middle-aged and elderly schizophrenia patients: a cross-sectional study](#)

High visuospatial scores of Repeatable Battery for the Assessment of Neuropsychological Status (RBANS) and attention scores of RBANS were risk factors for suicidal ideation in middle-aged and elderly schizophrenia patients.

[Hospital-presenting self-harm among older adults living in Ireland: a 13-year trend analysis from the National Self-Harm Registry Ireland](#)

Findings indicate that self-harm in older adults remains a concern with approximately 533 presentations per year in Ireland. While in younger age groups, females report higher rates of self-harm, this gender difference was reversed in the oldest age group (80 years and over), with higher rates of self-harm among males. Austerity/recession years (2007–2012) had significantly higher rates of self-harm compared to subsequent years.

## Statistics

[Drug-related deaths and suicide in offenders in the community, England and Wales](#)

The risk of suicide and drug-related deaths among offenders in the community, based on confidential matching of data from HM Prison and Probation Service and Office for National Statistics mortality records. [Dataset](#)

## News

[UK children and adults to be safer online as world-leading bill becomes law](#)

Online Safety Act receives Royal Assent putting rules to make the UK the safest place in the world to be online into law. The Act places legal responsibility on tech companies to prevent and rapidly remove illegal content, like terrorism and revenge pornography. They will also have to stop children seeing material that is harmful to them such as bullying, content promoting self-harm and eating disorders, and pornography.

[Mind reveals mental health toll of cost-of-living crisis, with 2.7 million people considering suicide because of financial pressure](#)

Research published by Mind shows the full impact of the cost-of-living crisis on the nation's mental health, with three in every 50 (6 per cent) people in England and Wales saying they have considered ending their lives because of it.

['Failure to act' on suicide website linked to 50 UK deaths](#)

British authorities failed to act on multiple official warnings about a website promoting suicide that has been connected to at least 50 UK deaths, the BBC has found.