

\*\*\*Please visit <https://www.evidentlybetter.org/bulletins/suicide-prevention/> to view our webpage featuring key links and emerging reports about suicide prevention.\*\*\*

## Systematic Reviews

[Experiences and needs of adult informal carers of adults at risk of suicide: A systematic review with mixed methods analysis](#)

Timely support for carers is essential. Interventions should address emotional responses, relational changes and effective care recipient support. Longitudinal research is required to understand effects of ongoing caring where there are multiple suicide attempts.

[Suicidal thoughts and behaviours among student nurses and midwives: A systematic review](#)

To understand the extent of suicide and self-harm among nursing and midwifery students there is a need for further epidemiological research stratified by programme of study. To develop prevention interventions and initiatives for nursing students, high-quality longitudinal studies should examine characteristics associated with suicide and self-harm.

## Studies

[Fluidity in capability: Longitudinal assessments of suicide capability using ecological momentary assessments](#)

Suicidal mental imagery may be uniquely associated with suicide capability. This study suggests there are trait- and state-like facets of capability that can combine to potentially ready an individual to engage in suicidal behaviors.

[Understanding suicidal ideation—a network analysis of the Interpersonal Needs Questionnaire](#)

Based on these results, a shortened version of the INQ with the four items that showed the strongest associations with suicidal ideation in the network analyses was suggested.

[Bridging the gap: a qualitative study of providers' perceptions of a partnered crisis follow-up program for suicidal patients post-emergency department discharge](#)

Results revealed the need for improved communication and implementation, such as expanded inter-agency contacts, consistent provider training, more documentation of the requirements and rules, a consistent message about program logistics for patients, and coordination between the program elements.

[The effect of childhood trauma on suicide risk: the chain mediating effects of resilience and mental distress](#)

The current study revealed that resilience and mental distress played chain-mediating roles in the relationship between childhood trauma and suicide risk. This suggests that we should view the suicide risk of graduate students from a comprehensive perspective.

[Suicidal ideation across depressive episodes: 9-year longitudinal cohort study](#)

Suicidal ideation is moderately stable in recurrent depression over 9 years. Contrary to prior reports, however, it does not exhibit substantially more stability than most other non-core symptoms of depression.



perfect care  
**Suicide prevention**  
crisis research risk self-harm  
assessment resources  
statistics study information



**NHS**

**Mersey Care**  
NHS Foundation Trust

Community and Mental Health Services

**28 November 2023**

[Introducing the Hope service: we need to provide practical support to men at risk of suicide](#)

This blog appraises a qualitative study, which examined service users, staff and stakeholder perspectives on a service helping to prevent suicide in men who are going through a crisis.

[Is targeting loneliness the key to releasing people from entrapment and preventing suicide?](#)

Summarises a cross-sectional study exploring the association of family, social and romantic loneliness with suicidal ideation and self-harm.

## News

[Minister warned about mental pressure of benefits system after applicant kills himself](#)

A coroner has written to work and pensions secretary Mel Stride warning that the workings of the benefit system can worsen symptoms of mental illness, after a man killed himself amid fears over his application for universal credit.

