

Please visit <https://www.evidentlybetter.org/bulletins/suicide-prevention/> to view our webpage featuring key links and emerging reports about suicide prevention.

Studies

[Psychiatric in-patient care in England: as safe as it can be? An examination of in-patient suicide between 2009 and 2020](#)

In-patient suicide has significantly fallen since 2009, suggesting patient safety may have improved. The recent slowdown in the fall in rates, however, highlights that renewed preventative efforts are needed. These should include a greater focus on women, younger and older patients, and those with affective disorder. Careful reviews prior to granting leave are important to ensure a safe transition into the community.

[Severe depression and all-cause and cause-specific mortality in Scotland: 20 year national cohort study](#)

Both males and females with severe depression had higher all-cause and cause-specific mortality than the general population. Suicide had the highest standardised mortality ratios among both males and females.

[Global prevalence of psychosocial assessment following hospital-treated self-harm: systematic review and meta-analysis](#)

There is room for improvement in the universal provision of psychosocial assessments for self-harm. This represents a missed opportunity to review and tailor aftercare supports for those at risk. Given the marked unexplained heterogeneity between studies, the person- and system-level factors that influence provision of psychosocial assessments after self-harm should be studied further.

[Antecedents and service contact in an observational study of 242 suicide deaths in middle-aged men in England, Scotland and Wales, 2017](#)

A mix of long-standing and recent risks contribute to suicide risk in men in mid-life. Economic stresses, including unemployment, financial and housing problems, are particularly important factors in this group. Contrary to our expectations, most men were in contact with support services. Economic support (especially at a time of severe economic pressure), addressing isolation, joint working with the voluntary sector, and addressing specific stresses, such as bereavement, may help reduce risk.

News

[Thousands of mental health patients readmitted within a month in England](#)

Thousands of patients are being readmitted to NHS mental health units in England every year soon after being discharged, raising concerns about poor care, bed shortages and increased risk of suicide.

[Prevention of Future Deaths Report \(Regulation 28\): Ofsted's response](#)

Ofsted's response to the coroner's report following the death of Ruth Perry.

[Meta To Hide Suicide Posts From Teen Facebook Feeds](#)

Multinational technology conglomerate Meta has announced this week that it will be hiding inappropriate content such as posts about suicide, self-harm and eating disorders from teenagers' accounts on both Facebook and Instagram.

