

Please visit <https://www.evidentlybetter.org/bulletins/suicide-prevention/> to view our webpage featuring key links and emerging reports about suicide prevention.

Studies

[What's the relationship between the menstrual cycle and suicidal ideation?](#)

Discusses new research on the menstrual cycle as a possible acute trigger for suicidal ideation.

[Suicidality Treatment Occurring in Paediatrics \(STOP\) Medication Suicidality Side Effects Scale in young people in two cohorts across Europe](#)

These findings suggest that the STOP-MS3 scale, a web-based eCOA, allows identification and monitoring of MRS in the adolescent population and shows good reliability and validity.

[Impact of the Japanese Government's 'General Principles of Suicide Prevention Policy' on youth suicide from 2007 to 2022](#)

These findings suggest that GPSP-supported programmes in schools partially contributed to student suicide prevention. To suppress increasing student suicide mortality rates, social/life support specialists should participate in in-school support services to bolster the social standing and lives of students who repeat grades or experience setbacks.

[Working conditions, psychological distress and suicidal ideation: cross-sectional survey study of UK junior doctors](#)

This sample of junior doctors reported alarming levels of suicidal ideation. There may be an indirect relationship between working conditions and suicidal ideation via depressive symptoms. Clearer research exploring the experience of suicidality in junior doctors is needed, including those who identify as LGBTQ+. Systematic interventions addressing working environment are needed to support junior doctors' mental health.

[Gender differences in prevalence and clinical risk factors of suicide attempts in young adults with first-episode drug-naive major depressive disorder](#)

There were significant gender differences in the risk factors for suicide attempts in young adults with first-episode drug-naive MDD.



Statistics

[Suicides in England and Wales](#)

Registered deaths in England and Wales from suicide analysed by sex, age, area of usual residence of the deceased, and suicide method.

Podcast

[What Can Research tell us about Suicide? \(With Professor Nav Kapur\) - The Thinking Mind Podcast](#)

Professor Nav Kapur discusses the epidemiology of suicide and self-harm, how to think about prevention from both the societal and individual person perspective, the complexity of thinking about causes/factors that increase risk, the idea of zero suicide, impact of the Covid pandemic, the new NICE guidelines on self-harm and some practical guidance on helpful approaches to working with people experiencing suicidal thoughts.

News

[Suicides of asylum seekers in Home Office accommodation double in last four years](#)

A total of 23 people are thought to have killed themselves since 2020, with 176 deaths from all causes.

[The man helping prevent suicide with Google adverts](#)

Could the information that search engines have on our online behaviour help stop suicide attempts?