

Reports

[People with substance use and mental health disorders suffering harm and premature death after being excluded from care, warns RCPsych](#)

A new report from the Royal College of Psychiatrists warns that people who have a co-occurring substance use disorder and another mental health disorder (CoSUM) are being failed by a system that is not designed or equipped to meet their complex needs.

[Investment priorities for mental health 2025](#)

At a time of rising demand for mental health care, investment in mental health has never been more needed. Yet the share of NHS spending on mental health services has stagnated, and services are unable to keep pace with increased demand.

Guidance

[Nursing Workforce Standards: Supporting a safe and effective nursing workforce](#)

The RCN's Nursing Workforce Standards is the first national blueprint for tackling the nursing staff shortage in your workplace and across the UK.

[How CQC inspects gambling treatment services](#)

The Gambling Commission and GambleAware have commissioned the Care Quality Commission (CQC) to assess gambling treatment services delivered by your organisation and other members of the National Gambling Support Network (NGSN).

Frameworks

[Patient safety healthcare inequalities reduction framework](#)

These principles align with the aims of NHS England's Patient safety strategy and Core20PLUS5 approach for adults and for children and young people to address healthcare inequalities. This framework is for all NHS providers and their staff, and particularly leaders, managers and educators implementing strategies to foster a culture of inclusive, safe care.

Studies

[Digital Mental Health Interventions for Young People Aged 16-25 Years: Scoping Review](#)

This scoping review aims to explore the range of digital mental health interventions available for young people aged 16-25 years, with a particular focus on digital tool types, modalities, delivery formats, target populations, and study retention rates.

Public Advice

[Find a telecare provider](#)

Information on telecare monitoring systems and personal alarms that can help you stay safe and independent at home.

Blogs

[Improving diets to halve obesity across Britain](#)

How small changes to our weekly food shop could halve obesity rates.



[Exploring the Mental Capacity Advisory Group's Latest Documents: Testamentary and sexual capacity](#)

The Mental Capacity Advisory Group (MCAG) has recently released two important documents aimed at supporting psychologists in assessing mental capacity: one on testamentary capacity (capacity to make a will) and one on the capacity to engage in sexual relations. These documents, developed through a collaborative effort, offer best practice guidance to ensure psychologists can conduct thorough and ethical assessments.

[Fighting injustice, finding healing: The power of communities to help us thrive](#)

Mental health is made in communities. The communities we live in. The communities we belong to. The communities we identify with.

[Assisted dying: five questions that need answering before it can work in practice](#)

An attempt to make assisted dying legal in England in Wales continues to make its way through parliament, with MPs currently scheduled to have a final vote on the bill in June.

News

[Demand for action on UK's 'top three killers' ahead of Government's 10-Year Health Plan](#)

As the Government prepares to publish its 10-Year Plan to improve health, a coalition of health experts is calling for tough action on the UK's three biggest preventable killers — tobacco, alcohol, and unhealthy food and drink — to relieve growing pressure on NHS services.

[Investment in mental health key to meeting key government ambitions, says Centre for Mental Health report with NHS Confederation](#)

Targeted investment in mental health services can help the Government achieve its ambition to shift care from hospitals to the community and from treatment to prevention, health leaders have said.

[Coalition calls for government strategy to tackle 'causes rather than symptoms' of deepening mental health crisis](#)

A coalition of organisations has written to the prime minister calling for a strategy that tackles the 'causes rather than symptoms' of rising mental illness, suicide and people out of work – and warn that benefit cuts could exacerbate the national mental health crisis.

[Health and Social Care Secretary's speech on men's health](#)

Wes Streeting spoke at the launch of the Centre for Policy Research for Men and Boys (CPRMB).

[Disturbing online content "one of the biggest looming threats to young people's mental health" as research shows harmful experiences widespread](#)

More needs to be done in schools to help young people navigate online communities safely, the Mental Health Foundation has said. The call comes as new research, released to mark Mental Health Awareness Week and its theme of 'community', highlights how witnessing harmful content online has become a commonplace experience for young people.

[Urgent policy and practice overhaul needed to support children and young people in the UK with mental health and speech and language challenges](#)

The link hiding in plain sight between children's mental health and speech and language challenges is laid bare this Mental Awareness Health Week in a powerful joint statement by Speech and Language UK and Centre for Mental Health.

[Mental Health Foundation comments on the expansion of Mental Health Support Teams in schools](#)

Responding to the government's announcement, Mark Rowland, Chief Executive at the Mental Health Foundation.

[Jamie Laing backs our calls for better online safety education](#)

Young people need more support in schools to embrace positive online communities and reject negative ones, the Mental Health Foundation has said, in calls which have been backed by Radio 1 star and advocate for the benefits of friendship for mental health, Jamie Laing.

[BPS responds to latest ONS data on mental health and wellbeing](#)

"Mental health services for children and young people remain concerningly overstretched," says Dr Rachel Bradley.

[VE Day boost for veterans' healthcare](#)

Armed forces veterans and their families will benefit from improved and targeted healthcare, the government has announced as the nation marks the 80th anniversary of VE Day.

[Progress expanding maternal mental healthcare at risk](#)

Analysis from the Royal College of Psychiatrists (RCPsych) finds that almost two thirds of Integrated Care Boards in England planned real-terms cuts to funding to perinatal mental health services in 2024-2025, despite demand being as high as ever. The College warns that without UK Government prioritisation, progress in increasing access to maternal mental health services could stall.

[AI model trained on de-identified data from 57 million people](#)

An artificial intelligence (AI) model is being trained on a set of NHS data for 57 million people in England, from which personal information has been stripped away, in a world-first pilot project run by researchers at UCL and King's College London.

[Groundbreaking AI trained on de-identified patient data to predict healthcare needs](#)

An artificial intelligence (AI) model is being trained on a set of NHS data for 57 million people in England, from which personal information has been stripped away. The pilot study is being run by researchers at the Institute of Psychiatry, Psychology & Neuroscience (IoPPN) at King's College London and University College London (UCL). The model could transform patient care, identifying opportunities where early interventions might significantly improve or save lives.

[Specialist NHS clinics and technology help thousands of obese children to lose weight](#)

Thousands of severely obese children are being supported to lose weight and live healthier lifestyles thanks to the roll-out of specialist NHS clinics and new digital 'smart scale' technology to deliver expert care at home.

[New local guidance to tackle synthetic opioid threat](#)

Communities across England will be better equipped to combat the increasing threat of dangerous synthetic drugs, following new advice issued by the Home Office.

[Obesity drugs found to improve emotional wellbeing as well as physical health](#)

A major new meta-analysis from the Institute of Psychiatry, Psychology & Neuroscience (IoPPN) at King's College London has found that glucagon-like peptide 1 receptor agonists (GLP1- RAs) - a class of medications used to treat obesity and diabetes - may also offer benefits for emotional wellbeing in overweight users.

[The new definitions will help support and protect nursing staff, and give clarity to employers and the public. They can be applied across all fields and settings](#)

The RCN's new definition and levels of nursing support workers aim to support and protect staff, as they play a vital role in delivering safe and effective care. This is part of our ongoing work looking at the levels of nursing, which aims to provide a professional framework for nursing that will encompass the whole nursing workforce.

[Fake nurse crackdown to boost public safety](#)

Anyone misleading the public and describing themselves as a nurse without the relevant qualifications and registration will be committing a crime under new measures announced by the government to protect the title 'nurse' in law.

[Psychiatrists urge immediate investment as A&E wait times soar](#)

The Royal College of Nursing has released a news story showing a five-fold increase in waits for mental health patients in A&E and called for more investment and staffing.

[Mental health wait times in A&E a 'scandal in plain sight', says RCN](#)

The government must significantly invest in mental health nursing, with patient demand far outpacing staffing.

[MHAW2025 – Helping people who experience mental distress access physical health checks](#)

To begin our coverage for Mental Health Awareness Week 2025 and our theme of physical wellbeing we're focussing on our service in Norfolk that supports people with Severe Mental Illness (SMI) to access physical health checks. People living with SMI are at a greater risk of poor physical health and have a higher rate of premature mortality than the general population.

[Mind responds to Work and Pensions Committee report](#)

The Work and Pensions Committee report Safeguarding Vulnerable Claimants has outlined several areas of the DWP's safeguarding procedures which it has described as "deficient".

[Our response to a new report calling on the DWP to protect people who claim benefits](#)

MPs in the Work and Pensions Committee have called for the benefits system to have a legal duty to safeguard vulnerable claimants.

[The RCPsych cannot support the Terminally Ill Adults \(End of Life\) Bill for England and Wales in its current form](#)

The Royal College of Psychiatrists (RCPsych) is calling on MPs to consider serious concerns about the Terminally Ill Adults (End of Life) Bill for England and Wales, ahead of the pivotal Commons Report stage debate and Third Reading.

[Assisted dying and the nursing profession](#)

As different pieces of legislation about assisted dying progress across the UK, Patricia Hughes, the RCN Associate Director of the Nursing Practice Academy, discusses our position and how we aim to support and represent all our members, whatever the outcome.

[Observatory signs unique partnership agreement with NICE to tackle inequalities in health](#)

In a unique pairing, the NHS Race and Health Observatory has today announced the signing of a landmark agreement with the National Institute for Health and Care Excellence (NICE) to tackle persistent and systemic ethnic health inequalities.

[Health inequalities - an update to NICE's methods for health technology evaluation](#)

Our new modular update focuses on how we consider health inequalities when evaluating technologies for use in the NHS, and how you can get involved in suggesting future updates.

["AI is not the silver bullet for mental health services," says BPS](#)

Responding to comments from Mark Zuckerberg on the potential use of AI and chatbots to reduce loneliness and treat mental health issues, President of British Psychological Society Dr Roman Raczka.