

Please visit <https://www.evidentlybetter.org/bulletins/suicide-prevention/> to view our webpage featuring key links and emerging reports about suicide prevention.

Studies

[Burnout, Mental Health, and Workplace Characteristics: Contributors and Protective Factors Associated With Suicidal Ideation in High-Risk Nurses](#)

Burnout, anxiety, depression, and post-traumatic stress were individually correlated with increased odds of suicidal ideation, as were nurses working 12-h shifts and those who reported an intent to leave their jobs. Protective factors against suicidal ideation included resilience, positive health-related personal beliefs, healthy lifestyle behaviors, job satisfaction, and workplace mattering.

[Psychological first aid in the intensive care unit](#)

Stressors abound in the ICU, and distress is common among ICU clinicians as well as patients and their families. PFA can be implemented for these groups to address acute distress and re-establish effective coping and functioning. Healthcare organizations can be tasked with partnering with ICU clinicians to facilitate application of the elements of PFA through institutional supports.

[Predictors of sleep modifiable factors and the correlation with non-suicidal self-injury: the important role of problematic mobile phone use and mental health](#)

This study highlights the important role of Problematic Mobile Phone Use (PMPU) and mental health in predicting NSSI. Interventions targeting these modifiable factors may help reduce the prevalence of NSSI among young adults. Improving sleep hygiene, reducing mobile phone abuse, and providing appropriate psychological support are effective strategies to prevent NSSI. Educational institutions and society should strengthen guidance on the proper use of digital media by young people, especially among college students, promote healthy lifestyles, and establish early identification and support systems to help those individuals at risk.

[Differentiating Individual Characteristics Associated with Suicidal Ideations, Plans, and Attempts among low-Income Veterans](#)

These findings suggest a few factors may be driving differences between veterans who engage in different levels of suicidal behaviors, and these factors may be important treatment targets.

Report

[National review of higher education student suicide deaths](#)

Professor Nav Kapur is a co-author of a major report on student suicide which provides findings from the national review of higher education student suicide deaths. They examined serious incident reports of suspected suicide deaths and incidents of non-fatal self harm submitted by higher education providers (including universities, colleges, professional schools and institutes of technology) for the academic year 2023 to 2024 (1 August 2023 to 31 July 2024).

Conference

[Suicide Bereavement UK's 14th International Conference](#)

Suicide Bereavement UK are hosting their 14th international HYBRID conference in Manchester on the 25th Sept.

Webinars

[Breaking the silence: understanding social isolation and loneliness webinar recording](#)

A recording of the recent webinar about social isolation and loneliness.

[Staying Safe from Suicide - Guidance into Practice Webinar, Tuesday 24 June 2025, 9:30am to 11am](#)

This webinar will take you briefly through the guidance '[Staying safe from suicide: Best practice guidance for safety assessment, formulation and management](#)' and importantly will support you in implementing it in your own organisation and work. The webinar is free to attend and is open to NHS, private and charity sectors, as the guidance applies to all. No registration is required.

Survey

[Clinician bereavement study: survey examining the effects of patient suicide on clinicians](#)

NCISH are asking clinicians working in mental healthcare to take part in our survey examining the impact of patient suicide on clinical practice & wellbeing. Please consider taking part if you've experienced the death of a patient by suicide.

News

[Mental health A&E centres to open across England](#)

Specialist mental health crisis centres will be opened across England over the next decade in an attempt to reduce crowding in accident and emergency (A&E) departments, the NHS has confirmed. Ten hospital trusts have been piloting new assessment centres to deal with people experiencing a mental health crisis. The aim is to get these patients into appropriate care in a calm environment, avoiding long waits in A&E.

[RCPsych responds to plans to open mental health A&E centres across England](#)

[Are 'mental health A&Es' really the answer to long waits for urgent care? - Centre for Mental Health](#)

[Alice Figueiredo death: NHS trust and manager guilty of failings](#)

A hospital trust and a staff member have been found guilty of health and safety failings over the death of a young woman in a mental health unit. Alice Figueiredo, 22, was being treated at Goodmayes Hospital, east London, when she took her own life in July 2015, having previously made many similar attempts.

[Bridge Watch volunteers share how they use the ZSA training](#)

The [Bridge Watch Programme](#) in London aims to provide a physical presence of teams of volunteers who patrol the areas on and around the bridges of London and who have a brief to engage or intervene with anybody indicating intent to enter the water for, primarily, but not limited to, the purpose of suicide. Bridge Watch programme coordinator, Paul Maloney, highlights how the training is a key part of the onboarding for new volunteers to increase their confidence and knowledge on what questions to ask when intervening with vulnerable individuals.

[Charities speak out against Meta's plans to automate risk assessments](#)

A group of charities and online safety experts have criticised Meta's plans to use AI to fill out 90% of its risk assessments on new products and updates.