

Reports

[10 Year Health Plan for England: fit for the future](#)

The 10 Year Health Plan is part of the government's health mission to build a health service fit for the future.

[Towards a new era of integration in the early years](#)

Evidence shows children growing up in poverty are less likely to live a long, fulfilling and happy life than their peers. It's not right that some people have poorer life chances because of their family circumstances.

[Geographic inequalities in premature mortality](#)

Exploring the role of socioeconomic factors and ethnicity.

[The economic and productivity costs of obesity and overweight in the UK](#)

To better understand the economic impacts of obesity and excess weight, Nesta commissioned Frontier Economics to quantify the economic cost of these conditions and the potential economic gains from addressing them.

Reviews

[Review of patient safety across the health and care landscape](#)

Dr Penny Dash's review of patient safety across the health and care landscape in England, which was commissioned by the Department of Health and Social Care.

Briefings

[Ten-Year Health Plan: what you need to know](#)

Analysis of the government's key plan for the NHS in England and the takeaways healthcare leaders need to know.

Cochrane Answers

[How effective and safe are electronic cigarettes \(ECs\) for smoking cessation?](#)

High- to moderate-certainty evidence shows that more people quit smoking nicotine cigarettes when using nicotine ECs compared with nicotine replacement therapy (NRT; 156 vs 99 per 1000 people; all results on average) or with nicotine-free ECs at 6 to 12 months' follow-up (58 vs 40 per 1000 people).

Professional Development

[Big Questions in Psychiatry: Responsibility in psychiatry exploring blame, compassion and mental illness \(CPD eLearning\)](#)

The Royal College of Psychiatrists' coat of arms – featuring the serpent-entwined Staff of Asclepius, the Greek God of medicine and healing – also bears the College motto, 'Let Wisdom Guide'.

Podcasts

[Is the Ten-Year Health Plan the right plan for the NHS?](#)

For this episode of Health on the Line, we're joined by three expert guests to unpack the government's Ten-Year Health Plan, which has just been released. We'll be reflecting on the key elements of the plan – what it means for the health and care service and the kinds of shifts that will be needed for it to be successful.

[Veterans' mental health \(CPD eLearning\)](#)

This podcast covers common mental health issues that may arise when service personnel leave the military and become veterans.

Blogs

[What does the Adult Psychiatric Morbidity Survey tell us about the nation's mental health?](#)

The biggest national survey of mental health among adults living in England reported its first set of results in June.

[Focusing on frailty is key to reducing falls](#)

Falls and frailty are linked in a cycle of harm. In this blog, I share why to prevent falls in older people living with frailty, we need to shift our focus away from a sole focus on risk avoidance and towards preventing and reversing frailty.

[10 Year Health Plan empowers NICE to get patients better care, faster](#)

Dr Sam Roberts, NICE's chief executive, welcomes the government's 10 Year Health Plan, which marks a pivotal moment for healthcare and strengthens NICE's role.

[Blog: Launching our 2025–2030 strategy: Trusted health information for all](#)

In a world where misinformation spreads faster than ever, access to trusted health information is not just important—it's essential. At the Patient Information Forum (PIF), we believe that everyone deserves clear, accurate, and accessible health information to make informed decisions about their health and wellbeing.

News

[Fit for the future? What does the government's 10 year health plan need to succeed](#)

The government's 10 year health plan, Fit for the Future, was published on 3 July and has sparked plenty of reaction and analysis.

[10 Year Health Plan has welcome focus on mental health but intentions must become reality](#)

Today, the Government has set out its vision for healthcare in its new 10 Year Health Plan. Dr Lade Smith CBE, President of the Royal College of Psychiatrists, has provided an initial response to the proposals.

[CQC responds to the Government's 10 Year Health Plan for England](#)

Commenting on the publication of the Plan, CQC's Chief Executive Sir Julian Hartley.

[Reset needed for NHS 10-Year Health Plan in England to succeed](#)

RCN says to make the Westminster government's vision for the NHS in England a reality, a new fully funded plan is needed to grow the nursing workforce – especially in community roles.

[BPS responds to government's 10 Year Health Plan](#)

Responding to the government's new 10 Year Health Plan, President of the British Psychological Society Dr Roman Raczka.

[Growing healthy life expectancy gap between most and least deprived areas deeply worrying, say health leaders](#)

Health leaders fully support the government's health mission to halve the gap in healthy life expectancy between the most and least deprived areas.

[Government takes action to deliver neighbourhood health services](#)

The government hits the ground running on delivering the 10 Year Health Plan by taking the first steps in the rollout of new neighbourhood services.

[The NHS ten-year health plan is missing a crucial ingredient: nature](#)

The UK government has finally unveiled its much anticipated ten-year Plan for improving England's health. It contains a long overdue focus on prevention, after years of sidestepping by previous administrations.

[PM launches new era for NHS with easier care in neighbourhoods](#)

The Prime Minister launches a new era for the NHS, bringing more easily accessible care closer to home.

[Managing healthcare easy as online banking with revamped NHS App](#)

NHS App to become the complete digital front door to the NHS, where patients book appointments, manage medicines and view data.

[NHS Confederation welcomes Dr Penny Dash's review into patient safety](#)

It is vital that when things go wrong there are ways for patients to report it and for NHS organisations to learn from mistakes.

[Picker responds to the 'review of patient safety across the health and care landscape'](#)

Commenting on the publication of the 'review of patient safety across the health and care landscape', Chris Graham, Group CEO at Picker.

[BPS publishes refreshed guidance on assessment, formulation and diagnosis](#)

The BPS has published new guidance on assessment, formulation and diagnosis, which aims to provide clarity and an outline of best practice for BPS members who work with adults.

[Responding to the BMA announcement that resident doctors will undertake strike action](#)

Responding to the BMA announcement that resident doctors will undertake strike action, Meghana Pandit, NHS England Co-National Medical Director (Secondary Care).

[First 1000 Days of Life: a Renewed Focus - Evidence to the Health and Social Care Committee Inquiry](#)

The first 1000 days of life, from pregnancy to age two, are critical for an individual's cognitive, emotional and physical development. High levels of stress during pregnancy, strained caregiver attachment and adverse childhood experiences can lead to lifelong effects. Early investment in this stage is essential to promote healthier outcomes and reduces future inequalities.

[Landmark strategy to improve early years and family services](#)

Parents across the country to benefit from new plan to drive up the quality and accessibility of early years education and boost children's life chances.

[It's time to get serious about the opportunity for online parenting support](#)

Online services are low-cost, more accessible and showing promising results. So why are so few well-evidenced parenting support programmes delivered digitally?

['We urge all parents of all children who are of an eligible age to have them vaccinated', College comments on measles outbreak](#)

College Chair Kamila Hawthorne responds to the tragic death of a child in Liverpool and growing concern of a potential measles outbreak in England.

[Survey reveals high parental confidence in children's vaccines](#)

UKHSA data shows 85% of parents are confident childhood vaccines are safe, effective and trustworthy.

[What's stopping us from self-caring? New Self-Care Forum data exposes deep inequalities in self-care confidence and behaviour](#)

The Self-Care Forum, in collaboration with the Self-Care Academic Research Unit (SCARU) at Imperial College London, spearheaded the Living Self-Care Survey Study to understand people's self-care confidence, health professional support and health literacy levels.

[Obesity care: why “eat less, move more” advice is failing](#)

For years, people living with obesity have been given the same basic advice: eat less, move more. But while this mantra may sound simple, it's not only ineffective for many, it can be deeply misleading and damaging.

[Women with ADHD three times more likely to experience premenstrual dysphoric disorder – new research](#)

Attention-deficit hyperactivity disorder (ADHD) has historically been under-studied in women. This means we still have a limited understanding of how the condition may uniquely affect women – and what effect monthly hormonal changes may have on women with ADHD.

[RCPsych publishes final report on Physician Associates](#)

Physician Associates (PAs) are a relatively new part of the mental health workforce, working under supervision to support multi-disciplinary teams.

[A big win! Government commits to joining up money and mental health support](#)

It is fair to say last week ended on a high with the government's announcement of Neighbourhood Health Services, an initiative for new local health centres providing mental health care and debt advice under the same roof.

[CQC rates Halton Borough Council's adult social care provision as good](#)

The Care Quality Commission (CQC), has rated Halton Borough Council as good, in how well they are meeting their responsibilities to ensure people have access to adult social care and support under the Care Act (2014).