

Reports

[Adult Psychiatric Morbidity Survey: Survey of Mental Health and Wellbeing, England, 2023/4](#)

The Adult Psychiatric Morbidity Survey (APMS) series provides data on the prevalence of both treated and untreated psychiatric disorder in the English adult population (aged 16 and over). This survey is the fifth in a series and was conducted by the National Centre for Social Research, in collaboration with the University of Leicester and City St George's, University of London, for NHS England.

[Insights from Glasgow's Citizens' Juries on tackling harmful products](#)

In Summer 2024, AHA member SPECTRUM collaborated with Hopkins van Mil to conduct two linked citizens' juries in Glasgow. They tasked jurors with considering the following, critical question: what should the government do to tackle the harms caused by alcohol, tobacco and unhealthy food?

Guidance

[Quality criteria for an effective immunisation programme](#)

This publication defines the key elements for the implementation and delivery of a safe, equitable, high quality, effective and efficient immunisation service.

[Flu and COVID-19 Seasonal Vaccination Programme: autumn/ winter 2025/26](#)

Letter from Caroline Temmink, Director of Vaccination, Primary Care, Community, Vaccinations & Screening (PCVS) Directorate, NHS England.

Blogs

[Why children and young people's voices matter in health and care](#)

The government has set a bold ambition to create the 'healthiest and happiest' generation of children ever. However, the health of children and young people (CYP) has declined in recent years. Good health is a key aspiration for CYP, but a top-down approach is unlikely to work.

[Harnessing digital innovation for children's mental health](#)

Learn how NICE healthtech guidance helped East London NHS Foundation Trust tackle rising demand for children's mental health services.

[The healthy food standard is a win for the nation's health](#)

The UK government has announced a healthy food standard to improve the healthiness of the food we buy. Here's why we think it's a good idea.

['A life on hold' – waiting for an NHS adult ADHD assessment in England](#)

The King's Fund recently published a report exploring how NHS adult ADHD services gather and use data relating to ADHD assessment and diagnosis. As well as finding substantial variation in how different types of data were recorded and used, we also heard about the extreme pressures services were facing. Long waiting lists were a feature of every service we spoke with, the shortest being a year and the longest more than ten years. Two services had paused new assessments, meaning their waiting lists were stalled.

[Mike's experience: PIP, mental health and work](#)

Mike, a member of our Research Community with experience of mental health problems, told us about how losing Personal Independence Payments (PIP) would affect his financial and mental wellbeing, and impact his family.

[Paul's Story: PTSD Awareness Day 2025](#)

This PTSD Awareness Day, we are sharing Paul's story. After years in demanding frontline roles, Paul's life was transformed by PTSD. But through nature, creativity, and photography, he found hope, healing, and a new purpose.

[What is prevention in health?](#)

An important role for the health and care system, and wider government, is to help people live longer and healthier lives by reducing the chance of illness in the first place, or preventing the progression of symptoms once people become ill. But different people mean different things by prevention – so here, we set out some of the different ways it is understood.

[Imagining a future where alcohol and cancer are no longer a silent crisis](#)

In this blog, Kate Oldridge-Turner, Head of Policy and Public Affairs at World Cancer Research Fund, outlines why the Government needs to take urgent action to address alcohol consumption as a cause of cancer as part of Cancer Prevention Action Week 23-29 June 2025.

News

[Rise in prevalence of mental health conditions and self-harm deeply worrying, health leaders say](#)

Our members have seen significant increases in demand over this period but also a rise in the acuity and complexity of needs.

[New data highlights "worrying trend of rising mental ill-health" in England says RCPsych President](#)

NHS England has published the results of the Adult Psychiatric Morbidity Survey: Survey of Mental Health and Wellbeing, England, 2023/4.

[The evidence is clear, the nation's mental health is getting worse – Mind](#)

Mind has responded to the latest Adult Psychiatric Morbidity Survey, the first time the data has been released since 2016. The survey provides a key picture of the scale of mental health problems in England.

[Rates of people living with a common mental health condition on the rise in England - something needs to change](#)

More people in England are experiencing a common mental health condition, according to NHS data released today.

[Our initial views on new NHS data on mental health in England](#)

Today, the Adult Psychiatric Morbidity Survey has been released, which provides England's national statistics on mental health conditions and treatment access in the population.

[Government must lead the way in turning around deteriorating mental health in England, says Centre for Mental Health](#)

The UK Government must take action to turn around the decline in the nation's mental health over the last decade, as seen in today's national adult mental health survey, Centre for Mental Health chief executive Andy Bell said today.

[Assisted dying Bill risks preventable deaths of people with treatable mental illness warns RCPsych](#)

Ahead of the third reading vote on the Terminally Ill Adults (End of Life) Bill for England and Wales, expected in the House of Commons this Friday (20 June 2025), the Royal College of Psychiatrists (RCPsych) reminds MPs that terminal illness is a risk factor for suicide and warns that a treatable mental illness could be a cause for a person wanting to end their life.

[Now assisted dying is likely to become reality, the debate on how it happens begins: Nuffield Trust responds to the passing of the Terminally Ill Adults \(End of Life\) Bill](#)

Now that assisted dying is likely to become a reality in England and Wales, the debate on how that happens must begin: what organisations and staff will deliver it, what systems will be needed to ensure equal access, and how it can sit alongside existing care at the end of life, says Dr Sarah Scobie.

[SANE cautions over government bid to boost services with 24/7 access hubs, NHS App referrals and A&E centres](#)

The government has revealed a raft of measures it says will boost mental health services in its upcoming 10 Year Health Plan for the NHS.

[National maternity investigation launched to drive improvements](#)

The rapid national investigation into NHS maternity and neonatal services will provide truth to families suffering harm, and urgently improve care and safety.

[NHS England responds to ADHD Taskforce interim report](#)

An independent taskforce set up to tackle challenges in attention deficit hyperactivity disorder (ADHD) care has published its interim report and recommendations today (Friday 20 June 2025).

[Experts with lived experience address mental health stigma](#)

The community engagement event, "Voices of Experience: Breaking Mental Health Stigma", was hosted at Peckham Levels in South East London in May 2025 as part of Mental Health Awareness Week.

[Uniting health and schools to improve mental health](#)

By collaborating with schools and harnessing their insight, health systems can improve children's mental health both in and outside of school.

[Tackling inequalities is vital for making NHS sustainable health leaders warn](#)

Keeping people healthier and out of hospital by increasing prevention and moving care closer to home is essential for both the NHS and patients.

[Landmark plan to rebuild NHS in working-class communities](#)

The 10 Year Health Plan will set out how the government plans to tackle inequalities in people's health through fundamental reforms to our health system.

[RCPsych responds to Government plans to put 'digital front doors' on mental health services](#)

The Department of Health and Social Care has announced that it intends to put 'digital front doors' on mental health services as part of the upcoming 10 Year Health Plan. It has also revealed that 6,700 additional mental health workers have been recruited since July 2024.

[Silence, sexism and stigma: The state of working-age women's health in England](#)

Women spend more years of their life living in poor health than men, including through their working years. This QualityWatch data story shows how the burden of disease affects working-age women and men differently.

[Patient empowerment is crucial but leaders will be keen to understand new proposals](#)

Matthew Taylor responds to the announcement that hospital funding will be tied to patient ratings.

[Joint statement: Making the 3 NHS shifts a reality](#)

The Patient Information Forum (PIF), Self-Care Forum and the Personalised Care Institute (PCI) have published a joint statement calling for credible, personalised health information and advice to be embedded in the healthcare journey.

[RCPsych President warns: "Lack of prioritisation is leaving psychiatrists distressed and patients at risk"](#)

Long-term de-prioritisation of mental illness has resulted in a dire lack of local resource in mental health services and unacceptable shortfalls in treatment, according to a recent survey of its members by the Royal College of Psychiatrists (RCPsych).

[Boost to mental health services from thousands of extra staff](#)

More than 6,700 extra mental health workers have been recruited since July, latest data shows, as the government prepares to announce fundamental reforms to patient support in its 10 Year Health Plan.

[Grant funding programmes enable grassroots organisations to tackle mental health inequalities, new evaluation shows](#)

Larger charities have a major opportunity to tackle mental health inequalities locally through working alongside smaller community groups, a new evaluation has found.

[Cannabis withdrawal associated with increased risk of transfer to psychiatric intensive care following admission to hospital](#)

Cannabis users with acute mental illness admitted to psychiatric hospitals are at increased risk of being transferred to a psychiatric intensive care unit (PICU) as a result of cannabis withdrawal syndrome (CWS).

[Weight loss behaviours missing in tools to diagnose eating disorders](#)

Researchers have identified a range of weight loss behaviours which are not included in current assessment criteria for eating disorders. These gaps may lead to missed or incorrect eating disorder diagnoses and treatment plans.

[CQC rates Sefton Council's adult social care provision as good](#)

The Care Quality Commission (CQC), has rated Sefton Council as good, in how well they are meeting their responsibilities to ensure people have access to adult social care and support under the Care Act (2014).

[Health and Social Care Secretary speech on health inequalities](#)

Wes Streeting spoke at Blackpool Football club on reducing health inequalities.

[OHA Statement – Healthy Food Revolution to Tackle Obesity Epidemic](#)

The Obesity Health Alliance applauds the government for committing to setting a new, mandatory 'healthy food standard' (reporting data and setting health targets) to make the average meal slightly healthier, as part of the forthcoming 10 Year Health Plan.

[Health Foundation responds to government proposals to tackle obesity](#)

Commenting on the government's proposal to tackle the obesity epidemic, Hugh Alderwick, Director of Policy at the Health Foundation.

[What is the government's new healthy food standard, and how does it work?](#)

An explainer on how the new healthy food standard works, why it's the right approach and how it will impact consumers and businesses.

[Healthy food revolution to tackle obesity epidemic](#)

New healthy food standard will see big businesses promoting healthier food and drink.

[Five prescription drugs that can make it harder to cope with the heat](#)

As temperatures rise, so does the risk of heat-related illness – especially for people taking certain prescription drugs.

[Engaging parents digitally: learning from the Tiny Happy People text messaging service](#)

The Tiny Happy People text messaging programme offers free, digital parenting support by sending parents short, evidence-informed videos about activities they can do with their children. This provides a low cost and universal, preventative solution to reach parents at scale, including those unable to access in-person support due to various barriers. Parents of children aged 6-24 months are eligible to sign up and receive text messages once a week for up to 18 months.

[Mounjaro becomes available on the NHS: what to know and what to do if you're not eligible](#)

Obesity remains one of the most pressing, and preventable, health challenges of our time. The UK is one of a number of countries undoubtedly struggling with it.

[World-first AI system to warn of NHS patient safety concerns](#)

Pioneering AI technology will be developed to scan NHS systems to flag safety issues in real time and trigger crucial inspections earlier.

[Advice accepted on autumn 2025 COVID-19 vaccination programme](#)

The government has accepted advice from the Joint Committee on Vaccination and Immunisation (JCVI) for the autumn 2025 COVID-19 vaccination programme.

[NHS App overhaul will break down barriers to healthcare and reduce inequalities](#)

The NHS App will be transformed so it gives every patient - whatever their postcode or background - information, choice and control of their own healthcare so they have the best information at their fingertips, as the government's 10 Year Health Plan closes the stark health inequalities faced by millions of people.