

Please visit <https://www.evidentlybetter.org/bulletins/suicide-prevention/> to view our webpage featuring key links and emerging reports about suicide prevention.

Studies

[Temporal trends in suicide related emergency calls by age group and gender from 2014 to 2023](#)

Of all the suicide-related emergency calls received, 57.9% involved females in crisis. The age group with the highest number of calls was the middle-aged group (41 to 65 years old), accounting for 43.2% of the total calls, followed by the young adults (21 to 40 years old), which accounted for 34.8%. Calls where the person in crisis was under 21 years old accounted for 12.9% of the total calls, while calls involving people in crisis over 65 years old accounted for 9.1%. Although the females' calls outnumber the males' calls in all age groups, the difference is particularly pronounced among young people (64.8% of calls from girls in crisis vs. 35.2% from boys in crisis) and elder people (62.8% of calls of females in crisis vs. 37.2% of males in crisis).

[Network analysis of the relationship between self-injury addiction, attachment, and anxiety in adolescents with non-suicidal self-injury](#)

Physical anxiety symptoms and peer alienation directly influence NSSI addiction among adolescents. Additionally, social anxiety indirectly influences NSSI addiction by affecting physical anxiety and peer alienation.

[Work stress and its association with suicidal ideation, health and presenteeism during the COVID-19 pandemic: cross-sectional study in the UK health and university workforce](#)

Given the association between work stress, suicidal ideation and presenteeism, research should explore how psychosocial risk factors linked to work stress could be reduced for healthcare and higher education employees. The findings warrant the development of policies to address work stress, and to provide employee support for suicidal ideation and presenteeism in the work setting.

[Microbial Dysbiosis as an Emerging Pathology of Suicidal Behaviour? A Critical Review, Passing Through Depression to Chronic Pain](#)

Microbial dysbiosis might contribute to suicidal behaviour etiopathogenesis. Further studies in this emerging field of research are expected to provide additional mechanistic insights for an improved understanding, prevention, and therapeutic management of this neuropsychiatric condition.

[Suicide prevention starts before the crisis: intervention guidelines for university students](#)

Effective suicide prevention in universities requires a systemic approach that addresses prevention and treatment actions of suicidality. By leveraging the insights of multiple stakeholders and applying context-sensitive frameworks, universities can implement sustainable interventions. This study provides a road map for advancing suicide prevention efforts and illustrates ongoing and comprehensive actions to promote the mental health of university students.

[Effects of sandplay group therapy on children at risk of suicidal ideation](#)

10-week sandplay group therapy was effective in reducing depression and anxiety in children and improving self-esteem in children at risk of suicidal thoughts. The results of these interventions, first attempted in Korea, suggest that sandplay group therapy in schools can be an effective intervention for children and adolescents at risk of suicide.

[BRAVA: A randomized controlled trial of a brief group intervention for youth with suicidal ideation and their caregivers](#)

BRAVA was associated with significantly greater improvements in anxiety/depression and adolescent perceived stress compared to Enhanced Treatment-as-Usual (ETU). Although the intervention did not result in significant caregiver reported improvements, group cohesion and treatment satisfaction were high for both youth and caregivers.

Statistics

[Provisional patient suicide data \(2012-2024\)](#)

Provisional numbers of patient suicide deaths in the UK and Jersey. Includes deaths occurring in 2012-2022 and provisional data for deaths occurring in 2023-2024.

News

[Three Dads' pride at suicide prevention lessons in schools](#)

Three fathers who each lost a daughter to suicide say "lives will be saved" now the government has agreed to their call for suicide prevention to be taught in schools. The new DfE [guidance](#) reveals secondary schools will be expected to work closely with mental health professionals to help discuss suicide prevention with pupils in an "age-appropriate way". It said schools can follow the guidance from this year and that it would become compulsory from September 2026.

[Bereaved families join forces to call for tough action against suicide forum](#)

Bereaved families impacted by an online suicide forum are calling for Ofcom to ensure the site is permanently removed from the UK. The forum which promotes a poison linked to at least 99 deaths in the UK is under investigation by the online regulator, leading the site to voluntarily remove itself from the country. But campaigners are warning the site could return unless strong action is taken under the Online Safety Act to legally shut the forum down. Families and Survivors to Prevent Online Suicide Harms launched this week, coinciding with a Channel 4 documentary, [Poisoned: Killer in the Post](#), which investigates the role the suicide forum played in connecting vulnerable people to the lethal poison.