

## Study

[Association of midlife hearing impairment and hearing aid use with incident dementia: analysis of two UK-based longitudinal cohort studies](#)

The prevalence of hearing impairment and dementia increases with age but the nature of their association remains unclear. Using data from two large UK-based cohort studies, we examined the longitudinal association of 'midlife' hearing impairment and hearing aid use with incident dementia. We found modest associations and population attributable fractions for reported and measured 'midlife' hearing impairment, highlighting the need to consider age at measurement of risk factors in studies that target dementia prevention.

## Webinar

[Supporting the autonomy of people with young onset dementia](#)

A recording of this Young Dementia webinar from June is now available to watch.

## Blog

[Reading with dementia](#)

After Julie was diagnosed with young onset dementia she found she was no longer able to read the way she used to. She looked for new ways to enjoy the hobby she loved and with the help of Fiona Seed at Haslemere library, created a leaflet sharing her reading tips for people with young onset dementia.

## News

[Alzheimer's Society response to the publication of the 10 Year Health Plan](#)

The government published its [10 Year Health Plan](#) for England on July 3. It outlines shifts in the way the NHS works, and we're really pleased to see that a commitment to a blueprint for improving dementia care is included. The plan shows us that the UK Government is listening to the thousands of people living with dementia, their family members and carers – everyone who wants to see better health care that's closer to home.

[What does the NHS 10 Year Plan mean for dementia?](#)

Alzheimer's Research UK take a look at what it means for people affected by dementia.

[Two studies suggest rugby players have brain changes that may increase risk of dementia](#)

Two studies in Brain found that retired professional rugby players had changes in their brains and raised levels of proteins in their blood that could increase the risk of developing dementia in later life.

[Dementia Unseen: a diagnosis shouldn't take four years](#)

This summer, Alzheimer's Research UK have launched Dementia Unseen a bold new campaign demanding that the UK Government guarantees the right to an early, accurate dementia diagnosis for everyone who needs one.



**Mersey Care**  
NHS Foundation Trust

8 July 2025

### [Finding community through dementia support groups and cafés](#)

Dementia UK explains what dementia support groups and cafés are and how they can benefit people affected by dementia.

### [Low-cost therapy supports dementia carers' mental health](#)

NIHR-funded research has shown that a low-cost manual therapy to support family members caring for relatives with dementia, improves mental health and quality of life, and saves the NHS money.

### [How do vaccines reduce the risk of dementia?](#)

A new study by the [University of Oxford](#) published in the journal npj Vaccines, shows that a vaccine against respiratory syncytial virus (RSV) is associated with a 29% reduction in dementia risk in the following 18 months. The findings suggest a novel explanation for how vaccines produce this effect. Recent studies have shown convincingly that vaccines against shingles (Herpes zoster) reduce the risk of dementia. The shingles vaccine now in widespread use (Shingrix) has more of an effect than the previous one (Zostavax).

### [Innovative home monitoring service aims to improve care for people with dementia](#)

The UK DRI's [flagship digital care platform Minder](#) has launched a new NHS service, MinderCare, in collaboration with Imperial College Healthcare NHS Trust. MinderCare offers remote, at-home monitoring for people living with dementia. It is hoped the service can lead to more appropriate interventions and earlier treatments for those affected.

### [Owning dog or cat could preserve some brain functions as we age, study says](#)

"Pet ownership has been linked to a positive influence on cognitive functioning and cognitive decline in late adulthood," said Adriana Rostekova, a researcher and lead author of the article, which was published in the journal [Scientific Reports](#). "However, there is limited understanding of how different species of pets are associated with these outcomes."

