

Studies

[Reducing incidents of violence and aggression and self-harm on a secure mental health inpatient ward for women with learning disabilities](#)

Healthcare professionals working in inpatient settings are often challenged by behaviours associated with learning disability, autism and other mental health needs, including high levels of violence and aggression.

[Identifying challenges in meeting the unmet health care needs of children with intellectual disabilities: a scoping review](#)

Children with intellectual disability have significantly below-average intellectual functioning and adaptive behavior, experience more challenges in a lifetime, and are at higher risks of physical illness, mental health problems, and mortality compared to the unmet health care needs of others. Thus, this scoping review aimed to identify challenges in meeting the unmet healthcare needs of children with intellectual disabilities.

['It's Really Who They Are and What They Want': Staff Perspectives on Supporting Autonomy for Autistic Adults With Intellectual Disabilities](#)

Autonomy is a crucial component of self-determination, yet it is limited for Autistic individuals, especially those with co-occurring intellectual disabilities. We explored how professionals supported Autistic people with intellectual disabilities' autonomy.

[Unseen and Invisible? Issues of Recognition for Parents With Intellectual Disabilities Accessing Social Work and Social Care Services for Adults in England](#)

Parents in England with an intellectual disability may be eligible for support with parenting from Local Authority's Adult services under the Care Act (2014).

[Parents' Emotional Journey Throughout Their Participation in a Well-Being Support Group Intervention](#)

Family carers often lack support for their own well-being as they navigate diagnostic and early intervention services for intellectual and developmental disabilities.

[The dynamic trajectory of autistic life and its changing challenges: a scoping review](#)

There is a noticeable knowledge vacuum on the ways in which autism interacts with the difficulties associated with aging, even though in recent decades there has been a growing recognition of the different needs and experiences of those on the autistic spectrum. Importantly, experiences across earlier life stages such as youth and young adulthood also influence later outcomes and warrant consideration within this dynamic trajectory, meaning the ongoing and evolving developmental path individuals follow throughout life.

[Real-world evaluation of prevalence, cohort characteristics, and healthcare utilization and expenditures among adults and children with autism spectrum disorder, attention-deficit hyperactivity disorder, or both](#)

Autism spectrum disorder (ASD) and attention-deficit/hyperactivity disorder (ADHD) are among the most common neurodevelopmental disorders. However, significant gaps persist in understanding health and healthcare-related needs of individuals diagnosed with ASD and/or ADHD across the lifespan. Thus, this real-world evaluation sought to characterize the prevalence of ASD, ADHD, and co-existing ASD and ADHD (AuDHD); sociodemographics; frequent comorbidities and co-occurring diagnoses; and healthcare utilization and expenditures among members of a large national payor.

Reports

[Share for Better Care: What we learnt](#)

This new report, the result of a partnership between National Voices, the Care Quality Commission (CQC), Healthwatch England, and a range of other excellent partners, reflects on the Share for Better Care Campaign.

Webinars

[Upcoming webinar – Book Clubs: An Innovative and Powerful Approach to Conversations](#)

Learn how Book Clubs help people with learning disabilities explore real-life topics, like good health and aging, through inclusive storytelling. Discover how starting a Book Club through the Book Club in a Box project can foster connection, communication, and understanding.

Blogs

[Charity asks the UK Government to strengthen support for special educational needs children](#)

The Disabled Children's Partnership (DCP) has launched its new report, which sets out a positive vision for reform, showing how the special educational needs (SEND) system can be transformed without taking away existing legal rights and protections.

News

[Understanding the Accessible Information Standard and What's New in 2025](#)

Clear, accessible communication is important for everyone when using health and care services.

[EHCPs need to be reviewed at key-stage transfers, says Ombudsman](#)

The Local Government and Social Care Ombudsman has reminded local authorities that they should be reviewing children's special educational needs (SEND) and Education, Health and Care Plans (EHCPs) in the run-up to key stage transfers, even if they are staying at the same school.

[LEGOLAND Windsor achieves Autism Friendly Award](#)

LEGOLAND Windsor has become the first UK theme park to achieve our Autism Friendly Award, which supports businesses to be more inclusive for autistic people through providing accessible customer services, information and environments.

[House of L launches mindful sensory range in Sainsbury's in support of the National Autistic Society](#)

From Monday 21 July, House of L's much-anticipated Mindful range will be available to purchase in Sainsbury's stores and online, bringing fun, inclusive sensory products to families across the UK.

[New strategy to embed adult social care placements in nursing degrees](#)

The Government has launched a new strategy to embed adult social care placements in nursing degrees, aiming to encourage more student nurses to work with patients who have complex or chronic conditions, such as learning disabilities, frailty, or mental health needs.