



NHS
Mersey Care
NHS Foundation Trust

30 September 2025

Studies

[Evaluating care pathways in Alzheimer's disease: a qualitative interview study with GPs in England](#)

A considerable knowledge, skills and confidence gap must be addressed to support the implementation of new care pathways that include revised responsibilities for GPs. GPs need appropriate support and resources to manage their patients' changing needs and to provide the best possible pharmacological management as the disease develops.

[Dementia-related volumetric assessments in neuroradiology reports: a natural language processing-based study](#)

These results support the feasibility and accuracy of using NLP techniques to extract volumetric assessments from radiology reports, and the potential for automated generation of novel meta-data from dementia assessments in electronic health records.

Report

[The State of Health and Care of Older People in England 2025](#)

A new report from Age UK examines how the health of older people and the strength of the social care system have changed in the past 10 years. This is the tenth edition of the report.

Podcast

[Is there hope on the horizon for patients with Alzheimer's?](#)

A trial is under way to find out if a £100 blood test could transform the way that the NHS diagnoses Alzheimer's disease. Alzheimer's is the leading cause of dementia and diagnosis is currently costly and time-consuming. To find out how this blood test could benefit patients, Ian Sample talks to Prof Jonathan Schott, who is co-leading the trial. He explains what the test involves and why it could pave the way for exciting new treatments for the devastating disease.

Video

[New Board Game Helps Children Understand Dementia](#)

A specialist dementia researcher from the University of Liverpool has worked with local school children to develop a new board game, helping younger generations learn about dementia and challenge stigma from an early age.

News

[UN Member States recognise dementia as a leading NCD](#)

Dementia will, for the first time, be formally recognised within the new UN Political Declaration on noncommunicable diseases (NCDs) and mental health, as a leading NCD.





NHS
Mersey Care
NHS Foundation Trust

30 September 2025

[Encouraging more people of South Asian heritage to take part in research](#)

New video to encourage people of South Asian heritage to take part in dementia research. In this video, researchers and members of the public speak about their experiences with dementia and why taking part in research is so important.

[Insomnia Can Age the Brain](#)

A new study adds to growing evidence that persistent sleeplessness may set the stage for Alzheimer's disease and other forms of dementia. It found that compared to their peers who sleep more soundly, older men and women with chronic insomnia had a 40 percent higher risk for dementia or mild cognitive impairment, a serious form of memory loss that often leads to full-blown dementia.

[A Sense of Purpose May Bolster the Brain](#)

Having a strong sense of purpose in life may help protect the aging brain, according to a new report. The study found that people who reported a higher sense of purpose in their lives were about 28 percent less likely to develop memory and thinking problems as they aged compared to their peers who had little sense of purpose.

[Young Onset Dementia Group, Liverpool](#)

Together in Dementia Everyday (tide) and Alzheimer's Society have launched a face-to-face young onset dementia group that meets monthly in Liverpool city centre.

[Any level of alcohol consumption increases risk of dementia](#)

Led by the University of Oxford, Yale University, and the University of Cambridge, the research challenges previous suggestions that light-to-moderate drinking may have a protective effect against dementia.

[How Larry's experience on new treatment for Alzheimer's offers hope for future](#)

A new film highlights the progress being made in dementia research by telling the story of Larry, who has benefitted from a treatment for Alzheimer's. The film follows his experience on the lecanemab trial.

[Experts outline changes needed to ensure Alzheimer's breakthroughs reach those that need them](#)

In three new papers, Alzheimer's experts outline changes needed to advance breakthroughs in diagnosis, treatment and prevention.

[Is it true that ... doing puzzles prevents dementia?](#)

Completing a fiendish jigsaw certainly engages many areas of the brain, but genetics and other lifestyle factors also play their part.

[Uniting the world of sport for World Alzheimer's Month](#)

For the second consecutive year, the UK's leading dementia charity, Alzheimer's Society, has united the world of sport to raise awareness of dementia throughout World Alzheimer's Month.

