

Please visit <https://www.evidentlybetter.org/bulletins/suicide-prevention/> to view our webpage featuring key links and emerging reports about suicide prevention.

Studies

[Synchronous remote-based interventions for suicidal behaviour prevention: a systematic review and meta-analyses of clinical trials](#)

Synchronous remote-based interventions demonstrate a potential benefit in preventing suicide attempts and deaths by suicide and may serve as an adjunct to usual treatment; however, the effect on suicidal ideation appears limited. The observed heterogeneity warrants caution when interpreting these findings. Future research should prioritise methodological enhancements to improve the quality and consistency of evidence, as well as investigate the mediating processes underlying their effectiveness in reducing suicidal behaviour.

[Gambling, suicide and mental health treatment utilisation in Wales: case-control, whole-population-based study](#)

Historical diagnosis of gambling harm is a significant predictor of suicidal death and mental health treatment utilisation. Improved screening and coding practices would facilitate greater data linkage research on gambling-related suicide and suicide prevention.

[Understanding variation in the clinical management of self-harm and suicidal ideation in hospital emergency departments: qualitative implementation study](#)

The findings suggest a need for further integration of all clinical professionals on the liaison psychiatry team in implementing care for self-harm; improved systems of handover; further training and awareness on the benefits and optimal processes of family involvement; as well as enhanced access to aftercare.

[Associations of childhood irritability and parenting profiles with youth suicide attempt: a longitudinal person-centered approach](#)

Children with chronically high irritability were also those experiencing the harshest parenting and the least positive parenting, as well as those most at risk of suicide attempt. Targeting both child and parental behavior may maximize suicide prevention efforts among children with high irritability.

Statistics

[Suicides in England and Wales](#)

Deaths from suicide in England and Wales, analysed by sex, age, area of usual residence of the deceased, and suicide method.

[Provisional patient suicide data \(2012-2024\)](#)

Provisional numbers of patient suicide deaths in the UK and Jersey. Includes deaths occurring in 2012-2022 and provisional data for deaths occurring in 2023-2024.

News

[ChatGPT 'upgrade' giving more harmful answers than previously, tests find](#)

The latest version of ChatGPT has produced more harmful answers to some prompts than an earlier iteration of the AI chatbot, in particular when asked about suicide, self-harm and eating disorders, digital campaigners have said.

[High youth death rates are an 'emerging crisis', global health study warns](#)

Alcohol, suicide and injuries driving rises among teenagers and young adults despite overall rates falling, authors say.

[Half of girls saw high risk suicide, self-harm, depression or eating disorder content on social media in a week, major new research shows](#)

One in two (49%) girls were exposed to high risk suicide, self-harm, depression or eating disorder content on major social media platforms in a single week, comprehensive [new research](#) has found.

[The Royal Foundation Launches The National Suicide Prevention Network To Transform Suicide Prevention In The UK](#)

The Royal Foundation of The Prince and Princess of Wales has launched the National Suicide Prevention Network, spanning all four home nations and aiming to transform suicide prevention in the UK. The Network will focus on understanding the root causes of suicide, ensuring accessible support and strengthening collaboration to achieve the greatest possible impact.

