

Studies

[Traumatic Experiences, Psychological Distress and Suicide-Related Behaviors in Autistic Adults](#)

Autistic adults have increased risks of trauma, suicide, and poor mental health compared to non-autistic adults, with 1 in 4 autistic adults attempting suicide.

[Learning disabilities and adolescent suicidal ideation: Findings from the z-proso cohort study](#)

Objective: To investigate suicidal ideation among adolescents with learning disabilities and examine whether learning disabilities and a range of risk and protective factors assessed at age 13 are associated with suicidal ideation at age 15.

[Cancer in adults with intellectual disability: a systematic review of prevalence and incidence](#)

The epidemiology and pattern of cancer in people with an intellectual disability is poorly documented. Emerging evidence reports that a different profile and trajectory of cancer burden is experienced in this population. The prevalence and incidence of cancer in this group have not been systematically synthesised.

[A Systematic Review of Autistic Adults' Experiences of Anxiety From a Qualitative Perspective](#)

Many autistic adults experience anxiety in ways that are qualitatively unique when compared to the experiences of non-autistic adults. In this systematic review we aimed to explore these experiences from a first-person perspective through a synthesis of qualitative evidence.

[Neurodiversity-Affirming Dialectical Behaviour Therapy \(NDA-DBT\) Informed Group Skills Training Programme for Autistic Adults: A Pilot Study](#)

Research suggests that standalone dialectical behaviour therapy (DBT) skills training results in reduced emotion regulation difficulties, depression, and anxiety across various clinical populations. Although autistic individuals experience heightened emotion regulation difficulties compared to the general population, limited research is available on the effectiveness of DBT for autistic populations, particularly adapted DBT programmes to meet the specific needs of the autistic community.

[Effects of a repeated reading intervention on the reading fluency of adolescents with intellectual disability](#)

Although repeated reading (RR) is highly effective in improving reading fluency, it has not been sufficiently studied in students with intellectual disability. This single-case experimental study with multiple baselines across participants examined the effects of an 8-week adapted RR intervention, on reading automaticity [i.e., correct words per minute (CWPM)] and accuracy [i.e., errors per minute (EPM)], in three adolescents with intellectual disability.

[Ableism in Applied Behavior Analysis: A Beginner's Guide to Understanding and Dismantling Ableism in Practice with Autistic People](#)

Ableism is biased covert behavior or overtly discriminatory actions against people who are disabled. Ableism often involves words and actions that convey an attitude or belief that disabled people are inferior to nondisabled people, irrespective of whether the person holding these views (i.e., private events) is aware that their thoughts are biased or actions are discriminatory. All people have biases that have grown out of their exposure to harmful social norms, models, and observational learning as well as experiences and contingencies.

[Facilitators and Barriers to Employment of Neurodivergent Individuals: A Systematic Literature Review of Employee and Employer Experiences](#)

While employment rates amongst neurodivergent adults are notoriously low, little is known about their experiences in the workplace and their contribution to innovation and productivity in the labour market. At the same time, the views of colleagues and employers with regard to the inclusion of neurodivergent adults in the workforce are important.

[Misunderstood, Minimised, Misrepresented: Autistic Young Adults' Experiences of Epistemic Injustices in Healthcare Interactions Around Autism](#)

This article explores autistic young adults' experiences of epistemic injustice in healthcare interactions where autism is invoked and a subject of misaligned sensemakings. We take a particular focus on hermeneutical injustice, which refers to the difficulty of understanding and communicating one's experiences due to gaps and biases in sensemaking resources.

News

[Review launched into mental health, ADHD and autism services](#)

Government launches independent review to look at rising demand for mental health, ADHD and autism services and what is driving it.

[Independent review into services](#)

Our response to the announcement of an independent review to examine the evidence on rising demand for mental health, autism and ADHD services.

[Government launches review on rising prevalence of autism, ADHD and mental health conditions](#)

The Government has announced an independent review to understand the prevalence, trends and inequalities associated with mental health conditions, ADHD and autism.

[RCPsych responds to independent review into mental health conditions, ADHD and autism](#)

The Government has launched an independent review examining rising demand for mental health, ADHD and autism support.

[People with learning disabilities are dying too young from epilepsy](#)

Health inequality and missed prevention opportunities are leading to earlier deaths for people with a learning disability (intellectual disability) and epilepsy, according to new research.

[Education Committee publishes Govt's response to landmark SEND report](#)

The Education Committee has published the Government's response to its report 'Solving the SEND crisis'.

[SEND: inconsistent support for children who are out of school](#)

There is inconsistent support for children with special educational needs and/or disabilities (SEND) who do not attend school full-time, according to a new report by Ofsted and the Care Quality Commission (CQC).

[LeDeR withdraws its 2023 report due to newly discovered data issues](#)

The Learning from Lives and Deaths – People with a learning disability and autistic people (LeDeR) 2023 report has been withdrawn due to technical issues with the supplied data.

[Working effectively with Autistic parents](#)

Autism is a lifelong neurodevelopmental difference that influences how a person experiences, processes and responds to the world. A new Research in Practice briefing aims to enhance inclusive practice with parents and families.

[Half of UK websites need accessibility improvements for disabled people](#)

Nearly half of UK websites risk excluding visitors with disabilities because they need accessibility improvements, according to new research.

[New road safety resource for autistic people](#)

A new road safety resource has been developed for professionals to better support autistic and neurodiverse learners.

[How neurodivergent households design 'a home that knows your brain'](#)

From dark, sound-proofed rooms to clever storage solutions, families with autism and ADHD are finding inspired ways to adjust their environments.