

Please visit <https://www.evidentlybetter.org/bulletins/suicide-prevention/> to view our webpage featuring key links and emerging reports about suicide prevention.

Studies

[Suicide prevention psychosocial interventions for youth in low- and middle-income countries: systematic review](#)

The review highlights major gaps in youth suicide prevention within LMICs, emphasising the urgent need for contextually relevant, evidence-based psychosocial interventions and policy frameworks. Findings suggest moderate effectiveness of current interventions, underscoring the importance of culturally tailored implementation to enhance impact.

[A cancer diagnosis brings a suicide risk: The sooner after diagnosis, and the more aggressive the cancer, the higher the risk](#)

Does a first cancer diagnosis increase a person's risk of suicide? This national study from Denmark offers rare clarity, tracking 30 cancer types across two decades to uncover patterns that clinicians and policymakers cannot afford to ignore.

[Domestic violence and suicide in women: insights from a national UK study](#)

Over a quarter of women who died by suicide while under UK mental health care had experienced domestic abuse. This national study reveals who is most at risk and highlights how services can adapt to help prevent tragedy.

[Predictors of suicidal ideation in UK doctors: retrospective case-control study from NHS Practitioner Health](#)

In this national cohort of doctors, depression severity was strongly associated with suicidal ideation. However, disability and lack of a partner were also independently linked to increased risk, suggesting that suicidal ideation is not solely driven by symptom severity. Social and functional factors may help identify higher-risk individuals and inform targeted support.

[Characterisation of a university student sample with a lifetime history of non-suicidal self-injury: mixed-methods analysis of stress factors, coping mechanisms and reasons for self-injury](#)

This study demonstrates the value of mixed-methods approaches. Stable qualitative categories highlight the need to capture individual variations in NSSI-related factors. It emphasises trauma-related stressors due to their influence on depression severity and persistence of NSSI into adulthood.

News

[Women are in crisis in Merseyside and we need help to support them](#)

The Martin Gallier Project is a suicide prevention, intervention and post-vention charity that supports anyone over the age of 16 who is considering suicide, bereaved by suicide or supporting a loved one through crisis. One worrying trend Jessica has noticed in recent years is the volume of women who are coming through the door of the Martin Gallier Project.

[New BSI standard for suicide and the workplace](#)

The British Standards Institution (BSI), the UK's national standards body, has published a landmark framework to help organisations address suicide in workplace settings. With over 34 million people in employment across the UK, the standard offers practical tools and best-practice guidance to empower organisations.

[Woman killed herself after south London hospital neglect, coroner concludes](#)

Michelle Sparman, 48, died after staff at Queen Mary's hospital in Roehampton failed to search her possessions adequately, inquest finds.

['Social pressures harming men' say Samaritans as charity reveals two in five men fake interests to seem more 'masculine'](#)

New Samaritans research reveals that more than two thirds of men (68%) would live differently if they were free from social judgement, including taking up singing, painting or dancing.

[Samaritans responds to government launching first men's health strategy](#)

Responding to the Government launching the first [Men's Health Strategy](#) today, Julie Bentley, Samaritans CEO, said: "Three quarters of suicides are by men so the time for action is now and today's announcement is a great start. It's hugely positive to see this new strategy, the first of its kind, making suicide prevention a core focus."

[Why online safety is core to suicide prevention](#)

For many people struggling with self-harm and suicidal thoughts today, the first place they turn is not a friend, a family member or a GP: it is the internet. This means that online safety is core to suicide prevention.