

Reports

[Community Mental Health Survey 2024: national qualitative report](#)

This report, produced by Solutions Research and NHS England, shares national insights from qualitative thematic analysis of written responses to the NHS Patient Survey Programme, coordinated by the Care Quality Commission and Picker.

Briefings

[Transforming access to children and young people's mental health support](#)

Evidence and insight on the importance of early intervention for children and young people with mental health issues.

Cochrane Clinical Answers

[How effective and safe are electronic cigarettes \(ECs\) for smoking cessation?](#)

High- to moderate-certainty evidence shows that more adults quit smoking nicotine cigarettes at ≥ 6 months' follow-up when using nicotine-containing ECs compared with nicotine replacement therapy (NRT; 153 vs 99 per 1000 people; all results on average) or compared with nicotine-free ECs (55 vs 41 per 1000 people).

Calls for Evidence

[National Maternity and Neonatal Investigation Call for Evidence](#)

Baroness Amos is asking women and families across England to share their experiences of maternity and neonatal care through a public Call for Evidence.

Podcasts

[How the internet hijacked our health](#)

Deborah Cohen's new book "How the internet hijacked our health" explores the profound impact of the internet on our wellbeing. In this conversation with BMJ Editor, Kamran Abbasi, they discuss the ways in which online information can both empower and mislead, the role of big tech in shaping our wellbeing and the complex and disturbing ways wellness influencers are becoming more trusted than the NHS.

Blogs

[Liverpool's 'blue people': the older adults redefining what ageing looks like](#)

Liverpool is not one of the "blue zones" – a term used for regions of the world where people tend to live unusually long lives, such as parts of Sardinia, Okinawa and Ikaria.

[Practising with pride and confidence - celebrating the unique contribution of mental health nurses](#)

This Mental Health Nurses' Day, Professional Lead for Mental Health Amber O'Brien reflects on how this vital specialism is reclaiming its voice.

[LGBTQ+ History Month and mental health: How the past shapes the present](#)

Each February, as LGBTQ+ History Month arrives, I return to the same question: why study history at all? Historians debate this endlessly, but for me, as a middle-aged gay man living with HIV who works in mental health research, the question is rooted in my lived experience. It is neither abstract, nor purely academic.

[Sustainability in out-of-hospital nursing](#)

Sustainability in community nursing goes far beyond hospitals. This blog explores how everyday clinical decisions in out-of-hospital care impact the environment and how nurses can lead practical, realistic change.

[Why kindness matters so much right now](#)

The importance and benefits of being kind in today's age.

[Woodland wander – Reflections on the power of walking in nature at Congress 2025](#)

There are many people writing about the importance of forming closer relationships with nature and how this benefits mental health. But if this is so important, why aren't we doing it as well as writing about it? Why aren't more psychiatrists setting up nature-based therapy groups for our colleagues and patients?

News

[Thousands recruited for “new era” severe mental illness study](#)

Thousands of people living with schizophrenia and severe depression are being recruited by the NHS for a major new study which could unlock a “new era” of personalised treatment for severe mental illness.

[UK's top psychiatrist raises alarm over threat posed by 'silent mental health pandemic' to patients, society and the economy](#)

The President of the Royal College of Psychiatrists (RCPsych), Dr Lade Smith CBE, is calling on the UK Government to address the 'silent mental health pandemic' affecting people across England.

[PATHWAYS clinical trial paused following new MHRA advice](#)

The MHRA have raised new concerns around the PATHWAYS trial looking into the prescription of puberty blockers among young people with gender incongruence.

[Funding boost for young people's mental health services](#)

Early support hubs across England to receive a £7 million funding boost to bolster services for young people.

[Half a million children on mental health waiting lists in England risk turning to AI chatbots for support, warns RCPsych](#)

This Children's Mental Health Week, the Royal College of Psychiatrists has identified that there are currently 550,610 children and young people, who have been referred to mental health services in England and on waiting lists for treatment.

[Study warns of risks in AI chatbots giving medical advice](#)

The largest user study of large language models (LLMs) for assisting the general public in medical decisions has found that they present risks to people seeking medical advice due to their tendency to provide inaccurate and inconsistent information.

[Public enthusiasm for self-care risks being squandered](#)

While people seem to want greater responsibility for their own health, there is a gap in understanding of self-care between patients and professionals.

[More children to be protected from deadly viruses](#)

New changes to the GP contract will help protect thousands more children across the country from deadly and highly infectious diseases.

[Parents urged to protect children through vaccination campaign](#)

New vaccination campaign launched to boost uptake of childhood immunisations.

[Children to be better protected from second-hand smoking and vaping](#)

The government is launching a consultation on extending smoke-free places and introducing vape-free and heated tobacco-free spaces.

[We respond to government announcements on online safety and protections for children](#)

The Prime Minister and Technology Secretary have announced “new action to strengthen protections for children as technology continues to evolve at pace”.

[New technology and medicines to combat drug and alcohol addiction](#)

Innovators across the UK are being offered £20 million in grants for technology designed to reduce harm and death from drug and alcohol addiction.

[£400 cash boost for disabled adults to tackle cost of living](#)

150,000 disabled adults to keep £400 more cash each year to help with cost of living, and £700 million to support tens of thousands of home adaptations.

[Major changes to type 2 diabetes treatment could save thousands of lives](#)

New guidance means millions of people will get access to medicines that protect the heart and kidneys, while NHS savings of £560 million from using generic dapagliflozin can be reinvested elsewhere in NHS care.

[Concerns raised over integrity of health information published in the US](#)

Does your organisation use PubMed or other American health information sources? The US administration is modifying or removing pages on particular themes. This is affecting the quality of content coming from sources including PubMed and Centers for Disease Control and Prevention. The topics of concern range from women’s health and sexual health to AIDs, vaccines, and diversity and inclusion.