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Reports

[Shifting power: The role of population-level, anti-racist interventions in addressing inequities in mental health](#)
Racism is built into systems and institutions that shape daily life. Structural racism influences the key building blocks of health – including work, housing and access to green space, affecting mental health throughout life.

[Stuck on repeat: Making it easier for people with mental health problems to share support needs across essential services providers](#)
This report explores how people with mental health problems disclose their support needs to essential service providers, and the barriers they face in doing so.

Policies

[Community mental health services: government's response to the Health and Social Care Committee's report](#)
The government's response to the Health and Social Care Select Committee's fourth report of session 2024 to 2026 into community mental health services.

Guidance

[Health protection in children and young people settings, including education](#)
A practical guide for staff on managing cases of infectious diseases in children and young people settings, including education.

Studies

[Navigating cultural barriers: a qualitative study exploring clinicians' experiences of providing mental health support for ethnic minority groups in England](#)
Ethnic minority populations are increasing in England, however individuals from ethnic minority backgrounds are less likely to access mental health support compared with their White British counterparts, despite experiencing parallel but also unique risks of developing mental health difficulties. Understanding the barriers for ethnic monitory groups to accessing mental health services is therefore crucial.

Blogs

[From despair to hope: improving the A&E experience for people in mental health crisis](#)
'Try to hold hope for people when they may be feeling at their most hopeless', writes lived experience ambassador Ian Callaghan.

[Media reporting is still reinforcing stigma around mental health](#)
A recent BBC article has dealt another blow to perceptions of those living with mental health problems.

[Black mothers deserve more: why I founded the Motivational Mums Club](#)
I didn't start Motivational Mums Club because it sounded like a good idea. I started it because I was tired.

[Avoiding loneliness during life transitions](#)
Imagine you move to a new city to take up a new job. You're busy with moving house, getting the children settled into their new school, learning who's who and what's what at your new job. Months pass, as months do.

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[Abuse, loneliness and financial strain in later life linked to poorer health](link)
Experiencing abuse at any age can have devastating consequences for physical and mental health. But our new report suggests that what may happen to people in later life – including abuse, poverty and social isolation – plays a far bigger role in shaping health and wellbeing than is often recognised.

[Food for thought: addressing misinformation and polarised views in health care](link)
Reflecting on a session from last week's Nuffield Trust Summit on misinformation and polarised views about health, Leonora Merry discusses the growing gap between experts, institutions and the public when it comes to science and health care.

News

[3-year high in attacks on NHS staff](link)
Almost 1 in 7 NHS staff (14.47%) were physically attacked by a patient or the public last year – the highest rate for 3 years – according to the latest NHS staff survey.

[Stronger visiting rights for people in health and care settings](link)
The government will better protect and strengthen the visiting rights for people in health and care settings, following a review of Regulation 9A.

[UK government announces reduction in share of NHS spend](link)
Wes Streeting, Secretary of State for Health, has delivered a statement to the House of Commons in which he confirmed that funding for mental health has fallen as a proportion of NHS spending in England. While there has been a real terms increase of £140m, the reduction amounts a 3.2% reduction in share of spend from last year.

[Underfunding mental health is not just bad for patients but for wider communities and economy, health leaders say](link)
Responding to the government's announcement on mental health spending, Rebecca Gray, mental health director speaking on behalf of the NHS Confederation and NHS Providers.

[Government response to community mental health services report welcome but more work still needed, says RCPsych](link)
The Chairs of the General Adult Faculty and Child and Adolescent Faculty at the Royal College of Psychiatrists, commented on the UK Government's response to the House of Commons Health and Social Care Committee report on community mental health services.

["Mental health services are being set up to fail" – Mind responds to the fall in proportion of NHS spending going to mental health despite record numbers contacting the NHS for support](link)
Analysis by Mind shows that the share of NHS spend going to mental health services is set to fall for the third year in a row.

[SANE reacts after government cuts share of NHS spending for mental healthcare despite soaring demand](link)
Health and social care secretary Wes Streeting has announced the mental health share of NHS spending in England will drop for the coming year.

[One consultant psychiatrist for every 2,500 people who will experience a mental illness each year in England, latest census shows](link)
People who have a mental illness are unable to access vital care and treatment due to 'unsustainable' staff shortages, the Royal College of Psychiatrists (RCPsych) is warning today.

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[Better community care thanks to nursing funding boost](#)
Around 80,000 people will be better supported in the community following a 5.4% increase in funding for nursing care.

[RCPsych secures wide-reaching engagement and influence on menopause and mental health](#)
The College launched its first ever position statement on menopause and mental health in the House of Commons on Monday, on a day when we secured mass media coverage as well as the support of parliamentarians, the healthcare sector, celebrities and well-known influencers.

[Findings on the health of young people not in work 'concerning', say health leaders](#)
Responding to the Health Foundation's report on more young people reporting health barriers to work to joining the workforce, Rebecca Gray, mental health director speaking on behalf of the NHS Confederation and NHS Providers.

['A generation at risk' as more NEET young people report health barriers to work](#)
A sharp rise in the number of young people reporting that their health limits their ability to work, who are also not in education, employment and training (NEET) is affecting the lives and potential of hundreds of thousands of young people, according to new analysis from the Health Foundation.

[Taskforce set up to deliver urgent action on maternity](#)
Members confirmed for new Maternity and Neonatal Taskforce chaired by the Health and Social Care Secretary to deliver improvements on maternity.

[Midwives remain the most trusted source of information on pregnancy vaccination](#)
Over 60% of the women surveyed said being advised to have any of the vaccines by a healthcare professional was an important reason for taking up the offer.

[Nursing staff were a constant presence during the pandemic, and now formal recognition of long COVID as an industrial disease is urgently needed](#)
"Superhuman" efforts by nursing staff, in the face of widespread shortages, prevented the entire health care system collapsing, according to the UK COVID-19 Inquiry's new report.

[Remote mental health consultations not associated with rise in hospital admissions during COVID-19](#)
New research has found the introduction of remote consultations in primary care during the pandemic wasn't associated with an increase of psychiatric hospital admissions for people with anxiety, depression or severe mental illness.

[Mind responds to Covid Inquiry Module 3 report](#)
Mind, the mental health charity, had Core Participant status at Module 3 of the Covid Inquiry, and has responded to the report published today.

[College response to BBC research on fit notes](#)
The College responds to BBC research with GPs on how and when fit notes for mental health are issued.

[Why human connection matters at university](#)
When I attended university, my first two years were some of the best of my life.

[Outbreak of invasive meningococcal disease, South East England](#)
This alert outlines recommended courses of action to manage cases with infection and contacts.

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[600 women's health leaders warn social media platforms are censoring vital information](#)
Women are 'dying of embarrassment,' doctor warns, as 'shame and stigma costs lives' amid online censorship on female health.

[End Medical Misogyny: A Mumsnet campaign](#)
New Mumsnet research finds 58% of women believe the NHS is institutionally misogynistic. After a decade of documented dismissal, delayed diagnosis and normalised pain, we're fighting for change.

[Excessive smartphone use associated with symptoms of eating disorder and body dissatisfaction in young people](#)
New research has found that excessive smartphone use is closely associated with disordered eating, including uncontrolled eating and emotional overeating, as well greater symptoms of food addiction in young people with no diagnosis of an eating disorder.

[Google scraps AI search feature that crowdsourced amateur medical advice](#)
Revelation comes as company faces mounting scrutiny over use of AI to provide health tips.