

**Welcome to the new Learning Disabilities Bulletin!**

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## Studies

### [Navigating Co-production in Behaviour Support: Perspectives from the Field](#)

This study explores practitioner perspectives on co-production in Positive Behaviour Support (PBS), augmented by insights from a co-author with lived experience of disability. It examines how individuals can meaningfully shape their own support plans.

### [Training social care staff in promoting self-determination and nutritional health for people with intellectual disabilities using 360o virtual reality videos and ethical reflection: a qualitative study](#)

People with intellectual disabilities living in supported housing facilities are vulnerable to developing obesity and malnutrition. It is therefore essential to strengthen staff competence in providing nutrition and dietary support for people with intellectual disabilities, with particular attention to balancing the provision of appropriate health care with the promotion of residents' autonomy and self-determination.

### [Not an Ideal Worker, Not a Disabled Worker: The Experience of Disclosing Invisible Disabilities at Work](#)

Employees living with invisible disabilities, such as mental health conditions and chronic pain, face decisions around disclosing their disability in the workplace.

### [People with Intellectual Disability Building Skills, Confidence and Voice to be Included in Decisions and be Leaders in the Community](#)

This paper is about an inclusive evaluation research project we did with an intellectual disability organisation in South Australia. It explored how do people participating in the organisation's workshops and activities gain skills and confidence they need to participate in and contribute to the community.

## Blogs

### ["It won't fix everything, but I think it's a big step towards making healthcare work better for people with learning disabilities."](#)

In his latest blog, Gary Bourlet – Membership and Engagement Lead at Learning Disability England, talks about recent changes to the reasonable adjustment digital flag and the impact that this will have on his own and other people with learning disabilities experience of healthcare.

### [Speaking Up for Good Lives in Newham](#)

James O'Rourke, Family and Friends Member Representative at Learning Disability England, has written a blog to speak about his recent experience speaking with councillors and social care staff in Newham about what a good life means for people with learning disabilities.

## News

### [New Joint Statement on the Misuse of Restrictive Practices](#)

A Statement on the Use of Restrictive Interventions: Children and young people with a learning disability in England, Northern Ireland, Scotland and Wales.

### [Stronger visiting rights for people in health and care settings](#)

The government will better protect and strengthen the visiting rights for people in health and care settings, following a review of Regulation 9A.

### [Social Care Commission – Baroness Casey's speech](#)

Baroness Casey is leading an inquiry into how Social Care works. Last week Baroness Casey made a speech about her work on Social Care.

### [Covid-19 Inquiry calls for universal advance care planning and DNACPR form](#)

People with a learning disability were left without essential support during the Covid-19 pandemic due to visiting restrictions, according to the latest report from the UK Covid-19 Inquiry.

### [Public transport 'locks out' millions of disabled people, according to new research](#)

Millions of disabled and older people are excluded from public transport systems due to inconsistent accessibility across the UK, according to new research from the Institution of Mechanical Engineers.

### [MPs to hold a debate on transport accessibility for disabled people](#)

On Thursday 26 March in the House of Commons Chamber, MPs will hold a debate on transport accessibility for disabled people.

### [PIP reform: Timms Review launches call for evidence](#)

The Government has issued a call for evidence on Personal Independence Payments (PIP), inviting the public to share their experiences and knowledge to ensure it remains fair and suitable for the future.

### [New painless blood tests trialled in people with learning disabilities](#)

A new painless method of performing blood tests, currently being trialled by University Hospitals of Morecambe Bay NHS Foundation Trust (UHMBT), could help people with learning disabilities who are afraid of needles, pain, or clinical environments.

### [Assessing capacity in hospital: the perils of relying on a snapshot in time](#)

Social worker Louise Gallacher recalls a case that illustrates the importance of supported decision making and taking your time when assessing the capacity of people with learning disabilities in hospital.

### [Woman kept in 'Dickensian' servitude for 25 years speaks out as abuser jailed](#)

A woman imprisoned and forced to work for a mother of 10 for more than a quarter of a century in "Dickensian" conditions has said nothing can give her back her lost years as her abuser was sentenced to 13 years.

**Learning Disabilities**  
**Intellectual disabilities** **Quality of life**  
**Carers** **Research**  
**Mental capacity** **Challenging behaviour**  
**Health information**



**NHS**

**Mersey Care**  
NHS Foundation Trust

25 March 2026

[New exhibition highlights the impact of inappropriate mental health detentions](#)

A compelling new exhibition will showcase the experiences of people with a learning disability and autistic people who have been detained in mental health hospitals, along with their families' struggle to secure their release.

