

Reports

[RSV immunisation programme: JCVI advice, 18 March 2026](#)

Statement setting out the findings from JCVI's initial considerations on respiratory syncytial virus (RSV) vaccination in those with underlying health conditions and advice on clinical risk groups for RSV.

[Active Essex Foundation's Sport and Youth Mental Health Project: impact evaluation, year two](#)

This report is the second year report of a three year evaluation of the Active Essex Foundation's Sport and Youth Mental Health Project, which supports local organisations from the voluntary, community and social enterprise (VCSE) sector to deliver sessions that combine physical activity and non-clinical mental health support that respond to children and young people's needs.

Statistics

[Adult mental health and wellbeing profile: April 2026 update](#)

Official statistics in development to support decision making when planning services to improve adult mental health and wellbeing at a local level in England.

Guidance

[Supporting young people to transition into adolescent and adult services](#)

This guidance supports services to provide developmentally appropriate care for 0 to 25-year-olds. It sets out proposed actions for integrated care boards, providers and clinical teams to enable safe and effective transition between services.

[Menopause: identification and management \[NG23\] \(Last updated: 15 April 2026\)](#)

This guideline covers identifying and managing menopause, including in people with premature ovarian insufficiency. It aims to improve the consistency of support and information provided to people experiencing menopause.

Publications

[Life Sciences Healthcare Goals \(Updates April 2026\)](#)

Bringing together industry, academia, the third sector and the NHS to tackle healthcare challenges such as dementia, cancer, mental health, obesity and addiction.

Consultations

[School Food Standards: updating the legislative framework](#)

Seeking views on updating the School Food Standards, so that every school is supported with the latest nutrition guidance.

Blogs

[Cause for alarm: what can safeguarding data tell us about the challenges facing health and care services?](#)

Baroness Casey's recent call for a national safeguarding board was another reminder of safeguarding's crucial role across health and care, but it can often go under the radar. In this explainer, Rachel Hutchings describes what safeguarding is, examines how safeguarding concerns and enquiries have changed over time, and states why they should be a cause for concern.

[Can the new women's health strategy deliver the improvement in healthy life expectancy it has set out to achieve?](#)

The women's health strategy, which has been published this week, includes an aim to improve healthy life expectancy in the poorest regions of England to "a minimum of 61 years". With the context being the 10-year plan, Sarah Scobie points out why this will be very hard to achieve.

["Nothing builds hope more powerfully than knowing you still matter to someone": Family ties matter if we want to end the revolving door](#)

"My mum, she never cut contact with me through my addiction. And she always used to say, like, you can do it, you know, you can do it, you just got to, like, you know, lock in and do it." – Lived experience member.

[Early childhood health literacy: A nursing view](#)

This blog explores how early childhood story sessions support literacy, language development, and family engagement, illustrating how social factors shape health literacy. It highlights the role of nurses in promoting learning, wellbeing, and early intervention beyond clinical settings.

[The mental health benefits of spring cleaning](#)

BPS chartered member Dr Stuart Whomsley explores the psychological benefits of living in a clean and tidy environment.

[The psychology behind 'pet parents' and the mental health benefits of birds in your garden](#)

As part of National Pet Month 2026, two BPS members take an in-depth look at the psychological benefits of being around pets and animals.

[Sydenham Garden: a community resource for better mental health](#)

Constituted as a charity in the London Borough of Lewisham, Sydenham Garden is a community resource whose green space creates opportunity for people to have better mental health.

[Targeted support: closing the advice gap with optimism – and caution](#)

The FCA's new targeted support framework has been widely welcomed as a potential solution to the "advice gap" – helping more people access useful support with pensions and investments.

News

[Women's voices to be at the heart of renewed health strategy](#)

Women across the country will be better heard and served under new plans set out in the renewed Women's Health Strategy.

[RCPsych welcomes Government's renewed Women's Health Strategy](#)

Today the UK Government has published its refreshed Women's Health Strategy for England, setting out a renewed approach to improving women's health outcomes.

[The Big Mental Health Survey 2026](#)

We know that more of us than ever need support with our mental health and are reliant on primary care, secondary care, voluntary or third sector organisations to receive support.

[BPS publishes standards for Paediatric Psychology Services, and calls on commissioners to ensure equitable access across the UK](#)

The British Psychological Society Faculty for Children, Young People and their Families have recently published new Standards for Paediatric Psychology Services that outline what services should be in place to be effective.





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[RSV maternal vaccine cuts baby hospital admissions by up to 85%](#)

Largest real-world study in England confirms premature infants protected by vaccination.

[Lifesaving spring COVID-19 jab offers protection to millions of vulnerable people](#)

Millions of eligible older people and those with a weakened immune system can now get potentially lifesaving protection from COVID-19 with NHS spring vaccinations starting this week.

[The doctor will see you... two weeks ago](#)

Almost 1 in 4 NHS patients and carers receive appointment invitations after their scheduled appointment date, new analysis reveals – highlighting widespread administrative failure across the health service.

[Unpacking the neighbourhood health framework: the good, the bad and the puzzling](#)

With the 10-year health plan criticised for lacking detail on how the litany of initiatives and ideas within it will be delivered, the recently published neighbourhood health framework was meant to help provide a clearer picture on how care will be shifted from hospitals to communities.

[NHS patients to get quicker tests and scans closer to home](#)

Government invests £237 million to expand community diagnostic centres across England.

