

Reports

[Independent review into mental health conditions, ADHD and autism: interim report](#)

Interim report outlining progress on the independent review into the prevalence and support for mental health conditions, ADHD and autism.

[Digital Inclusion Action Plan: One Year On](#)

A progress report on delivering the Digital Inclusion Action Plan, which launched in February 2025.

Guidance

[Demystifying clinical AI in mental health](#)

Key considerations for adopting artificial intelligence in mental health services.

Podcasts

[Living with Bipolar, Diagnosis and Women's Health](#)

For World Bipolar Day, Professor Sameer Jauhar speaks with Dr Clare Dolman, researcher at Edinburgh University and King's College London, about her personal experience of living with bipolar disorder and her research on bipolar and women's health.

[Conference Special: Child maltreatment, social media and young people's mental health](#)

In this episode of Children's Mental Health: Listen Up! Dr Elaine Lockhart was live at the Faculty of Child and Adolescent Psychiatry (CAP) conference in Manchester, and brought together two leading researchers to discuss some of the most pressing issues facing children and young people today.

Blogs

[A troubling gap – By and for services for black and minoritised victim-survivors of violence against women and girls](#)

The recent passage of the Mental Health Act 2025 is a welcome step in tackling the racial disparities long associated with 1983 Act.

[Protecting Children's Mental Health Online: Young People Lead the Conversation in Parliament](#)

On 2 March 2026, the Mental Health Foundation and Liz Twist MP brought together young activists, civil society leaders, clinicians, and policymakers for a vital conversation in Parliament about the pressing issue of how to keep children safe in the online world.

[Men's wellbeing groups are growing - and helping fill gaps in mental health support](#)

Pressure on mental health services across the UK is leaving many men without timely support when they need it most.

[A workforce for mental health in later life](#)

There are many dimensions to mental health inequality, but one that is often hidden is the paucity of support or attention we give to mental health in later life.

[The immense contribution of community nursing during the COVID-19 pandemic](#)

Christine Callender, Head of Nursing Practice, reflects on how the community nursing workforce must be invested in following COVID-19 and into the future.

[Health and care professionals should feel empowered to promote physical activity to their patients, and this is how we can support them](#)

Empowering health and care professionals to promote physical activity to their patients is vital to supporting them to stay in good health and independent for longer. So, what stops health and care professionals from discussing physical activity with their patients?

[What is social prescribing?](#)

Every so often, a news story along the lines of “Doctors to prescribe going to a cafe to combat depression” will come up in the news. And when it does, people will begin to ask questions like “does this really help mental health?”

[Healthier lives and a healthier NHS: the role of social prescribing](#)

At a time when the NHS is under extreme fiscal pressure, interventions need to show every ounce of effectiveness if they are to deliver real ‘bang for the buck’.

[Dental health and mental health: six clinical facts](#)

Welcome to this month’s blog marking the World Oral Health Day 2026, in which our guest author, Dr Ava Carter (Dental Surgeon and Medical Doctor with specialty in Consultation Liaison Psychiatry) and the PMHIC team highlight the key facts around oral health and mental health, which affect patients and people living with mental health conditions.

News

[Community mental health survey 2025](#)

This survey looks at the experiences of people who use community mental health services.

[National survey shows improvements in support and communication, alongside ongoing challenges in access and crisis response](#)

A national survey of more than 12,000 people highlights improved support from community mental health teams alongside ongoing challenges in access to crisis care and therapies, and wider life support.

[Mind responds to CQC Annual Community Mental Health Survey findings](#)

The Care Quality Commission (CQC) has released its latest annual community mental health survey.

[SANE responds to the latest CQC community mental health report](#)

Community mental health care is struggling to meet people’s needs, a survey by the Care Quality Commission shows.

[Interim report of prevalence review confirms that rising distress is real, but questions remain about how to respond, says Centre for Mental Health](#)

This week’s interim findings from the independent review are an important step in moving beyond an often divisive debate about overdiagnosis. They confirm what many people, including young people, families and professionals already know – there has been a genuine rise in mental health distress, particularly among children and young people.

[Psychological distress one of country’s ‘greatest crises’](#)

We respond to the Interim Report from the UK government’s independent review into mental health conditions, ADHD and autism.

[RCPsych comments on interim findings of independent prevalence review](#)

The interim findings of an independent review into the prevalence of mental health and neurodevelopmental conditions have been published by the UK Government.

[Mind responds to Interim Prevalence report](#)

The interim Independent Review Into Mental Health Conditions, ADHD And Autism has been published by the UK Government.

[Four key tests for the government's 'new approach' to mental health](#)

In December, the Health and Social Care Committee in Parliament published a report on community mental health services, recommending how the government can better support people living with mental illness.

[New screen time guidance for parents of under-5s](#)

Government answers parents' calls for support on screen time with new evidence-backed guidance.

[Men to get better health support through innovative partnership](#)

Partnership with Movember and People's Health Trust to trial new approaches to improve men's health.

[Communities to benefit from health centres on their doorstep](#)

Government rolling out first 27 neighbourhood health centres, providing more care closer to home.

[£1 billion invested in health protection as new Pandemic Strategy published](#)

New Pandemic Preparedness Strategy has been published alongside the UK Government's response to the Covid-19 Inquiry Module 2 report.

[Hundreds of Best Start Family Hubs open nationwide](#)

More parents can save hundreds of pounds through free services, as over 200 Best Start Family Hubs open nationwide this week, helping with the cost of living.

[Millions of older people to get vaccine against serious lung infection](#)

Millions of older people can now get protection against a virus which causes serious lung infections like bronchitis and pneumonia – preventing potentially thousands of hospital admissions a year.

[British Social Attitudes survey: boost in public satisfaction with the NHS for the first time since pandemic](#)

Public satisfaction with how the NHS is run has increased for the first time since the Covid-19 pandemic, according to analysis from The King's Fund and the Nuffield Trust.

[Glimmers of light but no new dawn in public satisfaction with the NHS](#)

This year's responses to the annual British Social Attitudes survey on the NHS and social care are as complex to interpret as they are hopeful.

[CQC's assessment of gambling treatment services: End of programme report](#)

In February 2023, the Care Quality Commission (CQC) was asked by the Gambling Commission and GambleAware to inspect 14 organisations that provide gambling treatment services as part of the National Gambling Support Network (NGSN).

[New consultation to help children to enjoy healthier diets](#)

The government has opened a public consultation on applying the new nutrient profiling model to advertising and promotions restrictions.

[Injection for more than a million people to help prevent heart attacks and strokes recommended](#)

People who have had a heart attack, stroke, or serious circulation problem in their legs, and who also carry excess weight, can now be offered a weekly injection to help protect them from a further life-threatening event, NICE has said.

[Over a million people could be offered Wegovy to cut heart attack and stroke risk on the NHS](#)

A new life-changing treatment option – GLP-1 drug semaglutide known as Wegovy – is set to be available on the NHS within months, with 1.2 million people with cardiovascular disease eligible to receive the treatment to help prevent heart attacks and strokes over the next few years.

[News: Consultation launched to strengthen food advertising and promotion rules](#)

We welcome the Government's consultation on applying the updated Nutrient Profiling Model (NPM) to existing restrictions on the advertising and promotion of less healthy food and drink – an important next step in improving the UK's food environment.

[Health devolution in Greater Manchester and South Yorkshire](#)

Communities in Greater Manchester and South Yorkshire will benefit from a greater focus on preventative healthcare.

[Mann recommendations agreed in consultation on GMC overhaul](#)

The most significant overhaul of the regulation of medical professionals since 1983 will be set out in a consultation on the General Medical Council Order.