

Welcome to the new Neurodiversity Bulletin!

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Studies

["The best way we can stop suicides is by making lives worth living": a mixed-methods survey in the UK of perspectives on suicide prevention from the autism community](#)

Autistic people are at higher risk of dying by suicide than are non-autistic people, but research focused on suicide prevention in autistic individuals is lacking.

[Cultivating Strengths: Extracurricular Activity Participation in Relation to Psychological Wellbeing and Social Functioning in Adolescents with and without ADHD](#)

Extracurricular activities are viewed as important contexts for supporting adolescent wellbeing and functioning. Yet, less is known about how participation relates to wellbeing across adolescence, particularly among youth at heightened risk for social and emotional difficulties, such as those with attention-deficit/hyperactivity disorder (ADHD).

[Group-Based Psychological Interventions for Autistic Youth with Chronic Pain: Narrative Review and Practice Considerations for Intensive Interdisciplinary Pediatric Pain Treatment](#)

Emerging work characterizing youth with chronic pain increasingly recognizes a large cohort of youth with co-occurring chronic pain and autism.

[A Universal, Neurodiversity Affirming, and Trauma-Informed Model for IVF Psychological Support: Bancroft's Hope Affirm Thrive Model](#)

In vitro fertilization (IVF) treatment often involves significant psychological distress, yet many current support models are limited in taking a preventative lens and one which considers neurodiversity.

["It's like calling short people vertically challenged": Language and terminology preferences among neurodivergent adults in the United Kingdom](#)

Neurodivergent people (e.g., dyslexic people) do not always agree with the terms commonly used by others (e.g., professionals) to describe their neurodivergence.

[Evaluating Public Sentiment on Attention-Deficit/Hyperactivity Disorder and Autism Spectrum Disorder Compared With Other Mental Health Disorders From Posts on X \(Formerly Known as Twitter\): Longitudinal Analysis](#)

Neurodevelopmental disorders, especially attention-deficit/hyperactivity disorder (ADHD) and autism spectrum disorder (ASD), have seen a marked rise in public attention, yet research on public opinion remains limited. Social media analysis offers real-time, unfiltered insights into public perceptions, enabling empirical examination of public attitudes and opinions.

Guidance

[Minimum standards for keyworking services for autistic children and young people and children and young people with a learning disability](#)

These minimum standards support integrated care boards (ICBs) as they commission keyworking services for autistic children and young people and children and young people with a learning disability who are at risk of an inpatient mental health hospital admission or who are currently in an inpatient setting.

Blogs

[Challenging misinformation about autism: using evidence to correct false claims](#)

Over the past few days, several articles including this one from Dame Uta Frith in the media have discussed false narratives and outdated ideas about autism, including misinformation that autism is being 'over diagnosed'.

[Rethinking behavioural support for Autistic people: Why "behavioural" approaches can miss the mark](#)

Using her professional insight, Becky highlights how behaviourist approaches, such as PBS, often overlook the internal lived experiences of the patients and calls for the widespread adoption of neurodiversity-affirming approaches in healthcare.

[Moving to Neurodivergent-affirming care](#)

Lucy explores what Neurodivergent-affirming care is and what it isn't, as well as sharing how you can start to grow your Neurodivergent-affirming practice today, with our new interactive toolkit.

[The world isn't too much - it just isn't always built for my daughter](#)

There was a time when I thought the world was simply too much for my daughter.

["ADHD and Menopause: The Perfect Storm No One Warned Us About"](#)

"The collision of ADHD and menopause is not a footnote. It is not rare. It is not a personal failing. It is a perfect storm that nobody warned us about, and the silence around it has cost too many women too much, for too long."

[Living Alone with ADHD: the Good, the Bad and the Ugly](#)

As I write this, I am sitting on my couch on a sliver of space, having pushed laundry to the side.

News

[No joined-up approach, role of autism diagnosis and parental failings: key points from Southport inquiry](#)

Report finds dozens of warning signs about Axel Rudakubana were missed and identifies five main failures.

[English councils need to hire 1,400 more educational psychologists, says report](#)

Rising demand from children with special needs means the £140m required could come from government grants.

[AuDHD means being autistic and having ADHD. And it can look very different to a single diagnosis](#)

When you finally receive a neurodevelopmental diagnosis that reflects your strengths and the challenges you face, it can be life-changing.

[Taking Tylenol during pregnancy has no link to autism, new study finds](#)

Trump has pushed unfounded claims of Tylenol use in pregnancy being tied to 'a very increased risk of autism'.

[MPs to hold a debate on SEND provision and reform](#)

On Monday 13 April in the House of Commons Chamber, MPs will hold a debate on SEND provision and reform.

[Statement from Emma McNally, CEO Tourettes Action, following BBC Apology](#)

The period following the BAFTAs was deeply upsetting for many people, particularly those within the Tourette's community and the Black community. What made this time especially distressing was the way these communities were too often framed in opposition to one another, as if there had to be a "winner and loser". This framing was harmful and unfair to everyone involved.

[What neurodivergent people really think about the words used to describe them](#)

Labels like autism, attention deficit hyperactivity disorder (ADHD) and dyslexia are not new. But the way we understand them is changing.

[4 Big Insights About ADHD Brain Chemistry](#)

A crash course on the neurotransmitters implicated in ADHD and how new medications are targeting serotonin, a historically overlooked chemical in ADHD treatment.

[How to Stop Emotional Distress from Snowballing](#)

The four key skills and practices you need to manage emotional distress and support regulation.

[Top 3 things to know when disclosing a neurodivergent identity or access need](#)

For many people, disclosure comes with a mix of relief, uncertainty, hope and vulnerability. You might be thinking about how much to share, how it will be received or whether it will genuinely lead to better support. All of those feelings are valid.

[The Assembly review – TV has rarely seen anything like this delightful gem](#)

A group of neurodivergent and disabled young adults ask Stephen Fry the tough questions most others don't dare to – and it makes for a truly liberating experience.

[Inspirational success stories are great but is ADHD really a superpower for elite athletes?](#)

Researchers say mainstream framing of the condition as a characteristic for success can be invalidating for those who are struggling.

[Special agents: the rise of the neurodivergent hero in TV crime drama](#)

There is a seemingly endless flow of crime dramas on streaming platforms these days. Many are fictional, some dramatise real historical crimes and criminal figures.