

Please visit <https://www.evidentlybetter.org/bulletins/suicide-prevention/> to view our webpage featuring key links and emerging reports about suicide prevention.

Studies

[Automating thematic review of prevention of future deaths reports: concordance study of a child-suicide analysis using large language models](#)

A national thematic review of child-suicide PFD reports can be fully automated with high concordance to expert judgement, dramatically reducing time and labour while recovering previously missed cases.

[Perpetration of intimate partner violence and suicide attempt, suicidal ideation, and non-suicidal self-harm: a cross-sectional secondary analysis using the Adult Psychiatric Morbidity Survey](#)

There were greater odds of suicidality and self-harm among self-reported perpetrators of IPV compared to the general population. Many of these associations were accounted for by non-IPV life adversities, IPV victimization and substance use. Improving the identification and management of IPV perpetration, and developing targeted safety planning and interventions for this group could reduce suicide for perpetrators and victims of IPV.

[Self-Care Is ... A Qualitative Characterization of Self-Care Among Individuals Engaged in Non-Suicidal Self-Injury](#)

This study contributes to a more nuanced understanding of self-care among individuals with NSSI by highlighting its emotional, cognitive, and relational dimensions in the context of mental health difficulties. Rather than a checklist of healthy habits, self-care emerged as a dynamic and meaning-laden process shaped by therapeutic experiences, internal negotiations, and the challenges of daily life. Recognizing this complexity can help promote more compassionate, flexible, and person-centered approaches in both research and clinical practice.

[Advances in the study of non-suicidal self-injury in adolescents and emerging adults: integrating the BJPsych Open thematic series](#)

The BJPsych Open thematic series is devoted to recent advances in the study of non-suicidal self-injury (NSSI) in youth. Together, this body of work reveals new insights that, if replicated, could be translated into clinical practice, enhancing our abilities to understand and treat young people presenting with NSSI.

[Mental health practitioners' experiences and practices in making decisions about onward care for patients presenting to emergency departments with self-harm or suicidal ideation: systematic review and meta-synthesis](#)

Intersecting institutional, systemic and emotional pressures shape MHPs' practices, undermining assessment quality and access to care. System-level reforms and training should promote relational, compassionate care. Limited quantitative evidence restricted integration, and the review reflects high-income Western settings.

[Prevalence and related factors of anxiety symptoms in patients with major depressive disorder and a history of recent suicide attempts: cross-sectional study](#)

Anxiety is associated with risk of RSA in patients with MDD, and depressive symptoms, positive psychotic symptoms and thyroid function may be related factors for severity of anxiety.



[Do prescribed opioids increase self-harm and suicide?](#)

Study of 3 million Australian adults prescribed opioids, 84% of self-harm events and 81% of suicides didn't involve opioids. Challenges belief that prescribing increases self-harm risk.

News

[Teenager died after asking ChatGPT for 'most successful' way to take his life, inquest told](#)

A 16-year-old boy killed himself after asking ChatGPT for the "most successful" way to take your own life, an inquest has been told.

[Men to get better health support through innovative partnership](#)

Partnership with Movember and People's Health Trust to trial new approaches to improve men's health. The new partnership is one of a number of steps being taken. Suicide is one of the biggest killers of men under 50 and three-quarters of all suicides are men. That's why the government is also investing £3.6 million over the next 3 years in suicide prevention projects for middle-aged men in local communities across areas of England where men are at most risk of taking their own lives, many of which are also the most deprived.

[A small moment of noticing made a big difference](#)

While out on a walk, Cathy* noticed a woman standing alone on a bridge. Something about the situation made her pause. She'd usually expect someone in that area to have something with them - a bag, car keys, something - but she noticed the woman had nothing with her. Combined with a pensive expression, the whole situation felt 'off' to Cathy. Cathy remembered from taking the ZSA Suicide Awareness Training that when something feels "off", it's worth slowing down and paying attention.

[As Big tech found liable for harm it's now up to Government to Act](#)

Molly Rose Foundation is calling for the Government to act after Meta and Google were found liable for social media harm in lawsuits in the US. Following the lawsuits in Los Angeles and New Mexico our CEO Andy Burrows appeared on BBC Breakfast and called for a new Online Safety Act to be announced in the upcoming King's Speech.