

Please visit <https://www.evidentlybetter.org/bulletins/suicide-prevention/> to view our webpage featuring key links and emerging reports about suicide prevention.

Studies

[Characteristics of Adolescents With Elevated Suicide Risk Presenting to the ED With Physical Health Complaints](#)

In conclusion, universal suicide risk screening identified that 2.4% of adolescents who presented to the ED for a physical health complaint had suicidal ideation, plan, or attempt in the past week. These findings support universal ED screening as a key strategy to detect adolescent suicide risk. However, prioritizing enhanced screening for patients with chief complaints associated with elevated suicide risk may provide a pragmatic, complementary approach to improve suicide risk detection and enable potentially life-saving intervention in the ED.

[Effects of Digital Interventions Implemented in Schools to Improve Youth Emotion Regulation: A Systematic Review](#)

This systematic review aimed to synthesize the effects of existing school-based digital interventions designed to improve youth emotion regulation. Seven of the school-based digital emotion regulation interventions, including MoodGYM, e-Couch Anxiety and Worry Prevention Program, iTRAC, Shamiri digital intervention, SPARX-R, Reframe-IT, and ThisWayUp, demonstrated effects in improving anxiety and or depressive symptoms, self-awareness, self-efficacy, and access to emotion regulation strategies. Reframe-IT reduced suicidal ideation.

[Emotion Reactivity Moderates the Association Between Momentary Negative Affect and Suicidal Thinking](#)

These findings highlight the importance of including emotion reactivity in models of suicide and suggests trait-level patterns of emotional responses are important to consider when modeling associations with momentary suicidal thoughts and behaviors. Between-sample inconsistencies regarding which facets drove this relationship may speak to differences in emotional processing, which could hold important treatment implications.

[Ketamine addiction following a single sub-anaesthetic ketamine treatment for acute suicidality in a psychiatrically multimorbid patient: case report](#)

This case report presents the case of a 25-year-old woman who developed ketamine addiction following a single sub-anaesthetic dose of intranasal ketamine in a pilot study investigating intranasal racemic ketamine for acute suicidality. Following the intervention, she reported a transient reduction in suicidal ideation but later sought illicit ketamine to recreate its calming effects on intrusive thoughts. This case highlights the addictive risk of ketamine, even in controlled settings.

[Suicide in sculpture: qualitative thematic analysis and psychiatric perspective](#)

Sculpture provides a unique medium for the translation of individual suffering and the collective meanings of suicide into public form. An interdisciplinary reading of these works supports culturally informed clinical reflection and contributes to ethically attentive public communication and prevention strategies.

[A micro-sociological approach to prolonged grief disorder: identification and measurement of simpatico, a novel interpersonal risk factor](#)

PGD is a risk for diverse and detrimental outcomes such as suicidal ideation, high blood pressure and cancer. Results identify simpatico as a new, particularly influential, interpersonal risk factor for PGD. Further, according to the micro-sociological theory, results suggest that promotion of simpatico relationships among bereaved persons may compensate for the social deprivations resulting from simpatico relationship losses. In these ways, this study identifies mourners at risk and suggests promising ways to intervene to reduce mourners' risk of PGD.

[Youth visiting the emergency department after a suicide attempt, suicidal ideation or non-suicidal self-injury: trends, repeat visits and costs](#)

Since 2016, an increasing number of youth visited the emergency department of a Dutch hospital after a suicide attempt, but this increase does not seem to continue after 2022. Hospital-invoiced costs differ substantially between patients.

Statistics

[Quarterly suicide death registrations in England](#)

Provisional rate and number of suicide deaths registered in England per quarter. Includes 2001 to 2024 registrations and provisional data for Quarter 1 (Jan to Mar) to Quarter 4 (Oct to Dec) 2025. These are official statistics in development. [Dataset](#)

News

[Samaritans urges Minister to support firefighters as suicide call outs reach record high](#)

Fire services are now responding to record numbers of suicide related call-outs according to latest figures, prompting Samaritans to call for mandatory suicide prevention for all firefighters.

[First teenage suicide linked to domestic abuse recorded in England and Wales](#)

The first teenage girl has been identified as having been driven to kill herself after domestic violence, as police chiefs blamed violent pornography and "toxic" influencers for being behind a rise in teen abuse. Suicides after domestic abuse have outstripped homicides for the third year running, according to the [Domestic Homicide Project](#), which records deaths in England and Wales after domestic abuse. Last year, there were 347 deaths, including 150 from suicide and 125 domestic homicides.

[Call for UK gambling reform after 'generous and caring' woman takes her own life](#)

Ellen Mulvey ran up huge betting losses online and wrote 'addiction is the worst disease' before she died.

[Real experiences - Alex's story](#)

Alex was waiting for public transport one cold evening when she noticed someone on the opposite stop who seemed unsettled and in distress.