

Reports

[New report urges NHS to embed welfare advice in mental health services](#)

Providing advice to people receiving mental health care in both hospital and community settings is critical to effective care and recovery, according to a new report from Centre for Mental Health.

[Drug use in ethnic minority groups: a review and recommendations](#)

This report reviews drug use in ethnic minority groups and outlines recommendations for further data collection.

[Maternity experience survey 2025: national qualitative report](#)

The focus of this report is on the 2025 NHS Maternity survey, which gathered feedback from patients about their experiences of care provided before giving birth (antenatal care), during labour and delivery, and up to 8 weeks following birth (postnatal care).

[Strengthening inclusive NHS England messaging](#)

This reports shares findings on how NHS England can design inclusive messaging that supports people to act on appointments, tests, and care information without increasing inequalities.

Guidance

[NHS continuing healthcare: giving consent for information-sharing](#)

Guidance for individuals giving consent for information on their care and treatment to be shared with a third party.

[Best practice guide for NHS frailty pathways](#)

This best practice guide sets out the priorities and related key actions to help ensure people living with frailty and those who support them experience high-quality care and support: co-ordinated, compassionate care that is personalised, consistent, and easy to navigate.

Reviews

[Adult community mental health: rapid literature review](#)

This review looks at the current landscape in adult community mental health. We commissioned the University of Birmingham's Health Services Management Centre to carry out this research and write the full report.

Case Studies

[Reducing waiting times from referral to assessment for routine community CYP mental health services](#)

Hertfordshire Partnership University NHS Foundation Trust identified a significant backlog in the number of young people waiting over 28 days for assessment on their pathway for routine referrals.

Collections

[Health Bill](#)

Information relating to the Health Bill, which was introduced in the House of Commons on 14 May 2026.

Blogs

[Psychology Matters: “When you work in community-based health and social care, you see very quickly that people’s wellbeing is shaped by their circumstances”](#)

We spoke to Dr Michelle Templeton, Chief Executive of a community-based organisation, with a background in health psychology about how psychology can be weaved into services.

[Alcohol Harm in the Age of Delivery Apps: My uncle’s struggle](#)

In this personal blog, Cassie, a lived experience campaigner and advocate, shares her family’s experience of alcohol addiction and how online alcohol delivery apps have made alcohol easier than ever to access.

[Solving problems where they start: Our new evidence on the need for integrated money and mental health support](#)

If you’re worrying about how you’re going to afford to feed your family, anticipating letters about unpaid debts dropping through the letterbox, or living in fear of an unexpected expense like your car breaking down – it’s no wonder that this might be having a huge impact on your mental health.

News

[Government to transform mental health care with new strategy](#)

New mental health strategy will transform care in England and drive shift from crisis intervention to preventative care.

[Mental Health Foundation applauds announcement of government mental health plan](#)

The government has announced a call for evidence to feed into a new cross-government plan for addressing levels of poor mental health in England.

[Mind reacts to new mental health strategy](#)

Speaking in response to the Department for Health and Social Care’s announcement of a new cross-government Mental Health Strategy for England and Call for Evidence Dr Sarah Hughes, Chief Executive of Mind.

[Centre for Mental Health welcomes announcement of cross-government mental health strategy](#)

“A cross-government strategy for mental health is an essential building block for a mentally healthier future and we warmly welcome the Government’s commitment today to creating this,” Centre for Mental Health chief executive Andy Bell said today.

[SANE calls on patients and carers to share views on improving services and help shape new mental health strategy](#)

A new mental health strategy has been pledged by the government to support people earlier and faster, and help those who are struggling to live a full life.

[‘A significant step forward’: We welcome new cross-government mental health strategy](#)

The government has announced a significant 10-year cross-government strategy to improve mental health care.

[RCPsych ready to support planned mental health strategy for England](#)

The UK Government has launched a Call for Evidence to help shape a new cross-government Mental Health Strategy for England.

[New mums in deprived areas more than twice as likely to die by suicide](#)

Suicide is the leading cause of maternal deaths in the UK, with rates of maternal suicide the highest among new mums residing in the most deprived areas.

[UK using harmful habits to manage mental health](#)

New data released today by the Mental Health Foundation has revealed widespread use of unhealthy coping mechanisms by people when they are “stressed, anxious, or low.”

[One in three UK adults turn to nature to support their mental health, new polling reveals](#)

The Mental Health Foundation is encouraging more people to get outdoors after new polling revealed that one in three (30%) UK adults spend time in nature to support their mental health.

[Better patient care as NHS set to introduce Single Patient Record](#)

Safer and faster care for patients as NHS set to introduce Single Patient Record and cut bureaucracy.

[Our theme for Mental Health Awareness Week 2026 – Valuing Lived Experience](#)

For Mental Health Awareness Week 2026, Together’s theme for the year is Valuing Lived Experience.

[Community sharing app delivers mental health and wellbeing benefits, survey finds](#)

Users of sharing app Olio, which helps people save money, cut waste, and connect with their community, are discovering unexpected benefits including improved mood, a renewed sense of purpose, and stronger community connections.

[RCPsych and NHS England to develop guidance on use of Ambient Voice Technology](#)

The College and NHS England are developing new guidance on the use of Ambient Voice Technology (AVT) in clinical practice with patients with mental health needs, learning disabilities or neurodivergent people (MHLDN).

[Research reveals mental health inequalities among sexual minority groups experiencing homelessness](#)

Research led by King's College London has found that sexual minority individuals (LGB+) who have experienced homelessness have worse mental health outcomes than their heterosexual peers.

[AHA response to alcohol-specific deaths statistics in the UK in 2024](#)

New figures published today by the Office for National Statistics (ONS) reveal that 9,809 people died from conditions caused by alcohol across the UK in 2024.