

Publications

[Government response to the report 'The First 1000 Days: a renewed focus'](#)

The government's response to the Health and Social Care Committee report on improving support for babies, children and their families in the first 1,000 days of life.

Studies

[Generative artificial intelligence-driven chatbots and medical misinformation: an accuracy, referencing and readability audit](#)

We conducted an original study to audit chatbot responses in health and medical fields prone to misinformation.

Online Events

[NHS Online: The future of planned care](#)

The new NHS online hospital launches in 2027, but what is it and how will it work? Join our free online event on 11th May at 2pm to learn more.

Blogs

["More Than Missing School"](#)

Dr Elaine Allan - FQNIS, Visiting Research Fellow Robert Gordon University (RGU), School and Public Health Nurses Association (SAPHNA) Consultant, Member- National Association School Nurse Academics (NASNA) highlights an important initiative led by Specialist Public Health Nurse (SCPHN) school nurse (SN), Shona Gray in NHS Grampian Scotland, which could be replicated UK wide.

[How Britain's housing crisis contributes to its declining healthy life expectancy](#)

People in the UK are now spending fewer years in good health than they did a decade ago, according to a new analysis by the Health Foundation. The UK now sits near the bottom of a 21-country comparison, ahead only of the US.

[Women's Mental Health in Bloom March 2026](#)

In what has been an extremely difficult month globally due to the war in Iran, I wanted to shine a light on a more positive global event that took place in March, part of our Women's Mental Health strategy and marking International Women's Day – the inaugural 'Women's Mental Health in Bloom' global webathon.

[Adopting a greener lens on mental health](#)

In this blog post we discuss the ongoing review into rising demand for mental health services and call for the review's scope to include planetary health and sustainability.

[TikTok's 'nonnamaxxing' trend explained: here's how living like an Italian grandma can benefit health and wellbeing](#)

Proponents of the trend say that adopting the lifestyle habits of an Italian nonna will help improve your health and mental wellbeing. The core principles of the trend are simple: make time for your friends and loved ones, eat foods grown from your own garden and cook hearty meals at home.

News

[NHS overhauls clinical standards to reduce maternal deaths](#)

Every maternity service in England will need to meet new clinical standards, set out by the NHS, to significantly reduce the number of women who die each year during or after pregnancy.

[Overwhelmed community mental health nurses raise alarm over staffing and caseloads](#)

Nursing staff say their workload feels "unmanageable and unsafe" on a daily basis.

[Mental health performance target needed to address "appalling treatment gap"](#)

The NHS Alliance is urging the government to introduce a new NHS mental health performance target for children and young people (CYP) to help address an "appalling treatment gap" for people with mental ill health who can't access care.

[Britons united on mental health, but politics lags behind, polling finds](#)

New polling shows strong public backing for better mental health care, but politics has yet to catch up. Head On launches to turn that consensus into pressure for action.

[Key target hit with 8,500 extra mental health workers in the NHS](#)

Thousands more therapists, psychiatrists and mental health nurses are working in the health service.

[Mind responds to mental health staff targets: 'More fundamental rethink about mental health services needed'](#)

In response to news that the UK Government has hit its target to recruit 8,500 additional mental health workers three years ahead of schedule, Tom Pollard, Head of Policy, Public Affairs and Campaigns.

['Government must now set a more ambitious goal': We respond to news of additional 8,500 mental health workers](#)

The government has announced it has recruited 8,500 additional mental health workers, in line with a manifesto commitment.

[BPS responds to 8,500 extra mental health workers recruited for the NHS](#)

The new staff include therapists, mental health nurses and support staff. They are now in post across NHS trusts and community health services in England.

[Tobacco and Vapes Bill becomes law](#)

The next generation will be smoke-free as Tobacco and Vapes Bill is granted Royal Assent.

[RCGP response to the Tobacco and Vapes Bill](#)

RCGP President Victoria Tzortziou Brown welcomes the landmark Tobacco and Vapes Bill gaining Royal Assent as a decisive step towards preventing addiction, reducing health inequalities and improving the nation's health.

[Mental health services must tackle poverty and isolation to improve outcomes, say researchers](#)

UK Mental health services are failing to adequately address the social and economic needs of service users, despite these being critical to recovery, according to a major new body of research from King's College London.

[PIF members respond to the renewed Women's Health Strategy](#)

While there are some concerns about funding, most welcome the 'desperately needed' strategy which promises women's voices will be listened to.

[Supported housing crisis costs NHS mental health services in England £102 million a year](#)

Mental health patients are being forced to remain in hospital despite being clinically ready for discharge.

[Experiencing adversity linked to greater frailty in middle-aged and older adults](#)

New research from the Institute of Psychiatry, Psychology & Neuroscience (IoPPN) at King's College London has found that experiencing adversity in childhood, adulthood or both is associated with greater frailty in middle-aged and older adults.

[1,000 NHS staff call Martha's Rule helplines in first 18 months](#)

More than 1,000 NHS staff across England have used Martha's Rule helplines to help identify rapid deterioration of a patient's condition in the first 18 months of the scheme, new figures show.

[Hospital patients can now check appointments in the NHS App](#)

Hospital patients at every NHS trust across England can now check their referrals and appointments through the NHS App, making it easier for millions of people to manage their care in one place.

[Health and Digital Literacy Survey 2025/26](#)

The 2025/6 survey is the fourth periodic survey carried out by PIF on action by health organisations on health and digital literacy.

[Should you really trust health advice from an AI chatbot?](#)

For the past year, Abi has been using ChatGPT – one of the best known AI chatbots – to help manage her health.

[Widespread Public Support for Government to Hold Big Food Accountable for Food-Related Ill Health](#)

New polling conducted by YouGov on behalf of the Recipe for Change campaign indicates widespread concern among the British public about the affordability and accessibility of healthy food, alongside strong backing for government intervention in the food system.