

Welcome to the new Learning Disabilities Bulletin!

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Studies

[A Systematic Review of the Experiences of People with Intellectual Disabilities Attending Mindfulness-Based Therapeutic Interventions](#)

There has been an increase in the number of adults with intellectual disabilities (ID) being offered psychological therapy over the past two decades. Mindfulness-based interventions may be an effective intervention in reducing distress for this group.

[Inclusive pedagogy outdoors: forest school and the engagement of students with special educational needs](#)

This study investigates the role of Forest School (FS) as a model for inclusive education within a mainstream English primary school.

[Immersive Virtual Reality–Supported Cognitive-Behavioral Therapy for Patients With Mild to Borderline Intellectual Disabilities and Substance Use Disorders: Two Exploratory Studies](#)

Substance use disorders (SUDs) are prevalent and characterized by high relapse rates. Individuals with mild to borderline intellectual disability (MBID) are more likely to develop SUDs and face barriers within treatment related to difficulties they experience with abstract thinking, verbal skills, and generalizing learned strategies to real-world contexts.

[Daily Living Skill Profiles in Adolescents With Autism and Developmental Disabilities](#)

What daily living skills (DLS) are adolescents with autism performing independently and what are the strongest predictors of independent DLS?

News

[Paradigm gifts its work to Learning Disability England to strengthen national voice and impact](#)

Paradigm and Learning Disability England (LDE) are pleased to announce an important development in our shared commitment to ensuring that people with learning disabilities and their families are valued, included and able to live good lives.

[Mental Health Act: disabled campaigners call for greater co-production](#)

The Bring People Home From Hospital network, the only national network of organisations run by and for autistic people and people with learning difficulties, has called on the Government to involve disabled communities more closely in its work on the Mental Health Act.

[Disabled groups 'shut out' of work to engage people with lived experience in Mental Health Act code update](#)

Disability rights groups criticise Department of Health and Social Care's failure to produce Easy Read versions of tender documents for work to engage people with lived experience in update of Mental Health Act code of practice.

Learning Disabilities

Intellectual disabilities Quality of life
Carers Research
Mental capacity Challenging behaviour
Health information



NHS

Mersey Care
NHS Foundation Trust

7 May 2026

[Committee responds to SEND consultation](#)

Today the Education Committee has responded to the government's consultation on reforms to special educational needs and disabilities (SEND) support.

[Learning disability services: 3.5% drop in Local Authority fee rate uplifts](#)

There has been a 3.5% drop in Local Authority fee rate uplifts across all learning disability and autism services, according to the Association for Real Change (ARC England).

['People assume we're grifters': disabled Britons report rise in abuse over blue badges](#)

Badge holders and carers report being harassed, filmed and threatened by strangers who think they are faking disability.

