

\*\*\*Please visit <https://www.evidentlybetter.org/bulletins/suicide-prevention/> to view our webpage featuring key links and emerging reports about suicide prevention.\*\*\*

## Studies

### [Supporting Adolescents Bereaved by Suicide or Other Traumatic Death: The Views of Counselors](#)

This study aimed to examine the perspectives of counselors (N = 34). Eleven participated in an individual semi-structured interview and 23 others in group interviews. Thematic analysis yielded three themes: (1) Building a relationship with the bereaved adolescent, (2) Offering support tailored to the needs of the grieving adolescent, and (3) Offering strengths-based and sustainable support. Counselors' skills, attitudes, content-related expertise, and approaching the adolescent's grief within their developmental context were deemed essential for building a therapeutic relationship and offering viable support. The findings may inform good practices in counseling bereaved adolescents to facilitate positive mental health outcomes.

### [The Role of Nurse Practitioners in the Reframing of Suicide Risk](#)

Effective suicide prevention requires expanding beyond symptom management to include upstream social risk factors. Nurse practitioners are well-positioned to lead these efforts through early identification, integrated care delivery, and whole-person primary care models addressing both clinical and social drivers of suicide risk.

### [Making Room to Be OK: A Feminist Grounded Theory Study of How Women Manage Their Health in the Context of Suicide Ideation](#)

Data from interviews with 32 Canadian women were analyzed using the constant comparative method, elevating the data to a higher level of abstraction. We found that women with SI manage health by making room to be OK, creating space within their environments that allows them to better manage unbearable psychological pain. Making room to be OK becomes possible through acceptance, social recognition that ending unbearable psychological pain is a legitimate health need. Approaches critical to helping women make room to be OK include offering spaces within healthcare and community settings where SI can be discussed without pressure to think or feel otherwise. These trauma- and violence-informed approaches diverge from dominant medical services that seek to control women's suicidality.

### [Psychiatric safety of methylphenidate in adults with major depressive disorder: a 1-year retrospective cohort study of 6,422 patients](#)

In adults with MDD, methylphenidate use was associated with a lower risk of hospitalization or emergency visits and was not linked to increased risk of suicidality, mania, or recurrence. These findings support the psychiatric safety of methylphenidate as an adjunctive treatment for selected patients, though longer follow-up is needed.

### [Slower motor speed as a predictor of suicide attempts in high-risk youth](#)

Slower motor speed predicts actual suicide attempt and may help identify psychiatric patients who are at high risk for suicidal behavior.

### [Suicide prevention must address homelessness, not just mental health](#)

A large population cohort study finds that homelessness is an independent driver of suicide risk, pointing to the limits of mental health-focused prevention alone.



### [The evolution of suicide mortality in Europe: decline with persistent disparities in an age-period-cohort analysis](#)

Despite an overall decline, suicide mortality in Europe exhibits persistent regional and demographic differences. This study reveals emerging risks among younger cohorts, specifically Northern European women and Southern European men, signalling shifting patterns that are not apparent from overall temporal trends alone. This evolving risk profile calls for sustained surveillance and research to investigate the drivers of these population-specific vulnerabilities.

## News

### [Only 3% of suicides linked to domestic abuse result in prosecution, data shows](#)

Only 3% of suicides related to domestic abuse in England and Wales in the past five years have resulted in any sort of prosecution, figures show. Between 2020 and 2025, 553 people took their own lives after suspected abuse in an intimate relationship, but only 17 posthumous charges were brought. The figures, released by the [National Police Chiefs' Council](#), revealed that in 2025, someone in an abusive relationship was more likely to take their own life than be killed by their abuser. It was the third year running that stats had shown this to be the case.

### [Ripple Suicide Prevention Launches Community Reporting Tool](#)

Ripple Suicide Prevention, the charity pioneering online safety through crisis intervention technology, has announced the launch of the Ripple Community Reporter: a new browser extension that enables anyone with a professional or personal interest in mental health, suicide prevention and online safety to report harmful or potentially dangerous online content directly and securely to the Ripple team.

### [HMP Liverpool prisoner told mum 'I can't do this anymore' before death](#)

A prisoner at HMP Liverpool told his mum "I can't do this anymore" just weeks before he was found dead in his cell. An inquest, which came to an end on March 5 this year, concluded that Mr Lunt died as a result of suicide. In its findings, the report said: "The clinical reviewer found that most of the mental health care Mr Lunt received at Liverpool was equivalent to that which he could have expected to receive in the community." In total, there were seven suicides at the prison between 2022 and 2025, according to a report by the HM Inspectorate of Prisons.

### [Mother died after "neglect" on Brighton mental health unit](#)

A mother who was experiencing a mental health crisis took her own life following "neglect" on a specialist unit, an inquest into her death has found.