

\*\*\*Please visit <https://www.evidentlybetter.org/bulletins/suicide-prevention/> to view our webpage featuring key links and emerging reports about suicide prevention.\*\*\*

## Studies

### [Balancing Safety With Healing in an Inpatient Psychiatric Setting: Patient Perspectives on Suicide-Focused Safety Measures, Setting Design, and Wellness-Focused Programming](#)

Most patients in the study were hospitalized in relation to suicide (n = 41, 82%). The majority endorsed satisfaction with the healing and/or therapeutic nature of the psychiatric setting (n = 44, 88%), such as art activities. Patients overall perceived the setting to be very safe (n = 39, 78%) from a suicide prevention standpoint. Qualitative themes that emerged from patient interviews included the setting's physical/environmental space (e.g., pleasant wall color), patient access (e.g., visitors), programming and policies (e.g., art activities), clinical care (e.g., addressing root issues), hospital setting culture and values (e.g., inclusion), and staff/interpersonal interactions (e.g., attentive staff).

### [Rural Secondary School Teachers' Knowledge of Adolescent Suicide Risk Factors](#)

Professional development for rural teachers should strengthen awareness of warning signs, psychiatric disorders, previous suicide attempts, and family and social risk factors. Teachers may contribute to the early identification of suicide risk; however, knowledge alone is unlikely to support effective suicide prevention without system-level supports, referral pathways, and access to mental health services.

### [A coach-supported, digital parenting programme for parents of adolescents at risk of suicide: pilot trial of acceptability, feasibility, validity and short-term effects](#)

PiP-SP+ was an acceptable, feasible and valid intervention for parents. Significant baseline-to-post-intervention improvements were observed in parents' self-efficacy to respond to adolescent suicidality and non-suicidal self-injury, protective parenting behaviours, carer burden, parental distress and mental health support quality. No significant differences were reported in family functioning. Adolescents perceived increased parental support; both parents and adolescents reported reductions in adolescent anxiety symptoms. Although parents reported a significant decrease in adolescent depressive symptoms, adolescents did not.

### [Prevalence and clinical correlates of suicidal ideation and aggression in patients with chronic schizophrenia: large-scale, cross-sectional study](#)

Our findings suggest that aggression is more prevalent in patients with suicidal ideation, and its clinical correlates differ significantly based on suicidal ideation status. Stratified assessment of aggression risk considering suicidal ideation is warranted.

### [When systems fail children: what coroners' reports reveal about preventable factors in adolescent suicide](#)

Coroners have been raising concerns about child suicides for years. The first analysis to synthesise these reports reveals how governance failures, communication breakdowns, and a lack of autism-specific support have repeatedly contributed to preventable deaths.

## Training

### [Mersey Cares supports new 'supporting a stranger suicide awareness training'](#)

The Zero Suicide Alliance (ZSA) has introduced its latest suicide awareness training course, 'Supporting a Stranger', which offers practical advice on how to help someone in a public place showing signs of distress. The new training package was made possible thanks to generous donations and fundraising through the [Mersey Cares NHS Charity](#), and focusses on a single, powerful scenario from the ZSA's flagship Suicide Awareness Training. Based on a real experience, the course shows how an everyday moment in a public place can become a life-changing intervention when someone notices the signs of distress and chooses to reach out.

### [LGBTQ+ Suicide Awareness Training - launch webinar Tickets](#)

Join the Zero Suicide Alliance (ZSA) and Liverpool City Council for the launch webinar of new LGBTQ+ Suicide Awareness Training on Thursday, 4 June, 10am to 11am on Zoom. This free online webinar will explore why the course was developed, the insights and lived experience that shaped it and offer a first look at the content before its public release.

## Podcast

### [Thinking Allowed - Suicide, Society and Liveability](#)

What does Émile Durkheim's 1897 study of suicide tell us about the social conditions that shape whether life feels worth living and how does a current project add to our understanding?

## News

### [The 50th Anniversary of the Oxford Self-harm Monitoring System](#)

Influential and impactful Oxford Self-harm Monitoring System had been in place, and continuously funded, for 50 years. The Monitoring System involves data collection by clinical staff working in the Emergency Department at the John Radcliffe Hospital on all individuals who present with self-harm (self-poisoning or self-injury). This currently involves approximately 2,000 episodes per year. The data is used for a wide range of research projects, including within the Multicentre Study of Self-harm in England.

### [Children in mental health crisis waiting up to three days in A&E for specialist bed in England](#)

Children and young people in England having a mental health crisis are spending up to three days in an A&E unit before they get a bed in a specialist unit, [NHS figures](#) reveal.

### [Ofcom fines online suicide forum £950,000](#)

Ofcom has fined the provider of an online suicide forum £950,000 for not complying with duties under the Online Safety Act to protect people in the UK from illegal content. The forum – reportedly linked with over 130 deaths in the UK – was the first service to be investigated by Ofcom under the UK's online safety laws last year. It has been cited in multiple coroners' reports regarding the deaths of UK citizens.