

Reports

[Prevention Starts Here: Health visitors, school nurses and children's health in England](#)

Health visitors and school nurses provide a range of universal and targeted specialist public health services to babies, children, and families and lead the Healthy Child Programme (HCP) in England.

[Teachers report calmer classrooms and improved self-esteem following wellbeing programme](#)

The myHappyMind programme supports children in schools to develop better wellbeing, according to an evaluation by Centre for Mental Health, published today.

Policies

[Government response to the Women and Equalities Committee report on the menstrual health of girls and young women](#)

The government's response to the recommendations made by the House of Commons Women and Equalities Committee in its 12th report of session 2024 to 2026.

Analysis

[Young people with mental health conditions are now more likely to be NEET](#)

This analysis examines the relationship between the number of young people who are not in education, employment or training (NEET) and the prevalence of mental health conditions.

Briefings

[NHS Modernisation Bill \(Health Bill\): House of Commons Second Reading](#)

This evidence briefing for MPs ahead of the second reading of the NHS Modernisation Bill examines the proposed reforms, highlighting potential opportunities and risks for patient care, accountability and NHS performance.

Fact Sheets

[Health Bill: summary - fact sheet](#)

Outlines the context behind the upcoming Health Bill including a summary of the main objectives and specific measures.

[Health Bill: single patient record - fact sheet](#)

Explains how the Health Bill will enable the creation of a single patient record.

Blogs

[What would it take for the NHS to treat violence against women and girls as a public health emergency?](#)

One in three women and girls in the UK experience physical or sexual violence during their lifetime. The NHS has more contact with victims and perpetrators than any other public service. Yet the uncomfortable truth is that many women and girls who seek help from the health service do not receive the right support.

[Children and young people's mental health: a crisis shaped by the world around them](#)

Too many children and young people are experiencing distress, low mental wellbeing and mental health conditions.

[Trauma-informed care and racialised communities](#)

Abdirahim Hassan and Andy Bell explore why trauma-informed care must also be anti-racist, recognising how structural racism and inequality shape mental health outcomes for racialised communities.

[Too old for paediatrics, too young for adult services: the problem that must be solved](#)

Too many older teenagers face difficulties when moving from paediatric to adult health services, with conflicting approaches across the NHS making it impossible for some young people to know who really owns their care.

[Healthy life expectancy: interpreting an imperfect but important measure](#)

Healthy life expectancy as a measure of the country's health has attracted renewed attention following our recent analysis on trends in the UK. We found it had fallen by about 2 years in the decade to 2022–24 with a widening gap between more and less economically deprived areas.

[Psychology Matters: “Policymakers need to recognise that people's behaviours don't happen in a vacuum”](#)

As part of the Psychology Matters public health focus, Dr Michelle Templeton and Richard Pemberton discuss the relationship between psychology and public health.

[Ageing with purpose: the surprising science of frailty reversal](#)

Some of the most powerful interventions to slow or improve frailty are also the most ordinary: regular movement, adequate nutrition and meaningful social connection.

[Why safer spaces matter for young people's physical activity](#)

The 2026 Commonwealth Games come to Scotland this summer, showcasing elite athletes at the top of their game. But for most of us, physical activity looks much more ordinary: walking to school, joining a PE lesson, dancing in the kitchen or going to the gym.

[Why your wearable health tracker can make you feel anxious](#)

Millions of people use a wearable health and fitness tracker. These devices can be useful for monitoring activity levels, sleep quality and heart rate. But for some, wearables can have unintended consequences on wellbeing.

News

[System-wide failure in children's mental health, RCN says](#)

Nursing staff believe children and young people with mental illness are being “unforgivably failed”.

[The NHS Alliance comments on RCN mental health findings](#)

Rebecca Gray responds to findings from the Royal College of Nursing on children in a mental health crisis in A&E.

[Failure to support young people into work must change](#)

The UK government has published its interim Young People and Work Report (commonly referred to as the ‘Milburn Review’) which examined the challenges young people are experiencing with the UK's job market.

[RCPsych welcomes Young People and Work interim report](#)

Responding to the UK Government's interim report on Young People and Work, President of the Royal College of Psychiatrists, Dr Lade Smith CBE.

[The NHS Alliance responds to Milburn review findings](#)

Rebecca Gray responds to findings from Alan Millburn's review into the increase in the number of young people who are Not in Education Employment or Training (NEET).

[Act now to turn around young people's mental health and job prospects](#)

Responding to Alan Milburn's Young people and work: interim report today, Centre for Mental Health chief executive Andy Bell said: "Young people's mental health has been deteriorating for a decade. It has been left to chance for too long."

[BPS reacts to increasing number of children attending A&E with a mental health crisis](#)

FOIs to NHS trusts in England show some children and young people facing waits of up to 3 days in A&E.

[Maternity Adviser to champion safer care for mothers and babies](#)

Women and families failed by maternity services will be better heard and their experiences will drive lasting improvements to care, as Michelle Welsh MP has been appointed as the government's first Maternity Adviser.

[Centre for Mental Health, Mind and other leading mental health organisations raise concerns on EHRC Code of Practice](#)

This week Mind, Centre for Mental health and a number of mental health organisations, wrote to Secretary of State Bridget Phillipson and the Chair of the EHRC, to raise concerns about the EHRC Code of Practice (published 21 May 2026) and the impact it could have on trans and non binary people and the need for safe, inclusive and accessible spaces and services.

[Leading mental health organisations raise concerns on EHRC Code of Practice](#)

This week Centre for Mental Health, alongside a number of mental health organisations, wrote to Secretary of State Bridget Phillipson and the Chair of the EHRC, to raise concerns about the EHRC Code of Practice published on the 21st May 2026.

[20,000 fewer A&E visits a year thanks to single patient record](#)

NHS Modernisation Bill will introduce the single patient record, resulting in safer, more co-ordinated care for patients.

[RCGP response to Health Committee report on physical activity for healthy ageing](#)

"GPs see the difference that staying active can make to our older patients' health, independence and wellbeing – it can reduce frailty, falls and loss of mobility, as well as helping people stay socially connected."

[Broken fit note system to be overhauled](#)

Patients, employers and GPs are set to benefit from an overhaul of the broken fit note system following the launch of several pilots by the Government today to reform the system for workers who fall ill.

[Mind reacts to DWP fit notes reform](#)

The Department for Work and Pensions has today announced proposals to reform the Fit Note system in England, including four trials aimed at providing better, more targeted support for people who are unwell.

[RCPsych calls for action following King's Speech](#)

Responding to the King's Speech, made in Parliament on 13 May 2026, President of the Royal College of Psychiatrists, Dr Lade Smith CBE.

[New All-Party Parliamentary Group on Dietary Health Launches in Parliament](#)

We are proud to announce that the All-Party Parliamentary Group (APPG) on Dietary Health was launched yesterday at a parliamentary event in Portcullis House (Wednesday 20 May), attended by over 30 MPs and Peers.



[Priorities for delivering more assessments and tackling aged ratings](#)

In this update, we share more details on how we're prioritising our activity to enable us to carry out more assessments and to tackle some of the issues around aged ratings and services that have never been assessed.