

EVIDENTLY BETTER

New resources & news from your Evidence & Library Service



Welcome to Summer

2026 is The Year of Reading

Reading is a way to connect with others, share what you enjoy, and deepen your engagement with the hobbies and activities you already love—from sport, music, and fashion to food, gaming, and film. It can be a social experience, sparking conversations and helping people grow even more passionate about their interests.

Reading goes beyond traditional printed books. While novels, autobiographies, and short story collections remain popular in print, people today are also discovering new authors, illustrators, and creators through graphic novels, comics, audiobooks, and e-books. Even those who don't usually see themselves as "readers"—including many children, young people, and adults—are regularly and enthusiastically engaging with written content, from news articles and sports reports to song lyrics and fan fiction online.

So why don't you use one of your [three libraries](#) where we have lots of different books, fiction and non-fiction. We also have a number of eBooks which can be accessed through our catalogue at <https://merseycare.soutron.net/Library/Catalogues/Search.aspx>

In our fiction section we have a selection of quick reads. Quick Reads are short, engaging books written by bestselling authors, designed to be accessible and easy to enjoy. Now in its 20th year, Quick Reads is a leading initiative that helps new readers discover the benefits of reading and supports those who have fallen out of the habit to start again.

Library staff are not always available on site but are contactable via email during standard business hours, library@merseycare.nhs.uk

"Everything you need for better future and success has already been written. And guess what? All you have to do is go to the library."

Henri Frederic Amiel



Spotlight on...

- Do you have an OpenAthens account?
- Do you know what one is?

An OpenAthens account is a single sign-on tool made to easily access lots of library resources and research.

It provides free and full access to:

- Full-text journal articles and certain databases
- Ways to search for articles & research
- Point of Care Tools and clinical guidelines

Scan the QR Code for more information or visit our [page](https://www.evidentlybetter.org/2874-2/information-resources/nhs-openathens/) on the website at <https://www.evidentlybetter.org/2874-2/information-resources/nhs-openathens/>

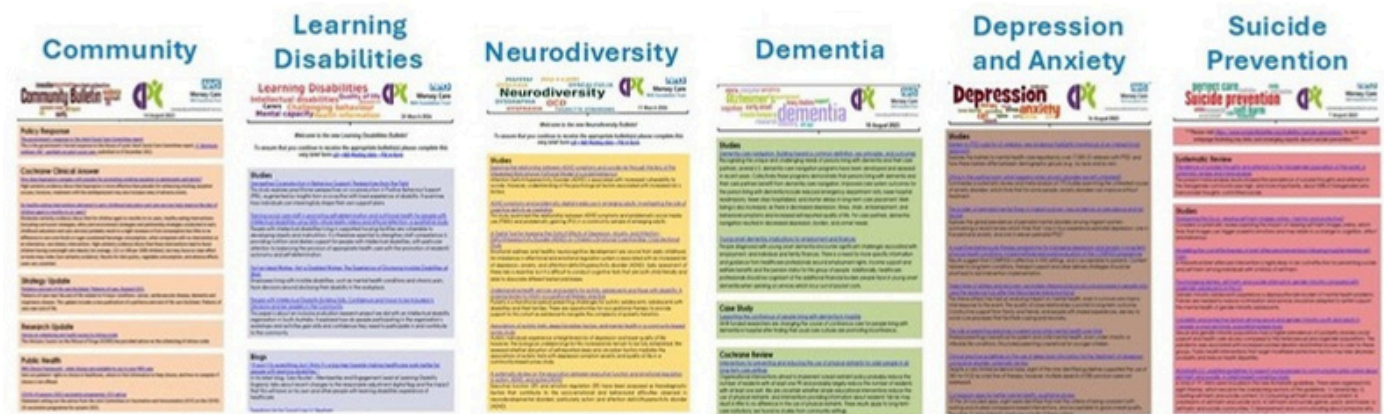


Did you know....

that we create our own bulletins?

We search a wide range of sources to bring together current information to support your practice and save you time.

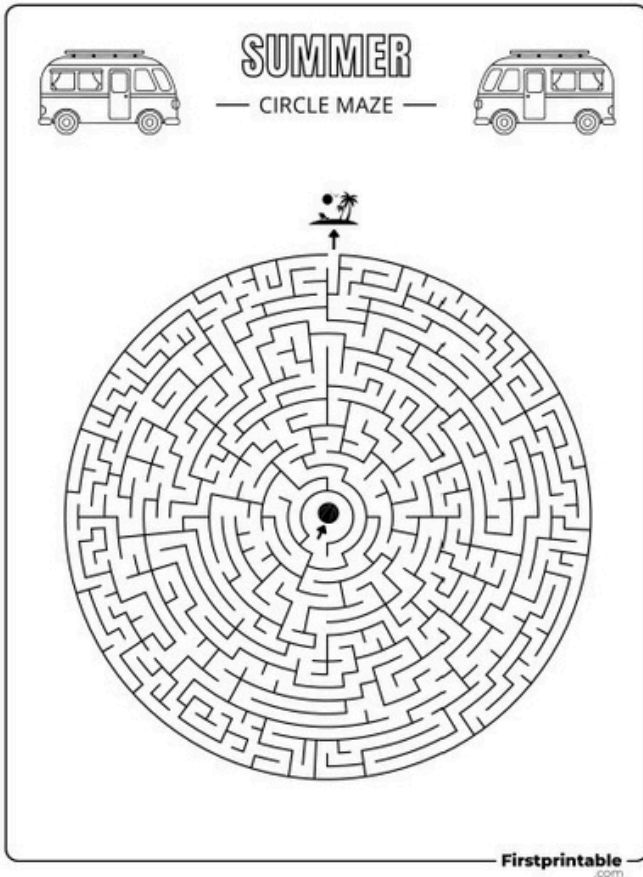
We have six different ones covering the topics listed below:



To sign up please scan the QR code to visit our [keep-up-to-date](https://www.evidentlybetter.org/2874-2/keep-up-to-date/) page:
<https://www.evidentlybetter.org/2874-2/keep-up-to-date/>



Puzzle time



Scan the QR Code to find the answer



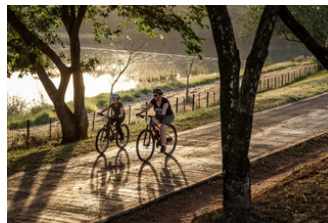
Visit <https://www.evidentlybetter.org/files/2026/06/summer-maze-solution-002.jpg> to find the answer

Take 5...Summer outdoor activities

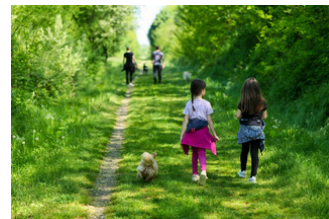
chosen by
Danielle Davies



Hiking



Cycling



Nature walks



Picnics



Gardening