

Studies

[Temporal associations between incident physical health problems/sensory impairments and challenging behaviours in people with intellectual disabilities: a population-based longitudinal cohort study of primary care in England](#)

Population-based studies suggest that around 20%–30% of individuals with intellectual disabilities experience challenging behaviours.

[Assessing Maladaptive Personality Traits in Individuals with Mild Intellectual Disabilities or Borderline Intellectual Functioning: Evaluating the Validity of the PID-5-IRF-SF](#)

Diagnosing personality pathology in individuals with Mild Intellectual Disability (MID) or Borderline Intellectual Functioning (BIF) is challenging due to the risk of diagnostic overshadowing, whereby maladaptive personality traits may be misattributed to limitations in intellectual functioning.

[Understanding parents' experiences and needs when managing menstruation with young people with intellectual disability](#)

Menstruation can be complex and challenging to manage, including for those with intellectual disability. People with intellectual disability experience additional barriers that prevent adequate access to information and support. Parents play an important role in supporting young people with intellectual disability with menstruation.

[Family Carers of People with Intellectual and Developmental Disabilities' Perceptions of the Impact of an Online Mindfulness Programme](#)

Qualitative data about the experiences of family carers of people with intellectual and developmental disabilities participating in online mindfulness-based interventions are limited.

[A nonrandomised feasibility evaluation of a home-based intervention for parents of adolescents with learning disabilities, with or without autism](#)

This study aims to determine the feasibility and acceptability of delivering ACHIEVE—a home-based, parent-coached OT/SLT intervention—in everyday UK practice and to describe recruitment/retention, data completeness, working alliance, delivery logistics, and exploratory changes in parent-reported functional, behavioural, communication and stress outcomes.

Guidance

[Supporting autistic people and people with a learning disability to live well in their communities](#)

This publication sets out the essential components that help autistic people and people with a learning disability to live good, meaningful lives in their communities. It is designed to support local systems plan and deliver this support across all ages.

Policies

[Timms Review of Personal Independence Payment: interim report](#)

An interim report of the Timms Review of Personal Independence Payment (PIP).

Blogs

[Safety, equity and expertise: A turning point for learning disability nursing](#)

Following the publication of the RCN's UK review of learning disability nursing, Chair of the RCN Learning Disability Nursing Forum Sarah Jackson shares her reflections on the review - and how we'll be using this week's RCN Learning Disability Nursing Forum in Focus Week to sound the call for members to get involved.

News

["A way out": CQC-led reviews support autistic people and people with a learning disability out of long-term segregation](#)

The Care Quality Commission (CQC) has published its report Learning from Independent Care (Education) and Treatment Reviews in 2024 and 2025. It shows that 40% (35 out of 88) of people with a learning disability or autism diagnosis whose care was reviewed, were supported to be able to leave long-term segregation (LTS) through the review process and access more appropriate care.

[Fewer people with a learning disability dying from avoidable causes, but still almost twice as high as the general population](#)

New report from King's College London, University of Lancashire and Kingston University London, has found that the proportion of avoidable deaths among adults with a learning disability fell from 46.3% in 2021 to 39.0% in 2024.

[NHS England community living guidance for people with learning disabilities](#)

NHS England has published guidance on supporting autistic people and people with learning disabilities to live well in the community, stating that people should receive help based on their needs rather than on whether they meet particular diagnostic thresholds.

[Report Launch – Building a Bridge: How to end the cliff edge of transition between children's and adult services for young people with learning disabilities in England](#)

Transition to adulthood should be a time of opportunity and excitement for young people as they look ahead to their future, but too many young people with a learning disability instead experience a 'cliff edge'.

[Care England launches new choking prevention guide for people with learning disabilities](#)

Care England has launched a new good practice guide for professionals working in social care, supported living, and community settings to prevent choking deaths among people with learning disabilities.

[Bild's response to the 2024 LeDeR report](#)

Bild welcomes the release of the delayed 2024 Learning from Lives and Deaths (LeDeR) report, while recognising that its findings show how much urgent work is still needed to reduce unacceptable health inequalities for people with a learning disability and autistic people.

["Data alone will not reduce health inequalities. It must lead to action."](#)

The Co-chair Member Representatives of Learning Disability England have made a statement on the latest (and last) report from the LeDeR programme.

[LeDeR programme publishes its last report and shows small drop in avoidable deaths](#)

Avoidable deaths among adults with learning disabilities have fallen from 46.3% in 2021 to 39.0% in 2024, according to the latest and last LeDeR report, but they remain twice as high as in the general population.

[Publication of 'Learning from lives and deaths – People with a learning disability and autistic people' \(LeDeR\) report](#)

Today I acknowledge the publication of the ninth annual - Learning from Lives and Deaths of people with a learning disability and autistic people (LeDeR) report, which looks at deaths reviewed in 2024.

[Independent Care \(Education\) and Treatment Reviews: CBF statement](#)

Please be aware that some of the content of this statement may be distressing. If you are a family carer and have been affected by any of the issues raised in this statement, please contact the CBF's Family Support Service – further details and resources can be found at the bottom of this statement.

["PIP shouldn't be about survival it should help people with disabilities have the same chance of living a good life as everyone else"](#)

PIP is a benefit that was made to help cover the extra costs of living with a long-term physical or mental health condition or disability.

[PIP system is dehumanising and stressful, finds first Timms Review report](#)

The current Personal Independence Payment (PIP) system is "dehumanising and stressful" for disabled people and those with long-term medical conditions, according to the first-ever full review of PIP.

[Job centre personalised support for disabled people rolled out to more sites](#)

The Government has announced an expansion of job centre Support Conversations to 27 locations, providing one-on-one support to address the needs of disabled individuals and those with health conditions receiving out-of-work benefits.

[Unpaid carers recognised in new cross-party Government action plan](#)

The role of unpaid carers has been recognised by the Government in a new action plan that includes measures to help carers reach their potential in education or work.

[1,200 people have called on new Prime Minister to tackle health inequalities faced by people with learning disabilities](#)

Today, members of Learning Disability England have taken an open letter to 10 Downing Street. The letter asks the new Prime Minister to make the health of people with learning disabilities a priority.