

Welcome to the new Neurodiversity Bulletin!

To ensure that you continue to receive the appropriate bulletin(s) please complete this very brief form [LD + ND Mailing lists – Fill in form](#)

We will be closing the old lists down on Friday 10 July.

You will no longer receive this bulletin unless you are signed up for the new list(s).

Studies

[Recognizing Risk, Responding with Care: The Development of a Crisis Response Program for Suicidal and Homicidal Ideation in Children with Autism](#)

Children with autism experience a higher risk of suicidal and homicidal ideation compared to their peers, but accurate assessment relies on the child's ability to verbalize their thoughts and respond to questions. Research indicates that clinician assessments may miss suicidal ideation, compared to self-report, even in verbal children assessed by trained professionals.

[Attention-Deficit/Hyperactivity Disorder in Children and Adults in England, 2000–2025: Recorded Prevalence and Diagnostic Trends in a Population-Based Observational Study Using Routinely Collected Primary Care Data](#)

Over recent years, public awareness of ADHD has increased, alongside a rise in assessment referrals. There is urgent need for large-scale evidence on the prevalence and incidence of recorded ADHD to understand diagnostic coverage in England.

[Who Shapes National Autism Guidance? A Cross-National Comparison of Autism Guideline Development, Representation, and Implementation](#)

National autism guidance increasingly shapes diagnostic practices and service pathways, yet comparative research has focused primarily on clinical content and methodological quality rather than the governance structures through which guidance is produced.

[Perinatal mental health research: priorities from a neurodiverse sample in the United Kingdom](#)

The aim of this study is to better understand perinatal mental health research priorities of neurotypical and neurodivergent people.

[The association between autistic traits and trajectories of anxiety in middle-aged and older adults: an 8-year growth mixture model analysis](#)

Anxiety is a highly prevalent mental health condition, and it is particularly common in autistic populations. However, little is known about its course beyond midlife in autistic populations owing to limited longitudinal research.

[Menstrual health and Attention-Deficit/Hyperactivity Disorder \(ADHD\) symptoms: A scoping review](#)

Little is known about how menstrual health characteristics may influence Attention-Deficit/Hyperactivity Disorder (ADHD) symptoms, despite evidence that hormonal fluctuations can affect attention, mood, and behaviour.

[The Joy and the Pain of Being Alone: Managing the Solitude-Loneliness \(SOLO\) Paradox in People High on the Autism Spectrum](#)

This narrative review examines the complex relationship between autism and two fundamental social needs: the need to belong and the need to be alone, which underpin the conceptually distinct experiences of loneliness and solitude.

[Teaching Theory of Mind Skills to Individuals with Autism Spectrum Disorder: A Systematic Review and Meta-analysis](#)

In this study, we examined the effectiveness of Theory of Mind (ToM) intervention programs on the ToM skills of individuals with Autism Spectrum Disorder (ASD) through a systematic review and meta-analysis.

Blogs

[OCD in College: How to Combat the Obsessions & Thrive in School](#)

College can be terrifying for a lot of students. It's a long, challenging, and sometimes exhausting journey that pushes you to use everything you've learned to become an expert in your field.

[Social Burnout And Why It Affects Some Brains Differently](#)

After a party, most people feel a little tired. After the same party, a neurodivergent person might need three days in a dark room to recover. That gap, between what socializing costs neurotypical people and what it costs others, is exactly where social burnout lives.

[A Space to Belong This Pride Month](#)

We are joined by Jill Corbyn, Founder and Director at Neurodiverse Connection, to talk about what Pride Month can mean for LGBTQIA+ people with different lived experiences of identity, community and belonging. In this blog, they introduce NdC's new LGBTQIA+ peer meetup space, created to offer a welcoming, neurodivergent-affirming environment for connection, support and shared understanding.

[A Student With an IEP Who Grew Up To Be...](#)

If you've found yourself sitting in a classroom, feeling like no matter how hard you try, you are always one step behind everyone else - this is for you.

[Neurodivergent Career Advice: Choosing a Career When You're Neurodivergent](#)

This article explores why traditional career paths and workplace expectations can disadvantage neurodivergent people, from recruitment barriers to sensory, communication, and executive functioning challenges.

[Performance Reviews: A Guide for Neurodivergent Employees](#)

This guide explains what performance reviews are, why they can be harder for neurodivergent employees, and how to approach them with more clarity and confidence.

[Think your parent is neurodivergent? Here's what you need to know](#)

Up to 97% of autistic people over 60 are undiagnosed. Experts offer up advice for family members on how to support this 'neglected generation'.

News

[Our response to Children's Commissioner's Report](#)

The Children's Commissioner, Dame Rachel de Souza, has today published her annual report, Children and Young People's Mental Health Services: 2024-25.

[Government's response on SEND reform published by Education Committee](#)

Today the Education Committee publishes the government's response to its report on special educational needs and disabilities (SEND) support reform.

[SEND white paper - Our official response](#)

Dyslexic children risk being "lost in the system" under SEND reforms.

[BPS launches report highlighting the impact of educational psychologists ahead of SEND reform](#)

The British Psychological Society (BPS) has published a new report showcasing how educational psychologists (EPs) are improving outcomes for children and young people across the UK - as decision making continues around proposed reforms to the SEND system in England.

[Letter to Baroness Casey: progress on adult social care reform recommendations](#)

The Secretary of State for Health and Social Care updates Baroness Casey of Blackstock on progress against her initial recommendations.

[Our response to the Disabled Students Allowance consultation on Assistive Technology](#)

Disabled Students' Allowance (DSA) has been helping to level the playing field for disabled students for more than 50 years.

[What four things are carers telling us about health and social care?](#)

From issues knowing where to get support to accessing their own healthcare, we share what unpaid carers have told us about their experiences.

[ADHD Meds Should Not Be "Panic Stopped" in Pregnancy](#)

"When we talk about stopping medication...we need to ask, 'What are we asking this person to give up and what supports are we using to replace it?'"

[INTEND - ImproviNg Tic services in England](#)

A team of researchers at the University of Nottingham conducted a research project which aimed to improve access to care for children and young people with tic disorders.

[Autistic people aren't afraid of genetic research – they are afraid of what scientists might do with it](#)

When my colleagues and I asked autistic people and parents of autistic children in Sweden how they feel about genetic research in autism, one response stood out: "I hope genetic research finds new ways to help us, not erase us." It captures a tension that has shaped debates about autism genetic research for years.

[ADHD Diagnosis in Adulthood Shapes Self-Concept in Complex Ways: New Study](#)

Emotionally adjusting to a diagnosis of ADHD as an adult is rife with dialectics, according to a new study published in Journal of Attention Disorders.

ADHD AUTISM
DYSLEXIA DYSCALCULIA
Neurodiversity
DYSGRAPHIA OCD
DYSPRAXIA TOURETTE SYNDROME



NHS

Mersey Care
NHS Foundation Trust

1 July 2026

[The Late ADHD Reckoning: Top Issues Facing Men After Diagnosis](#)

Many men delay mental health care until career or relationship problems blow up, leading them to a long-overdue ADHD diagnosis.

[4 Big Insights About ADHD Brain Chemistry](#)

A crash course on the neurotransmitters implicated in ADHD and how new medications are targeting serotonin, a historically overlooked chemical in ADHD treatment.

[ADHD Does Not Diminish with Age. Its Diagnostic Clarity Does.](#)

ADHD, mild cognitive impairment, dementia, and other conditions that cause cognitive complaints (like perimenopause) can co-occur.

[Top tips for creating a neuro-inclusive workplace](#)

It's estimated that around 15–20% of people in the workplace are neurodivergent. The real figure is probably higher when you include people who aren't diagnosed or don't disclose.

