

Studies

[Over-Represented and Under-Served: Autistic Children and Young People Seeking Help for Suicidal Crisis in a UK Emergency Department](#)

Hospital Emergency Departments are increasingly playing a role in the care of young people experiencing suicidal crisis. Autistic young people, who already experience elevated rates of suicidal thoughts and death by suicide, may face particular difficulties in such environments.

[Using the Interpersonal Theory of Suicide to Inform Our Understanding of Suicide Risk in Autism Spectrum Disorder: A Scoping Review](#)

This scoping review is the first to systematically map the literature on suicidality in autistic adults through the lens of Joiner's Interpersonal Theory of Suicide (ITS).

[Attention deficit hyperactivity disorder \(ADHD\) and premature mortality: A narrative review of the literature](#)

Attention-deficit hyperactivity disorder (ADHD) is associated with a higher risk of premature mortality compared to the general population, although reported risks vary.

["It is Just Too Overwhelming and Constant": Environmental Influences on Anxiety and Depression in Autistic Young People](#)

Autistic people experience high rates of anxiety and depression, yet an evidence-based understanding of how and why these difficulties first develop is lacking.

[Development of a Narrative-Based Assessment for Autism in Adult Females](#)

This paper introduces an autistic-led and developed narrative-based assessment protocol addressing the paradigmatic and systematic underdiagnosis of autism in adult females.

[Absorbed, Trapped, or Lost? A Qualitative Investigation of Hyperfocus Experiences in ADHD Adults](#)

Evolving understanding of adult attention deficit hyperactivity disorder (ADHD) suggests that current diagnostic approaches may miss key features of adult presentation, including hyperfocus.

["I Try to Act Like a Neurotypical so it Makes Customers More Comfortable": A Mixed Methods Analysis of Autistic Camouflaging at Work](#)

As many as 75% of autistic individuals report camouflaging to appear less autistic, with workplace camouflaging linked to poor mental health, thwarted advancement, and early job departure.

[Autism Stigma and Employment: A Scoping Review](#)

Despite the growing awareness of neurodivergence, autistic adults continue to face disproportionately low employment rates worldwide compared to the neurotypical population.

Study Summaries

[ADHD and the road to adulthood: what young people tell us about identity, support and transition](#)

Imagine landing in an unfamiliar, roaring city. You have no map, the signs change languages, and everyone follows a rulebook you don't have. As you start to panic, your childhood support guide points to a cliff edge, waves, and says, "Good luck, you're an adult now."

Editorials

[Autism spectrum disorder: has it lost its meaning and is it leading to misdiagnosis?](#)

Since the 1940s, the concept of autism has undergone marked changes, and autism spectrum disorder (ASD) is a wildly heterogenous condition. At the same time, the prevalence of ASD has increased massively.

Guidance

[Supporting vaccination for SEND children and young people](#)

Guidance for schools and parents to support the delivery of the school aged vaccination programmes to children with special educational needs and disabilities (SEND).

Blogs

[ADHD diagnoses and prescriptions have increased globally across all age groups, our review shows](#)

Diagnoses for attention deficit hyperactivity disorder (ADHD) have increased in many countries across all age groups, our latest review has found. We have also shown that prescriptions for ADHD treatments have seen similar increases across all age groups.

[Reading by ear: how audiobooks can help people with phonological dyslexia to enjoy books](#)

"I don't understand, I don't get it, I'm tired." These are phrases often heard from children with dyslexia, a developmental disorder that affects their ability to read.

[Functional Skills Qualifications: the route too many parents only hear about after GCSE failure](#)

I am writing this guest post as a parent with children who have dyslexia, and also as the founder of Fairer Exams, because I know how confusing the system can feel when your child is struggling with GCSE English or maths.

News

[Major expansion of community mental health support across England](#)

£343 million plan will open 159 NHS mental health centres in England, giving people earlier local support and specialist crisis care outside A&E.

[RCPsych responds to planned expansion of community mental health services in England](#)

Responding on the UK Government's announcement that there is a plan to expand community mental health services in England, Professor Subodh Dave, President of the Royal College of Psychiatrists.

[Our response to Professor Dame Uta Frith's new paper](#)

A new paper by Professor Dame Uta Frith, Autism Spectrum Disorder: Has it lost its meaning and is it leading to misdiagnosis? has been published today.

[Huffpost Exclusive: ADHD Charity Slams Channel 4 Over 'The Great ADHD Myth?' Documentary](#)

ADHD UK, led by CEO and co-founder Henry Shelford, wrote an open letter to Channel 4 in response to its upcoming documentary "The Great ADHD Myth?", which questions whether ADHD is a genuine neurodevelopmental disorder or a social construct.

[AI mental health therapy tools must improve for teenagers with ADHD, reveals new research](#)

Teenagers with ADHD who use AI mental health therapy tools show less compassion towards themselves when using the technology, according to a new study.

['You have to sit quietly until you die': The families failed by England's social care system](#)

Carers tell of their struggles to get loved ones the support they need, and the emotional and financial toll caring takes on their own lives.

[The Guardian view on mental health: the new secretary of state should make it a priority](#)

Parity for people with physical and psychological ailments has been promised for years. New neighbourhood clinics are a step in the right direction.

[Why Self-Advocacy is so Important](#)

Growing up in an era where neurodivergence and more specifically, ADHD, was not well recognized was all but easy.

[Why Sensory Overload Often Goes Misunderstood In Public Spaces](#)

Public spaces can feel demanding for many reasons. A supermarket may have bright lighting and constant background noise. Airports add queues, security checks, and sudden delays. Hospitals can feel even more intense.

[3 Rules for Regulating a Stressed Nervous System](#)

Executive functioning crumbles when a dysregulated nervous system shakes your child. Here, learn to build the calm needed for reconstruction.

["My Teacher Hates Me"](#)

What should you do when your student feels singled out or judged unfairly by their teacher? Our experts advise.