

Studies

[Neurodevelopmental reward dysregulation and addiction risk in ADHD](#)

Attention-deficit/hyperactivity disorder (ADHD) is associated with an elevated risk of substance use disorders (SUDs), yet most affected individuals do not develop addiction, indicating that vulnerability is selectively distributed rather than intrinsic to the disorder itself.

[Teaching Safety Skills for Emergency Situations to Autistic Individuals: A Rapid Literature Review](#)

Emergency situations are unexpected events that pose a threat of serious and immediate risk to safety. Difficulties in social communication and restricted behaviour mean that some autistic individuals may be vulnerable to harm during these events.

["It's Like a Chain Reaction of Discomfort": A Phenomenological Qualitative Study on the Intersection of Autism and Gender Incongruence in Adolescents](#)

An overrepresentation of autism spectrum diagnoses (ASD) and autistic traits have been reported among people with gender incongruence. Several quantitative and qualitative studies have highlighted the intersection of autism and gender incongruence (GI).

[Uncovering the Role of Biological Sex in the Divergent Genetic Profiles of Early and Late-Diagnosed](#)

Autism is a neurodevelopmental disorder with a significant male prevalence bias. While recent evidence suggests that genetic heterogeneity is indexed by age at diagnosis, males are also typically diagnosed earlier, such that the extent to which these age-specific findings are confounded by shared genetic signal with sex-specific genetic architecture remains unclear.

[Autism and attention-deficit/hyperactivity disorder traits as predictors of tic phenomenology in children and adolescents](#)

The co-existence of autism and attention deficit/hyperactivity disorder in tic disorders is a key factor influencing clinical decision-making. Given the shared clinical features and a potentially overlapping aetiology, the need to identify specific tic characteristics associated with these conditions remains.

[Efficacy and safety of ecopipam for Tourette syndrome: An updated systematic review and meta-analysis of randomized controlled trials](#)

Tourette syndrome is a neurodevelopmental disorder characterized by persistent motor and vocal tics. Dopamine D2 receptor antagonists can reduce tic severity but are frequently limited by metabolic, sedative, and extrapyramidal adverse effects. Ecopipam is a selective dopamine D1/D5 receptor antagonist with a potentially distinct tolerability profile.

[Identification of Early Temperament Profiles in Infants at Elevated Likelihood for Autism and Attention-Deficit/Hyperactivity Disorder](#)

Autism and attention-deficit/hyperactivity disorder (ADHD) likely share some common developmental pathways, suggesting the potential for overlapping early risk factors, including aspects of temperament.

Reports

[BDA new report - Pathway interrupted Report](#)

Dyslexic young people say school failed to prepare them for life after education with only half saying that teachers understand dyslexia.

Blogs

[The proposed SEND reform: to what extent does it make for a neuroaffirming school environment?](#)

We are joined by Neurodiverse Connection Associate Lucy Gilbert, who explores the Government's proposed SEND reforms and what they could mean for Neurodivergent young people.

["Some Days I'm Unstoppable. Other Days I Can't Start. Which One Is the Real Me?"](#)

"That's one of the strange contradictions I've found in AuDHD: The part of me that craves stimulation and novelty can create the exact circumstances that overwhelm the part of me that craves predictability."

[How to Stop Overthinking: Causes, Signs and Solutions](#)

When we grow up in a chaotic or unpredictable environment, we become dysregulated by uncertainty. Our brain can develop a "superpower" that doesn't feel much like a gift: Overthinking. It's often a response to trauma.

[My experience of autistic impostor syndrome](#)

Autistic impostor syndrome is when an autistic individual persistently questions whether they are autistic or not.

[The brain isn't hardwired to read – here's how we pull it off and why some are better at it than others](#)

For an experienced reader, recognising the words on this page feels effortless. Yet, evolutionarily speaking, your brain shouldn't be able to read. Reading has existed for too short a time to have shaped a dedicated centre in the brain.

News

[Autism and ADHD care complaints more than triple in five years in England](#)

Complaints about autism and attention deficit hyperactivity disorder services in England have more than tripled in five years, official figures show, with the NHS ombudsman warning of years-long waits and patients paying thousands of pounds for private care.

[ADHD and autism costs in England 'running out of control', NHS leaders warn](#)

NHS leaders have warned that the costs of meeting soaring demand for attention deficit hyperactivity disorder (ADHD) and autism services in England are "running out of control" and have become unsustainable, with spending in some areas rising by as much as tenfold over the course of a year.

[NHS bosses warn of chaos in ADHD and autism care](#)

Autism and ADHD care is at risk of descending into chaos, NHS bosses are warning, as costs spiral out of control and unregulated private providers capitalise on the huge demand for help.

[An autism or ADHD diagnosis without access to treatment is a hollow outcome](#)

Helen Macdonald responds to a report by the parliamentary and health service ombudsman.

[Exploring the EXperiences of Accessing services and understanding Neurodevelopmental Disorders for ethnic minorities in England \(EXPAND\)](#)

Children and young people from minoritised backgrounds gain access to neurodevelopmental disorder support services at lower rates and typically later than their white counterparts.

["The Lindsay Clancy Case Should Alarm ADHD Moms"](#)

Let this case be America's wake-up call, and let's start with improvements to our psychiatric care for neurodivergent and postpartum mothers.

[Why Do ADHD and Mood Disorders So Often Overlap?](#)

Shared neurobiological underpinnings help explain why mood disorders such as anxiety and depression so often co-occur with ADHD — and why distinguishing among them remains a clinical challenge.

[What's Metaphor Meant For in the Classroom?](#)

Could the approaches we use to help our most vulnerable learners sometimes hold them back? The well-intentioned goal of making language accessible in the classroom for autistic and ELL pupils risks embedding an absolute and inflexible practice and literal bias, says Nick Morgan Baker, Dyslexia Action Tutor, member of The Dyslexia Guild, and Local Authority SEND Adviser.

['I fight pain and fear with art': how Yayoi Kusama blazed a trail for neurodivergent artists](#)

The pioneering Japanese artist talked openly about how her mental health and neurodivergence informed her creativity, paving the way for the likes of Turner prize winner Nnena Kalu.

[Neurodivergence and 'northern grit' inspire horror mockumentary](#)

A York-based writer and director who was diagnosed with autism and ADHD last year at the age of 43 says he hopes a new horror mockumentary he is creating will let people like him "see themselves in the characters and get inspiration".