

Studies

[Sleep Health in Adults with Intellectual Disability: Recent Advances and Persistent Evidence Gaps](#)

Adults with intellectual disability (ID) experience a disproportionate burden of sleep disorders with major impacts on physical, neuropsychiatric and behavioural health, yet evidence to guide practice has lagged behind the general population.

Policies

[Unpaid carers action plan: recognise, refer, reach \(easy read\)](#)

Easy read version of the government's plan to make life better for unpaid carers in England.

Blogs

[Co-chair Response to Prime Minister Andy Burnham's Labour Conference speech](#)

This week, the Prime Minister made a speech about changing social care. He said he wants to lead changes to make social care work better for people.

News

["Healthy Lives Together" - Learning Disability Professional Senate Listen & Learn Event, 2026](#)

On the 18th September 2026, the Learning Disability Professional Senate hosted its second Listen and Learn event, "Healthy Lives Together: Listening and Learning to Improve Health for Children, Young People and Adults with a Learning Disability", in collaboration with the Challenging Behaviour Foundation.

[Young disabled people who are NEET to be offered jobs and training](#)

The UK government has widened the eligibility for the Jobs Guarantee scheme to tackle the growing number of young people with disabilities Not in Education, Employment or Training (NEET) and help them find suitable opportunities and secure guaranteed jobs.

[Advocacy initiative for black children with Down's Syndrome wins award](#)

An advocacy initiative for black children with Down's Syndrome has won this year's National Diversity Award for Multi-Strand Community Organisation.

[Mencap celebrates 80th birthday](#)

Mencap is marking its 80th anniversary this week by highlighting that only one in ten people with a learning disability lives to 80, compared with more than half (55%) of the general population in England.

[Written Statement: Learning Disability Transformation Programme 2026-2029: Improving Outcomes, Experiences, Transparency and Community Support](#)

People with learning disabilities have the right to live lives that are happy, healthy, and fulfilling, and to be listened to and heard. They have a right to play a full part in their communities as active and valued members of society.

Learning Disabilities

Intellectual disabilities Quality of life Research
Carers Challenging behaviour
Mental capacity Health information



Mersey Care
NHS Foundation Trust

7 October 2026

['Ambitious' Learning Disability Programme 'will improve lives' says RCPsych in Wales](#)

The Welsh Government has launched a new three-year Learning Disability Transformation Programme aimed at improving support for people with learning disabilities across Wales.

[SeeAbility charity to help 70,000 SEND children access eye care across London and the South-East](#)

Children with learning disabilities are 28 times more likely to have a sight problem, but 4 in 10 have never had an eye test. Now, the charity SeeAbility is going to bring accessible, life-changing eye care to around 70,000 SEND children in special schools.

