

Studies

[Patient, care partner, and clinician perspectives on a "good day" with dementia](#)

Seventy-four participants were interviewed. Drivers of "good days" included balancing independence and safety, preserved cognitive function, socialization and engagement, absence of neuropsychiatric distress, and minimal caregiver burden. Drawbacks to survival-residence composite outcome measures identified by clinicians included the role of financial resources as a determinant of amount and/or quality of home time and risk of further stigmatizing long-term care facilities.

[The effects of improved access to diabetes medications on risk of Alzheimer's disease and related dementias](#)

This study shows that improving diabetes management can lead to large reductions in ADRD risk. Improved adherence and access for those with higher HbA1c and higher risk of ADRD will have the largest benefit.

[Searching for the Ideal Selection of Cognitive Screening Tasks for Early Detection of Cognitive Decline in Older Individuals With Low Literacy](#)

Educational level (EL) significantly impacts cognitive performance. High EL individuals show better results and even compensate for cognitive decline when screened with a range of widely used cognitive tasks. Tasks must be adapted to EL to avoid biases and improve accuracy in detecting cognitive decline. Careful selection of tools based on EL is recommended to optimise cognitive assessment.

[Caregivers in a Haystack? Informatics-Driven Clinical Trial Enrollment of Dementia Caregivers at Medical Visits](#)

A large dementia caregiver trial achieved recruitment goals using two replicable informatics-based strategies. The CRDW strategy involved no manual EHR abstraction and enabled direct recruitment of dementia caregivers at their own medical visits at relatively low cost.

[Dementia with Lewy bodies and amyloid pathology: Eligible for anti-amyloid treatment or not?](#)

Currently, only patients with a clinical diagnosis of Alzheimer's disease are eligible for these new drugs, but could they also be beneficial when amyloid is present in other neurodegenerative diseases? For example, roughly 50% of patients with dementia with Lewy bodies are amyloid-positive.

[Enhanced observation for management of agitated, confused or distressed behaviours in acute general hospitals: systematic review of quality and safety considerations](#)

Findings on the characteristics and outcomes of high-quality, safe enhanced observation provision should inform the development of evidence-based guidance to support improved, standardised practice in acute general hospitals. Evidence gaps with respect to patient experiences of enhanced observation and trauma-informed approaches to its delivery warrant urgent attention.

[How tau's protein partners change in Alzheimer's](#)

New research led by Dr Dorothea Böken and Prof Sir David Klenerman (UK DRI at Cambridge) reveals how the proteins associated with tau change as it forms increasingly large clumps in the brain. Published in [Advanced Science](#), the study provides new insights into the molecular processes underlying Alzheimer's disease and highlights potential opportunities for targeting tau pathology at different stages of aggregation.

[Diet May Be Especially Important for Those at Genetic Risk of Alzheimer's](#)

People at increased genetic risk of Alzheimer's may be particularly susceptible to the effects of an unhealthy diet, according to a new report. The [study](#) found that older adults who tended to eat a Western-style diet, high in saturated fats, processed foods and sugars, were more likely to show declines in thinking skills than their peers who ate a healthier diet rich in fruits, vegetables and healthy fats.

[How Your Work History May Affect Your Brain Health](#)

Your employment history may impact the health of your brain. A new [study](#) found that steady employment in midlife was associated with better memory and thinking skills later in life. Having an unstable job history, retiring early or dropping out of the labor force entirely, on the other hand, was linked to poorer cognitive outcomes, with different work patterns affecting men and women differently.

Podcast

[Ending Alzheimer's with David Cameron](#)

Bloomberg has announced a new four-part podcast series hosted by Alzheimer's Research UK President and former UK Prime Minister, David Cameron.

News

[Andy Burnham unveils £48 million partnership in bid to 'defeat' dementia](#)

Andy Burnham has pledged to make dementia research a national priority as he announces a £48 million industry partnership to accelerate the search for a dementia cure.

['I want to do everything I can to head off dementia': why demand for the shingles vaccine is soaring](#)

Could a drug intended to prevent painful rashes also protect our brains as we get older? The signs are promising – but not conclusive. Yet that's enough to be driving a boom in shingles jabs.

[Black History Month: dementia support for Black, African and Caribbean families](#)

A dementia diagnosis is just as devastating and overwhelming for people of Black, Caribbean and African heritage as it is for anyone else. However, many families face additional challenges. Cultural beliefs, family expectations and previous experiences of accessing services may influence how symptoms are understood, discussed and responded to. That's why Dementia UK has dedicated [clinics for Black, African and Caribbean communities](#), providing culturally appropriate support tailored to their needs.



14 October 2026

[Highlights from World Alzheimer's Month 2026](#)

Read the highlights for the 2026 World Alzheimer's Month campaign, from ADI member activities to key events and achievements from the wider community of advocates united under the theme of 'The Earlier You Know, The More You Can Do: A Dementia Diagnosis Matters'.

[DPUK blood biomarker project takes next step towards NHS dementia diagnosis](#)

A project involving researchers from the Universities of Oxford and Cambridge, Imperial College London and Dementias Platform UK (DPUK) has been selected for a major UK initiative aimed at improving dementia diagnosis and helping more people access the support and treatment they need sooner.

[How our smart home technology platform provides a 'digital safety net' for people living with dementia](#)

To date, nearly 1,000 participants have taken part in Minder, the UK DRI's flagship digital care programme developing smart home technology to support people living with dementia to remain at home safely. Bharat and Jyoti Patel have been involved in the trial since 2023, testing smart home technology alongside hundreds of other households in Northwest London. They recently [spoke to the BBC](#) about their experience.

[Two UK DRI projects funded in new £80 million challenge targeting faster and better dementia diagnosis](#)

Two UK DRI-led projects have been funded by the new [Dementia Challenge](#), which aims to accelerate the adoption of innovative technologies and practices that will diagnose and predict how the disease will progress.

