ADHD AUTISM DYSLEXIA DYSCALCULIA Neurodiversity DYSGRAPHIA OCD DYSPRAXIA TOURETTE SYNDROME

NHS Mersey Care NHS Foundation Trust

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Studies

Mobile Apps Addressing Feeding of Children With Autism: Systematic Search and Content and Quality Analysis

Approximately 1 in 100 children worldwide are diagnosed with autism spectrum disorder (ASD), and 46% to 89% of those diagnosed experience significant feeding difficulties. Mobile health (mHealth) apps are a potential tool for scalable support. However, there is nascent literature on the quality and relevance of mHealth apps for managing ASD-related feeding challenges.

Preventing the Bullying of Autistic Students: A Critical Review and Proposal for a Neuroaffirming Framework

Autistic people are a distinct minority group who experience high levels of bullying. Addressing the distinct needs of this group requires an integrated, research-informed framework that is aligned with autistic lived experience, insights from autism research, and recent developments in autism policy.

Mixed-Neurotype Interactions in Educational Settings and Autistic Students' Mental Health: A Systematic Review of Qualitative Findings

Qualitative studies on social interactions between autistic and non-autistic students (Mixed-Neurotype interactions) provide rich insights but have limited generalizability. The objective of this review was to review and synthesize qualitative findings on Mixed-Neurotype interactions and autistic students' mental health from students' and teachers' viewpoints.

Telehealth Training for Autism Support Using Behaviour Analytic Strategies: A Systematic Review and Quality Appraisal

Using telehealth to remotely train staff in behaviour analytic techniques has become an increasingly popular method of providing services to support autistic individuals and their families.

Knowledge and Misinformation Regarding Autism Risk Factors in a Survey of US Adults

What proportion of US adults endorse non–evidence-based beliefs about autism risk, and what characteristics are associated with these beliefs?

Study Summaries

Mood instability in autism and ADHD: more contacts with services

As an Attention Deficit Hyperactivity Disorder (ADHD) specialist, I have often wondered why children and young people with emotional dysregulation frequently require trials of more than one ADHD medication to optimise outcomes and support day-to-day functioning.

Blogs

What's the link between ADHD medication and psychosis?

This year, several alarming reports have warned that Australians are developing psychosis from using stimulant medications, typically prescribed for attention deficit hyperactivity disorder, or ADHD.

Supporting my autistic daughter and her mental health
On World Mental Health Day, my beautiful, then 16-year-old daughter became 100% convinced that everybody wanted her dead. Her world had become a horrific nightmare from which there was no escape and death and darkness were all around.

What the latest employment figures tell us about autistic young people and work
The Department for Work and Pensions (DWP) has published its annual disability employment statistics. These provide important insight into the experiences of autistic people when it comes to the world of work, and the barriers many continue to face in finding and remaining in employment.

An ADHD diagnosis can be a map to guide a person through challenging territory – not to avoid it altogether
Picture a young person who walks out of my office with a new ADHD diagnosis and feels relief. There is finally a name for years of missed deadlines and unfinished paperwork.

Maximising Potential with ADHD Coaching Benefits
Living with ADHD can feel like navigating a complex maze without a clear map. The challenges are real, but so are the strengths and unique perspectives that come with neurodiversity.

News

Milburn review to call for jobs 'revolution' for young people with disabilities
Government should introduce 'flexi-jobs' alongside subsidies and skills support, former minister will say.

Autism assessment waiting times
As of September 2026, there were 336,764 people waiting for an autism assessment, a 34% increase since last year, latest NHS data has revealed.

UKAAN Conference 2026: Henry Shelford on what adults with ADHD really need from services
Henry Shelford, CEO and Co-Founder of ADHD UK, spoke at the UK Adult ADHD Network (UKAAN) Annual Conference 2026 at the Royal College of Physicians in London, opening the session on supporting adults in the real world.

NAS Cymru launches guide for Politicians
The National Autistic Society Cymru has launched a guide for Senedd (Welsh Parliament) members and local councillors aiming to help them run an Autistic friendly constituency.

Help shape SEND reform: BDA and ILT Education UK launch survey for SENCOs and SEND leaders
We're asking SENCOs and SEND leaders across England to share what is working, what isn't, and what the Government's proposed reforms need to deliver for pupils with dyslexia.

Update on the proposed NICE Guideline review
In September we reported that we had huge concerns about the proposed updates to the National Institute for Health and Care Excellence (NICE) guidelines for the treatment of OCD and BDD.



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[Trying Tourette's device was the best day of my life]
When Katie was just a child, her tics were so relentless they left her bedridden with a sore throat for two weeks.

[Chris Packham: 'When I was 14, I had a kestrel. I have never been happier or more in love since']
The BBC presenter on listening to techno, wanting his ashes scattered with those of his dogs and shaving with his eyes shut.

[Autism, masking, and building a more inclusive world]
Readers respond to an article by John Harris on the rise in the number of people labelled autistic over the last 20 years.